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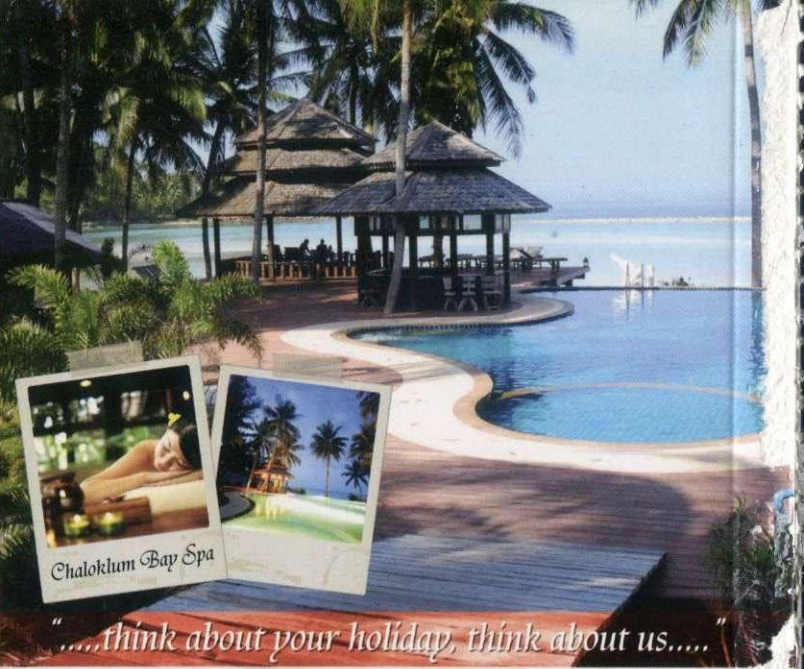
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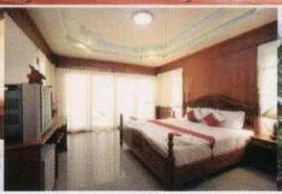
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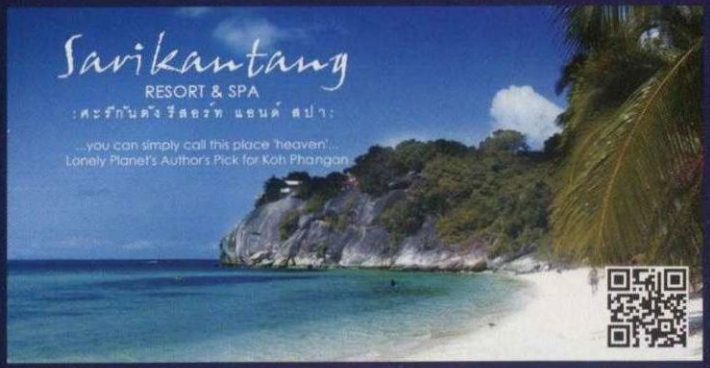
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Chaloklum Bay Spa

Ao Chaloklum, Koh Phangan, Suratthani 84280, Thailand

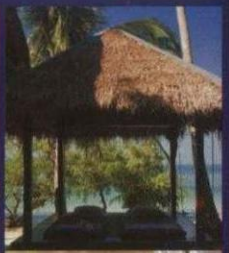
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Phangan's Party Hotel

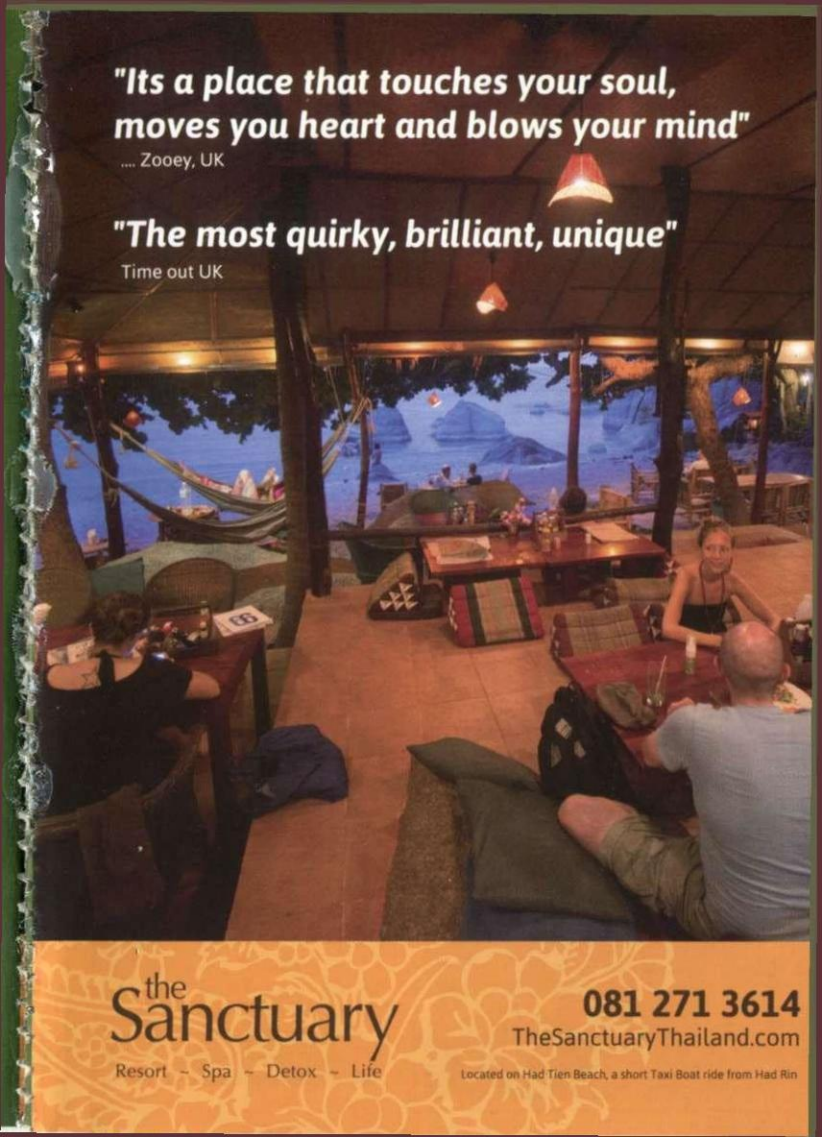


Drop In Sunset Villa Resort

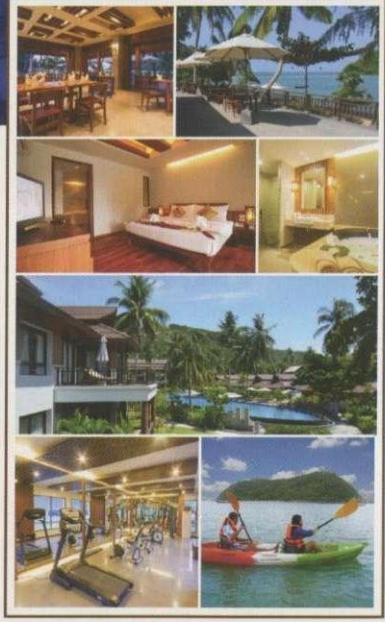
Welcome to Paradise



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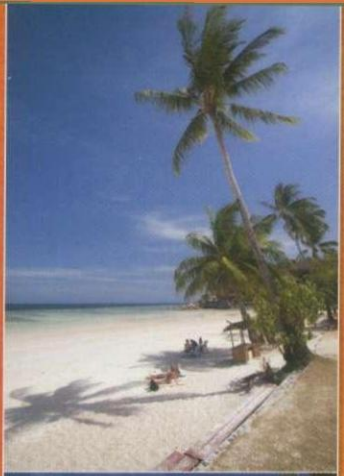


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Long bay resort

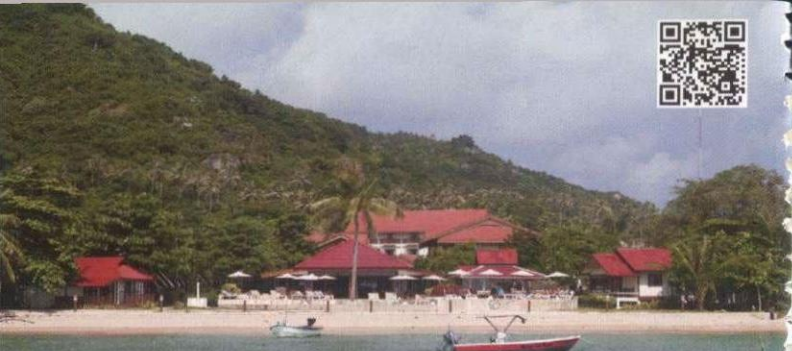
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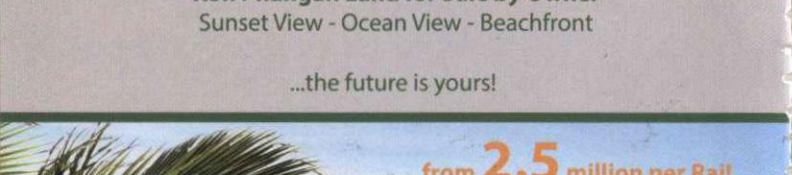
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Koh Phangan Land for Sale by Owner

Sunset View - Ocean View - Beachfront

...the future is yours!



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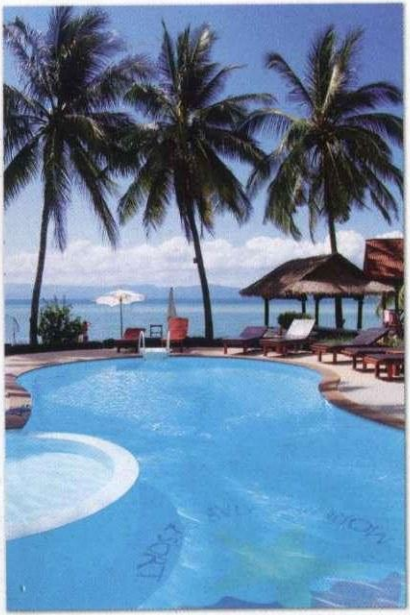
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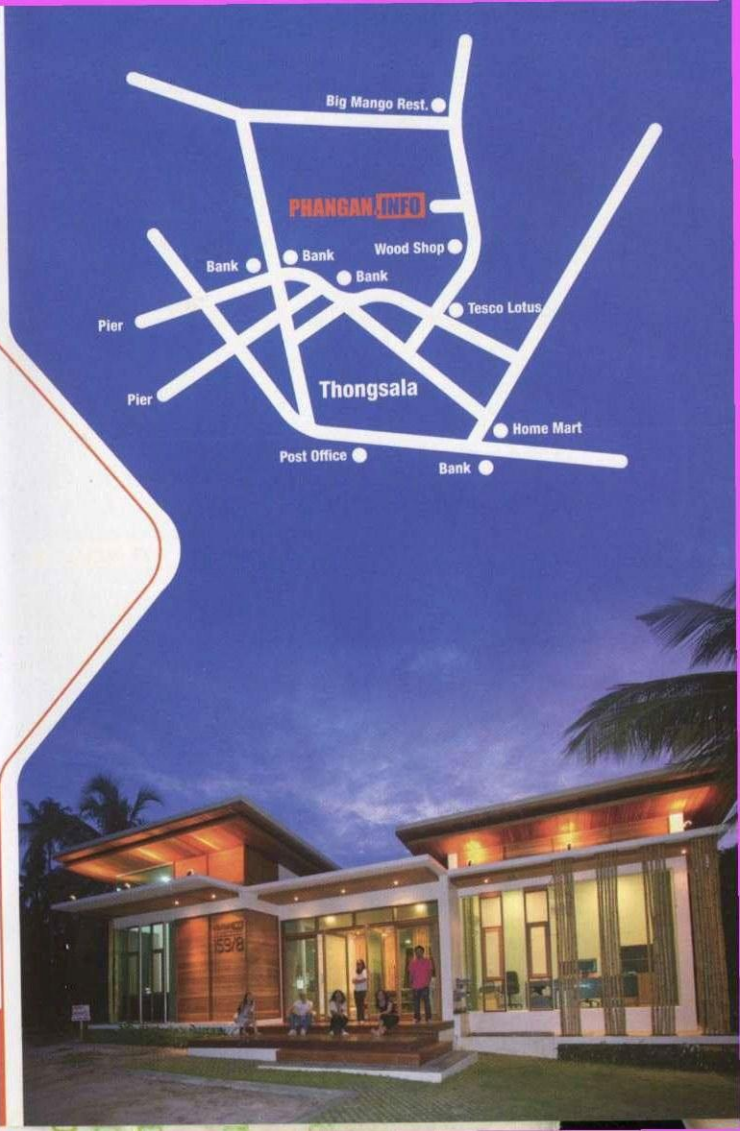
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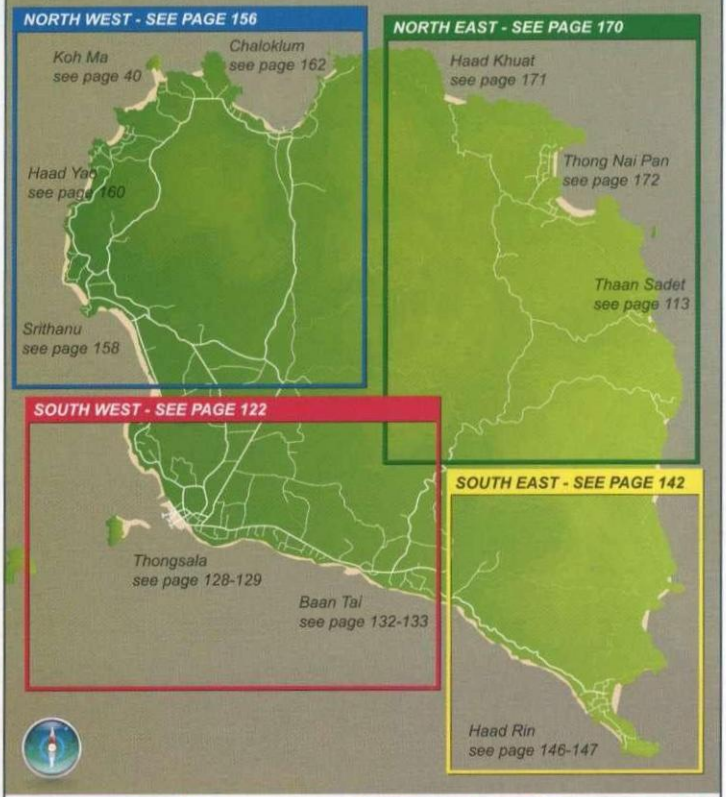
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Big Mango Rest.
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Bank
Bank
Bank
Wood Shop
Tesco Lotus
Pier
Pier
Thongsala
Home Mart
Post Office
Bank

KOH PHANGAN MAP DIRECTORY

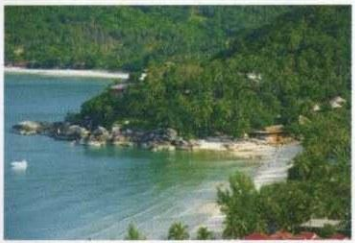


SOUTH WEST	SOUTH EAST	NORTH WEST	NORTH EAST
Wok Tum	Haad Rin Nok	Ao Hin Kong	Thong Nai Pan Noi
Ao Plaaylaem	Haad Rin Nai	Ao Srithanu	Thong Nai Pan Yai
Ao Nai Wok	Haad Khontee	Haad Chao Phao	Haad Khuat
Thongsala	Haad Leela	Haad Son	Haad Sadet
Ao Bang Charu	Ao Hin Lor	Haad Yao	Haad Thong Reng
Ao Baan Tai	Haad Yuan	Haad Thian	Haad Yang
Ao Baan Khai	Haad Thian	Haad Gruad	
Bang Nam Khem	Haad Wainam	Haad Salad	
	Haad Yao	Haad Mae Haad	
		Ao Chaloklum	

MAP DIRECTORY

To make it easier to find your way and introduce the best spots on the island this guide book is split into different regional sections, including specific information for each area. All the maps are listed below:

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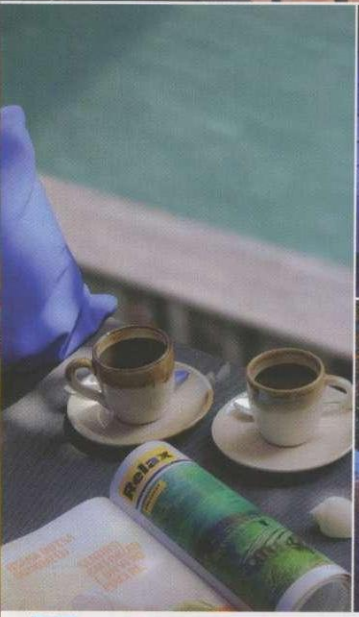


MAP ICONS

- Activity
- ATM
- Bank
- Bar / Pub
- Bus Station
- Business
- Chinese Temple
- Church
- Diving
- Elephant Trekking
- Gas Spot
- Gas Station
- Government Center
- Health
- Hospital / Health Center
- Mosque
- Peak
- Pharmacy / Clinic
- Pier
- Police Station
- Post Office
- Resort / Hotel / Bungalow
- Restaurant / Café
- School
- Shopping
- Snorkelling
- Taxi
- Temple
- Thing to See
- Traffic Light
- Viewpoint
- Waterfall

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BURI RASA
KOH PHANGAN







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Ban Tai Koh Phangan , Suratthani Thailand 84280 E: info@burirasa.com www.burirasa.com

ABOUT KOH PHANGAN

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WHERE IS KOH PHANGAN ?

Koh Phangan is located in Jangwat (province) Suratthani in the Southern Gulf of Thailand and is part of the group of islands that make up the Samui Archipelago; a group of over 40 islands fashioned in granite from age old igneous formations. The provincial capital is also called Suratthani and acts as the main overland transport hub for the islands. Koh Phangan is 70kms from the mainland and approximately 12kms away from Koh Samui which acts as the main air-link to Koh Phangan.

HISTORY AND FACTS

Koh Phangan has always been a beautiful and spiritual place for the Thai people, it has been visited by no less than four Kings of Thailand; with the Great Rama V coming over 10 times, leaving his royal seal engraved on a rock at Thaan Sadet Waterfall; and the current King Bhumibol following in his footsteps. The island was uninhabited until about 600 years ago when passing monks realised its tranquillity and spiritual importance and settled in Wat Phu Khao Noi just outside Thongsala. It is Thailand's fifth biggest island and has an area of 167km^2, thus over 90% of Phangan is unspoilt tropical forest; and due to its granite structure, there are several small mountains where it's possible to trek and even camp. There is an abundance of wildlife from monkeys to birds of paradise and then there is the amazing underwater world that surrounds Koh Phangan; with over 10kms of vibrant coral and 20 local dive sites. And if you have any energy after that, there is the nightlife that the island became internationally famous for, with the globally renowned Full Moon Party and weekly outdoor events in jungle and beachfront venues; not forgetting the daily session that goes off in Haad Rin.

ECO-TOURISM

Koh Phangan has been officially designated as a zone for eco-tourism, so if you are planning to visit make sure that you join in. There are plenty of activities such as doing a local trek up the highest mountain or beach hopping along the east coast - check out the trekking section at *page 110*. For those that need a bit more speed pick up a mountain bike for around 100 Baht per day. *See page 107* for our recommended routes.

MONEY

If you have plastic or travellers cheques, there are plenty of places to get cash; the main towns of Thongsala and Haad Rin have the best selection of exchange booths and banks, who all offer similar rates. Most towns have ATMs and there are a few 7-Eleven's, supermarkets and resorts with them.

Take a look at our town maps of Thongsala (*page 128*) and Haad Rin (*page 146*) if you are looking for banks or money exchange services.

Climate

Month	Average High (°c)	Average Low (°c)	Average Rain (mm)
January	29.1	24.1	144.5
February	29.5	25.2	33.3
March	30.8	25.8	50
April	32.1	26.2	85.8
May	32.5	25.8	157.5
June	32.2	25.6	92.8
July	31.9	25.1	130.9
August	31.8	25.2	105.5
September	31.5	24.9	113.2
October	31.5	24.9	265.9
November	29.5	24.1	526.1
December	29.0	23.9	203.1

MAP OF THAILAND



Distances to Koh Phangan

Bangkok	744 km
Chiang Mai	1440 km
Suratthani	100 km
Phuket	387 km
Koh Samui	20 km
Hat Yai	387 km
Kanchanburi	758 km
Koh Tao	45 km
Krabi	311 km
Chumphon	293 km
Hua Hin	544 km
Ranong	319 km
Sungai Kolok	669 km

INTERNET & EMAIL

Koh Phangan has tons of internet shops dotted around the island which are either independent or inside the hotel; the old dial-up modems are almost a thing of the past as most shops now have ADSL broadband services. For those of you with a laptop, you will find fairly good wireless network coverage around Koh Phangan and Samui.

MEDICAL SERVICES

Koh Phangan Hospital (*map page 124*) near Thongsala has a good standard of care but lacks facilities, there is an X-ray machine, excellent motorbike wound repair and a weekly dental clinic, but should really be considered as your family doctor and not as fully equipped as Thai hospitals can be. Samui offers several choices if you need good care and the Koh Phangan Hospital will quickly hand over cases they can't handle whilst arranging a speedboat if necessary.

If it is not too serious then there are numerous clinics around the island; two good choices being the *Bandon Inter Clinic* (*below*) and *Siam Inter Clinic* (*page 19*) in Haad Rin (*map page 146*). Bigger Hospitals are available on Koh Samui and also in Suratthani.

RESCUE SERVICE

Koh Phangan also has a rescue service kindly run by a group of volunteers to help in any kind of medical emergency. The staff are trained at the Narenthorn EMS Center to be skilled in dealing with common life threatening events, such as motorbike accidents. In the unfortunate circumstance that there is a fatality the Rescue service will help by providing support and guidance,



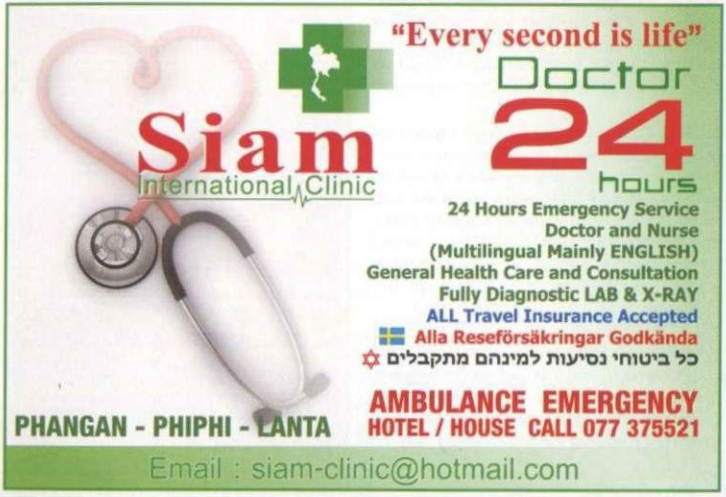
contact friends and family, while also dealing with the police and hospital. The service is free and open 24 hours a day, entirely run on donation any kind of offering is wholeheartedly appreciated. Contact the Rescue service on 077 377500.

TOURIST POLICE

Koh Phangan Tourist Police have a permanent office in Thongsala between the Raja Ferry and Songserm piers (*see map page 128*), where there are English speaking officers ready to help you in any case. If you need assistance at the Full Moon Party there is a temporary office in Haad Rin near *Tommy Resort* (*see map page 147*) and you will also find volunteers patrolling the beach. For more information telephone the hotline on 1155 or the Samui Office on 077 430018.

Telephone Nos.

Tourist Police	1155 / 077 430018
Police Station	077 377114
Koh Phangan Rescue	077 377500
Emergency Call	191
Mastercard Hotline	001800118870663
VISA Hotline	0018004413485
PHANGAN.INFO	077 238764-6
Koh Phangan Hospital	077 377034
Bandon Inter Clinic	077 375471-2
Siam Int. Clinic	077 375521
Phangan Animal Care	08 9875 7513
Bangkok Airways	1771, 077 428500
Raja Ferry	077 377452-3
Lomprayah Catamaran	077 238411-2
Songserm Express	077 377704
Seatran Discovery	077 238679
Haad Rin Queen Ferry	077 375113
999 Government Bus	077 238507
State Railway Thailand	1690



DANGERS AND ANNOYANCES

Koh Phangan is a very safe place where most troubles are self inflicted; with drink driving and drug arrests the biggest problem makers. Motorbike accidents are fairly common; the unsightly scar has become known as a "Koh Phangan Tattoo" so you should always wear a helmet and shoes; most of the roads here are concrete now so they are crucial, jeans and a jacket are advisable. If you are an inexperienced rider, be careful on sandy corners and do not attempt the hills of Haad Rin or Thong Nai Pan. Taxis and rental jeeps are cheap, especially if you hire one in a group!

Our advice is don't be tempted by drugs; this island has had a bad reputation for a long time and the open taking of drugs is not tolerated. Thailand has also had a crackdown and the police are very hot on stopping the problem. The days are gone when you could buy your way out for a few dollars and the penalties in Thailand are harsh to say the least - expect a hefty fine and possibly an extended jail term if caught.

Theft is uncommon, but if it does happen go to the police station near Thongsala town (*see map on page 124*) and get a report for your insurance. Always leave your valuables in the resort safe (especially during FMP) and do not give opportunists the chance, as most theft is through an open bungalow window or from the front basket on the motorbike.

Trekking and rock climbing without a guide or proper equipment is not recommended, the island is a big place and gets dark early. Guides can be contacted at the **Phaeng Waterfall National Park** (*see page 110*).

PUBLIC TRANSPORT

Songthaew Taxi

A songthaew is a combination of a taxi and a bus and is usually a utility vehicle or pick-up that has been converted to carry people. They work much in the way that public buses do but without bus stops, fare collectors or timetables. Thus if you want to travel at normal price, the car may wait to fill up then pick up and drop off as passengers wish to embark. The most popular route between Haad Rin and Thongsala has a set price of Bt100 per person; but expect this and other prices to double after the last boat arrives.

Longtail Boat

A few years back the only way to get around Koh Phangan was on a longtail boat and it is still a great way to see the island. The east coast beaches of Haad Yuan, Thian, Yao and Yang (*map on page 143*) are best

Taxi Fares

SONGTHAEW TAXI

Thongsala - Haad Rin	100 Baht
Thongsala - Baan Tai	50 Baht
Thongsala - Thong Nai Pan	200 Baht
Thongsala - Chalokum	150 Baht
Thongsala - Haad Yao	150 Baht

MINI-BUS TAXI

Haad Rin - Thongsala	150 Baht
Haad Rin - Chaloklum	200 Baht
Haad Rin - Haad Yao	200 Baht
Haad Rin - Thong Nai Pan	300 Baht

PLEASE NOTE: The taxi fares above are the minimum price per person during daytime - prices will change depending on season and time of day. Also, most of the time the taxis will only leave when full, so you may have to wait - if you want to leave immediately or are travelling alone the fare may be up to 500 Baht to hire the taxi. Always agree the price before getting a ride.

accessed from Haad Rin Nok via longtail taxi boat as is Bottle Beach from Chaloklum Pier (*see page 162*); boat taxis are also available from Haad Rin Pier, Thongsala, Baan Tai and most beaches. Costs are similar to songthaew prices.

MOTORBIKE & JEEP RENTAL

Motorbikes & Mopeds

Mopeds such as the Honda Dream with gears but no clutch and the fully automatic Yamaha Mio are available from Bt150-Bt250 per day. Dirt bikes such as the Honda MTX125 are more suitable for the rougher roads and the more experienced rider, but expect to pay Bt200-Bt350 per day.

Always check the bike before you take it!

As a word of warning, the roads on Koh Phangan are not the best; many steep hills, potholes and patches of dirt and sand. It is easy to end up out of control causing damage to the bike and probably yourself. Wear a helmet and drive carefully; the island is not a race track.

Finally, never drive around with valuables in the front basket; this is a danger and is also an easy target for thieves.



If you are first time driver we recommend that you either take a taxi or get those legs working by renting a mountain bike.

4WD Jeeps

4WD Suzuki Caribbean jeeps are the best way to get around and can be cheap if shared by a group. They range in price from Bt700 for an old banger to Bt1200 per day for a new one. Most are not insured so if you have an accident you will be in for a hefty bill. Shop around if you want insurance and always ask if there is any. Again, do not be tempted to drink and drive, there are very few road barriers and a lot of cliffs.

NO DRINK DRIVING. The police have been instructed to hand out a steep fine for offenders.



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SECURE ONLINE CREDIT CARD RESERVATION

STAYING LONG TERM



Phangan is a great place to call home, especially with the low cost of living and healthy outdoor lifestyle; and if you are thinking of opening a business or buying a residence on the island, the time couldn't be better with excellent growth predicted for Phangan's business sector and very competitive prices on land and house deals.

To assist you make the right decisions and provide accurate advice, there are several professional businesses located around the island offering legal advice, real estate sales and leasing, serviced home rental, construction, surveying and other essential services.

Plearn Phangan Inter. Language School
Baan Tai, 077 377636 or 08 8277 9836
Plearn Phangan International Language School, located at Baan Tai across Koh Phangan Sueksa High School, approved by the Ministry of Education, Thailand and proud to present both Thai and English courses. The courses provide learners from simple short sentences for survival through to complicated discussion with small groups [maximum 12] and great service minded staff. Their method of teaching will help you to feel comfortable and enjoy learning. Pick up the phone and call now.

C&M Learn Thai Culture (map p158)
Srithanu Village, 08 9487 6207
www.thai2study.com / www.drjiva.com
C&M is the first center on the island offering Thai language, Thai massage and Thai cooking classes. Those who apply for the 1 year course can benefit from ED (educational) visa. Students can also gain a discount in *C&M Café and Souvenir Shop* located at the same place.

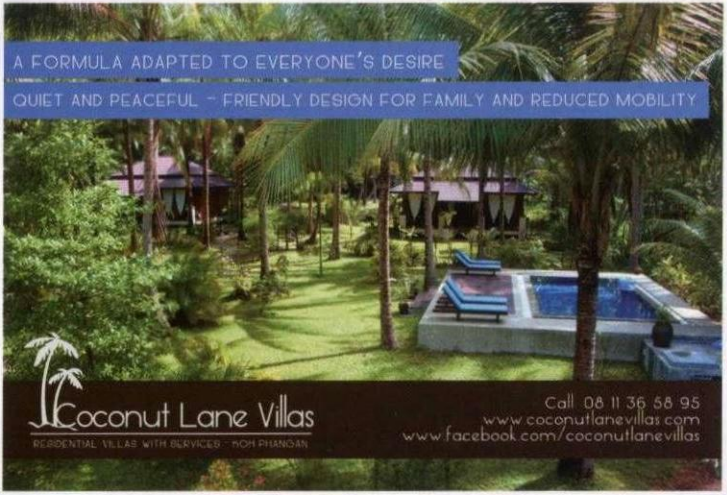
Casa Kandariya (map p162)
Chaloklum, 08 5690 1259
www.casa-kandariya.com
House for rent in private peaceful area near Chaloklum village. Many sizes to suit your requirements; from studio to one bedroom and two bedrooms. All houses are clean, and come fully furnished with equipped kitchen, hot shower, spacious balcony and private tropical garden space with mountain views. A real home away from home. For rent from daily up to yearly.



Chiang Mai Lanna Business Services
Tel: 053 203407 or 08 1024 8080
www.clbs.co.th
CLBS Ltd. is located in Chiang Mai (Northern Thailand) and offers business services for all sizes of companies. Currently they are looking for 'Customer Care Specialists' (German) to handle our German clients. Please apply: www.clbs.co.th.

Coconut Lane Villas (below)
Wok Tum, 08 1136 5895
www.coconutlanevillas.com
Four delightful villas set in coconut grove gardens only 5 minutes away from stunning beaches at Srithanu and Haad Yao. Every villa has a living area, kitchen and air-con bedrooms, suitble for up to 4 people. The swimming pool is in the middle of a tropical garden, very private and quiet area. Easy access to all villas and pool area for elderly or handicapped people.







Phangan Animal Care (above)
Wok Tum, 08 9875 7513
www.pacthailand.org
Phangan Animal Care is a non-profit organisation that travel the island providing nursing care on site to stray and temple animals, we don't have a resident vet and rely on visiting vets to carry out our sterilization program. Unfortunately, we are not an animal shelter so are unable to take in animals for re-homing. *PAC* relies on donations please look out for our boxes. Visitors and volunteers are welcome.

The Learning Tree (map p124)
Wok Tum, 08 3173 6045
www.phanganschool.com
The Learning Tree are an international nursery and kindergarten for children age 3 to 7 years. The school have both English and Thai teachers and welcome children from all nationalities. The mission is for children to learn through play in a fun and safe environment.

Si Panya School (map p133)
Baan Tai, 08 2289 8147
www.sipanyaschool.com
Si Panya School is an English-speaking international school for children ages 5-12 (grade 1-6). The school offers a British curriculum with a full range of subjects including daily Thai lessons in language and culture. The aim at *Si Panya* is to provide a safe and stimulating environment where children can reach their full potential.

○ FESTIVALS & EVENTS

Walking Street (map p128)
Thongsala
Every Saturday afternoon from 4pm, the old high street in Thongsala becomes a bustling market place for local Thais and visiting tourists, with many bargains and unique items for sale. The food stalls sell many typical Thai delicacies and other Southern favourites. It's not only market traders, there are also plenty of restaurants, shops and bars lining the street ready to welcome you in. The market is usually open until 10pm.

New Year's Eve Countdown 2014
Haad Rin
www.fullmoonpartykohphangan.com
As ever the *New Year's Eve* (NYE) countdown will draw huge crowds of party hungry people to Haad Rin sunrise beach, such is the popularity of this event the island will be completely jam packed for more than 2 weeks over the festive period. This year the celebrations begin with the mind blowing *Half Moon Festival* (*see page 57*)

PHANGAN.INFO

on the 24th December, followed by the customary *Xmas Full Moon Party* on the 25th December, before the worlds biggest beach party on the 31st.

Leading up to the main event there will also be beach football and volleyball tournaments and even a bikini contest (*see page 115*).

Ride to the Moon: Phangan Biker Party #2
22nd June 2013

Phangan Biker Party (*below*) is an annual event organised by the big biker community to promote tourism on Koh Phangan.

The second annual meeting on the 22nd June 2013 will feature a free concert with famous Thai rock bands *Taxi* and *Blackhead*. A part of the revenue from selling "Biker T-Shirt" to be given to Wat Racharoen's temple renovation, Phangan Animal Care and Koh Phangan Municipalities School.

Festivals

Chinese New Year
Celebrated over 3 days during January or February. Expect to see some street dancing and hear plenty of big bangs!

Songkran (Thai New Year)
Always falls on the 13th of April. All day party around town with water splashing.

Chak Phra (Southern Thai)
October or November. Events at the Thongsala pier include boat racing, live music and fair.

Loi Krathong
On November full moon evening locals float the candle into the sea at either Baan Tai or Thongsala piers. Temple fair with beauty contests.



WANG SAI GROVE

SEA & MOUNTAIN VIEW PLOTS
FOR LONG TERM LEASE or SALE

www.phanganproperty.com

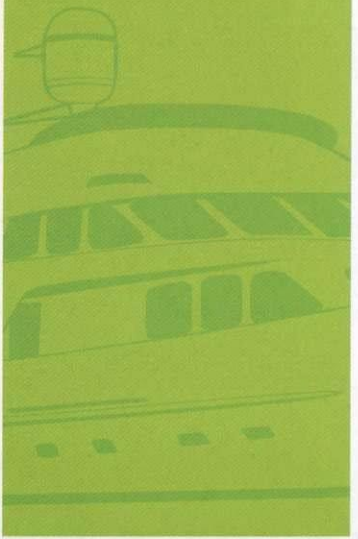
Tel: 08 9871 4386





TRAVEL INFORMATION

WWW.PHANGAN.INFO



GENERAL INFORMATION

Koh Phangan is most easily accessed via Koh Samui Airport though it is slightly cheaper to fly to the regional transport hub of Suratthani. From Koh Samui a fast boat takes only 30 minutes whereas the journey from the mainland takes around eight times longer. If you come overland, the overnight train is the best option with a first class sleeper carriage ideal for families. Buses are the most economic choice with a trip from Bangkok costing only about 650 Baht, all the way to Koh Phangan. Ferry services are more or less hourly throughout the day from Koh Samui and every couple of hours from the mainland; several boats also go regularly from Koh Tao.

BUS

Most travel agencies will be able to sell an all-in-one ticket from Bangkok to Koh Phangan which includes the bus and ferry ticket for about 650 Baht per person. The price is low because the journey takes all night and is the least comfortable way to travel. Buses depart from Bangkok at around 7pm, arriving early morning in Suratthani in time for the first ferry to the islands. Coming back, there are numerous ferries, but for the bus you will need to depart no later than 1pm. Usually a shuttle bus will drop passengers off in Suratthani to wait until about 7pm at which time the bus will depart to Bangkok. As a more convenient option consider buying a ticket on the well-organised Government Bus which actually goes on the Raja Ferry and saves time and discomfort changing modes of transport – although it is more expensive and will set you back up to 1000 Baht.

There are also several other bus routes (mostly via mini-bus) linking Suratthani with other major destinations.


KOH PHANGAN TRAVEL MAP
CHUMPHON
Lomprayah
Gulf of Thailand
Lomprayah & Seatran Pier
KOH TAO
Seatran Pier
4006
KOH PHANGAN
Thongsala
ANGTHONG
MARINE PARK
Speed Boat
Haad Rin
Big Buddha
Samui
Airport
Na Thon
KOH SAMUI
Seatran & Raja Pier
Lomprayah Pier
Songserm Pier
4142
Suratthani Airport
417
401
SURATTHANI
4014
Railway Station
Bus Station
44
41
401
4009
www.kohphanganthailand.com
Online Guide Book & Island Map Update Every 3 Months

TRAIN

Second Class (Air Con or Fan) Sleeper trains are the best as you get a table and sofa that turns into fairly spacious beds; the lower bunk is bigger so best. The best of course is First Class with a sink and double bunks in each room, good if you are travelling with a lot of stuff. It is worth booking ahead with a travel agent as the train is a popular choice of transport and fills up quickly during peak periods.

All trains for Phangan stop at Suratthani railway station which is a few miles out of town, so if you have to stay in Suratthani, it is cheapest to lodge near the station otherwise you must rent a Songtaew taxi. Most trains arrive in the morning and guides take you to buses which transport to the ferry port, approximately a 1 hour drive away.

If you arrive at the train station without an onward ferry ticket there are plenty of travel offices opposite the railway station, any of which can arrange the transfer to the pier. All tickets can be conveniently booked in advance online at *www.thairailticket.com*.

AIR

Koh Samui Airport is the most convenient airport, with *Bangkok Airways* (*www.bangkokair.com*) flying in over 40 times in a day from Bangkok, Krabi, Phuket, Pattaya, Singapore, Penang, Kuala Lumpur or Hong Kong. The last boat leaves for Koh Phangan from Big Buddha Pier at 6:30pm, so for flights arriving later than 5pm you may have to hire a private speedboat or stay in Koh Samui; during FMP there are boats all night from Samui from 300 Baht per person.

It is cheaper to fly from Bangkok to the government airports at Suratthani and Nakhon Si Thammarat where a couple of budget airlines are now operating from, especially as *Air Asia* (*www.airasia.com*) and *Nok Air* (*www.nokair.com*) often run special promotions making flights available at much cheaper rates, though taxi fares and journey time tend to negate savings. It takes a minimum of 5 hours to get to Koh Phangan from Suratthani Airport at a cost of around 500 Baht which includes bus transfer and boat ticket, while the journey is just a minimum of 1 hour from Koh Samui Airport, where you can also buy a convenient mini-bus and boat joint ticket from around 300 Baht up. In order to make the slower route more competitive, *Nok Air* have teamed up with the faster *Lomprayah Catamaran* (*www.lomprayah.com*) to offer an all-in-one ticket between Koh Phangan and Bangkok completing the enitre journey in just over 5 hours. You can book online through *www.nokair.com*.

STATE RAILWAY OF THAILAND



SURAT - BANGKOK		BANGKOK - SURAT	
Depart	Arrive	Depart	Arrive
10:40	19:45	08:05	16:45
16:47	05:10	13:00	00:22
17:38	05:35	14:45	01:23
18:37	06:30	15:10	02:00
20:14	09:00	15:35	03:45
20:41	05:55	17:05	04:24
21:04	08:35	17:35	05:48
21:26	09:15	18:30	06:23
23:28	10:10	19:30	07:06
23:57	10:30	22:50	08:05

Hotline: 1690 www.railway.co.th
online booking: www.thairailticket.com



CALL CENTRE: 1771

Bangkok: +66 (0)2270 6699
Samui Airport: +66 (77) 428 500 (Operator)
+66 (77) 601 300 (Reservation)
+66 (77) 428 555 (Ticketing)

for full schedule check the website

WWW.BANGKOKAIR.COM

nok

WWW.NOKAIR.COM

BKK	PHANGAN	PHANGAN	BKK
0600	1140	0700	1420
1100	1730	0700	1650
		1200	1705
		1200	2025
		1200	2210

*FLY'N'FERRY SERVICE, THIS IS NOT A DIRECT FLIGHT

BKK	SURAT	SURAT	BKK
0600	0720	0750	0900
1100	1240	1310	1420
1945	2055	1540	1650
1400	1510	2125	2235

CALL CENTER: 1318 / 02 900 9955

Air Asia

BKK	PHANGAN	PHANGAN	BKK
0650	1530	0500	1355
0700	1530	1000	1720
1100	1830	1000	1740
1430	2030	1300	2200
1425	2030		

*FLY'N'FERRY SERVICE, THIS IS NOT A DIRECT FLIGHT

BKK	SURATTHANI	SURATTHANI	BKK
0700	0810	0840	0950
1430	1540	1610	1720
1910	2020	2050	2200

airasia.com

Call Centre : 02 515 9999

FERRY & SPEED BOAT



If you are coming to Koh Phangan from the mainland, buses, trains and planes all stop around Suratthani where you will be transferred to either a Suratthani jetty for the *Songserm* Ferry Service (3½ hours to Koh Phangan) or to Donsak which is a 50 minute bus ride away. If you stay overnight in Suratthani, the hotel can book you a ferry, or alternatively head for *Phangan Tour* as they are the main agent for bus transfers to Koh Phangan. From Donsak, *Raja* (3 hours) car ferry has five services a day or hop on the *Lomprayah Catamaran* (1½ hours) to arrive in half the time.

From Koh Samui the shortest crossing point is from the Bophut and Mae Nam area where several services run to Koh Tao via the main Thongsala pier on Koh Phangan:

Lomprayah Catamaran (30 mins)
Seatran Discovery (30 mins)

The only service direct to Haad Rin is the *Haad Rin Queen* (50 mins) which also runs the most frequent service and also has a last boat at 6:30pm if you fly in late.

Songserm Express (45 mins) also runs to/from the main port of Nathon on Koh Samui.

If you are in a hurry or arriving too late for any of the regular ferry services then a **speedboat** may be a good option from Koh Samui, arriving in only 15 minutes (weather permitting) it is the fastest way to travel between the two islands. While coming from Suratthani the *Night Boat* departs at 10.00pm which may be able to help out if you don't want to spend the night in a hotel there.

Departing Phangan at 10.00pm, the *Night Boat* arrives at 04.00am and is a popular choice for quick **VISA trips** to Ranong (Burma) as you can return the same day. On arrival at Suratthani you'll find travel agents offering the return minibus service at a cost of around 1,500 Baht per person which will include boat transfer to and from the border. This service should have you back at the pier by around 4pm at the latest.

HAAD RIN QUEEN FERRY TIMETABLE



HAAD RIN - SAMUI		SAMUI - HAAD RIN	
Depart	Arrive	Depart	Arrive
0930	1020	1030	1120
1140	1230	1300	1350
1430	1520	1600	1650
1730	1820	1830	1920

Phangan 077 375113 Samui : 077 484668

LOMPRAYAH TIMETABLE

Tel: 077 238411-2, 077 238 981-2
www.lomprayah.com

Bangkok	Hua Hin	Chumphon	Koh Tao	Phangan	Samui	Suratthani
-	-	-	-	0715	0800	1000
0600	0830	1300	1500	1620	1640	-
2100	2330	0700	0930	1100	1120	-
-	-	-	-	1200	1230	1500

Suratthani	Samui	Phangan	Koh Tao	Chumphon	Hua Hin	Bangkok
-	0800	0830	1015	1300	1715	2030
-	1230	1300	1445	1700	2145	0030
0830	1115	1300	1425			
1430	1700	1745	1900			



Lomprayah Catamaran and VIP Bus from Koh Phangan to Bangkok
Please note: The departure/arrival times above may be subject to change.

Seatran Discovery Co., Ltd.

High speed luxury boat SAMUI ⇌ PHANGAN ⇌ KOH TAO

SAMUI DEP.	PHANGAN DEP.	KOH TAO ARR.	KOH TAO DEP.	PHANGAN DEP.	SAMUI ARR.
08.00	08.30	10.00	09.30	11.00	11.30
13.30	14.00	15.30	15.00	16.30	17.00



5 minutes to Koh Samui Airport
10 minutes to Chaweng Beach Koh Samui

Information & Reservation Contact
Samui: 077-246086-8 Phangan: 077-238679 Koh Tao: 077-456907-8

Night Boat

SURATTHANI	KOH PHANGAN
11.00 pm	06.00 am
KOH PHANGAN	SURATTHANI
10.00 pm	04.00 am

PHANGAN TOUR

Transfer to/from RAJA Ferry
Suratthani
Railway Sation
Airport
Contact for more details
Tel: 077 205799

SONGSERM EXPRESS

www.songserm-expressboat.com

JOINT TICKET
Boat+Bus+Train+Plane
Tel: 077 377704
BOAT TIMETABLE

SURATTHANI - KOH SAMUI - KOH PHANGAN - KOH TAO - CHUMPHORN

Suratthani	Koh Samui	Koh Phangan	Koh Tao	Chumphorn
0800	1100	1230	1430	1700
1400	1730	1815		

CHUMPHORN - KOH TAO - KOH PHANGAN - KOH SAMUI - SURATTHANI

Chumphorn	Koh Tao	Koh Phangan	Koh Samui	Suratthani
0700	1000	1230	1330	1600
		0700	0800	1030

Koh Phangan Ferry Departs from Thongsala
Air-Con Bus Available To/From Bangkok



DONSAK - PHANGAN		PHANGAN - DONSAK	
Depart	Arrive	Depart	Arrive
0700	0930	0500	0730
1000	1230	0700	0930
1300	1530	1000	1230
1600	1830	1300	1530
1800	2030	1700	1930

Timetable is subject to change without prior notice by Raja Ferry Company only

www.rajaferryport.com
Donsak 077 372800-2
Phangan 077 377452-3

999 GOVERNMENT BUS TIMETABLE



PHANGAN - BKK		BKK - PHANGAN	
Depart	Arrive	Depart	Arrive
1700	0600	1930	1130
1700(VIP)	0600	1950(VIP)	1130
Depart from Raja Ferry Port Thongsala		Depart from Southern Bus Terminal Bangkok	

Phangan Tel: 077 238507, 077 238762
Bangkok Tel: 02 7926222, 02 4224444

TRAVEL & TOUR AGENTS

Backpackers Information Centre / Backpackers Thailand (below)
Haad Rin, 077 375535
www.backpackersthailand.com

Backpackers travel agency is the only one recommended by Lonely Planet and Rough Guides on the island. *Backpackers* provides a complete travel service including an International and low cost flight centre, travel, tours and activities. *Backpackers* is also the Haad Rin office of *Lotus 5 Star Dive Resort* (Phangan) and runs the *Crystal Dive* (Koh Tao) office located next door. *Crystal Dive* was awarded "Winner of Diver Training Asia Pacific" by PADI & can be pre-booked here! As a western managed business you can expect a high quality service from *Backpackers*! *Backpackers Thailand* website is also recommended by Lonely Planet for online bookings across Thailand.

Pantip Bus Co. Ltd

Transfers to/from Donsak Pier and Suratthani Airport

- Clean & Comfortable
- Fast Service
- Friendly Staff

Tel: 077 272230, 077 272906



เปิดพนักงาน รับฟอร์มพัน เปิดพนัก

BACKPACKERS INFORMATION CENTRE

LOTUS DIVING KOH PHANGAN

HAAD RIN

The ONLY travel agency on Koh Phangan recommended by lonely planet

As recommended by lonely Planet

book here for **Crystal** dive koh tao PADI

SEE MAP ON PAGE 147

facebook Backpackers Thailand

BACKPACKERS THAILAND.COM

ONLINE WEBSITE

FOR ALL THINGS THAILAND : ROOMS, ACTIVITIES, DIVING

Backpackers is recommended by

- **Lonely Planet Thailand**
- **Thailand's Island & Beaches**
- **Discover Thailand**
- **South East Asia Guidedook**



SCUBA DIVING & SNORKELLING

WWW.PHANGAN.INFO

Choose Phangan

More and more people are choosing *Koh Phangan* as their base for scuba diving, it is less crowded and students tend to get smaller groups with better instructor ratio. *Phangan* is also closest to *Sail Rock*, the premier dive site in the Gulf of Thailand. Highlights include some excellent beach dives for beginners and whale shark spotting at *Sail Rock*. In terms of learning, many dive resorts now have purpose-built swimming pools suitable for training and have first class facilities including free accommodation for students.

DIVING ON KOH PHANGAN

Koh Phangan is an excellent place to dive and snorkel with numerous dive sites and a relaxed yet professional attitude to the sport. Groups are usually small, four people a typical size, with the vibrant coral reef that follows the west coast of the island, there are plenty of beach dive sites and areas easily accessible to snorkellers. It is also a very inexpensive place to learn to dive, with PADI Open Water courses at some of the best rates in the world and courses right up to instructor level. Best of all is the location, as we are only 20 kilometres away from the best dive sites in the Gulf of Thailand.

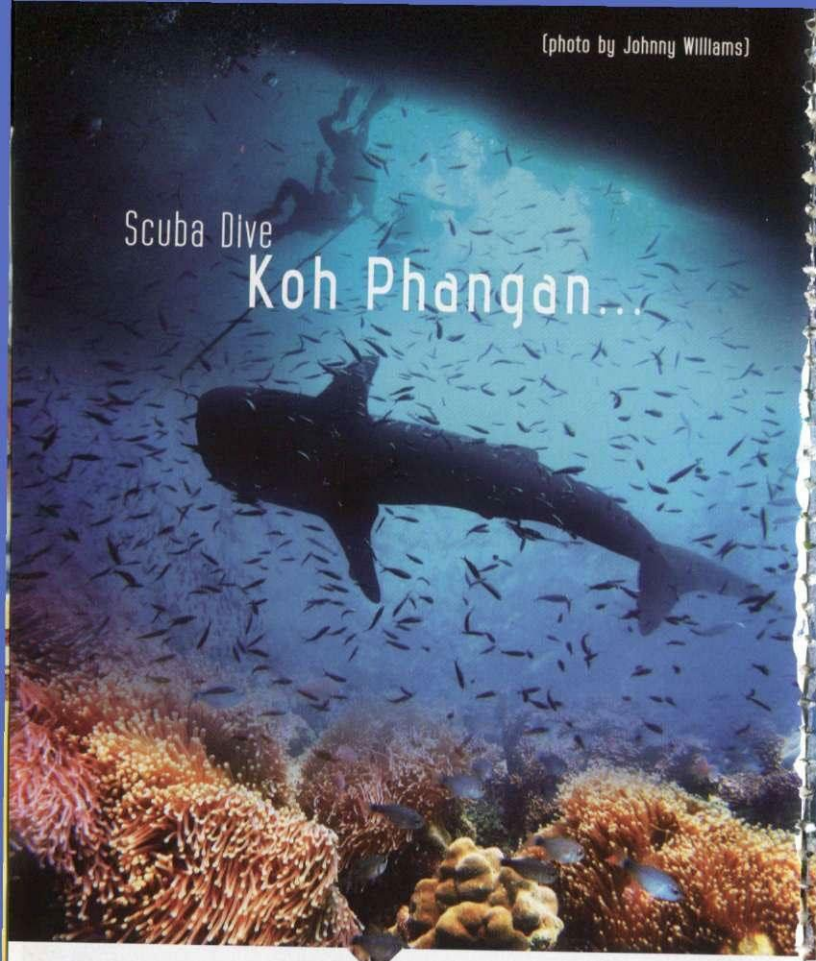
DIVING COURSES

There are various options open to those who want to learn to dive, from a one day introductory course to see if you like it, to the PADI Open Water Certificate that is an internationally recognised qualification to allow you to dive anywhere in the world. For experienced divers there are a multitude of courses such as Rescue Diver, EFR, and even Nitrox Enriched Air for those who want longer down under. There are also Divemaster courses for those who want to enter the first step on the professional ladder in diving, with assistant instructor and instructor courses for the fully initiated.





www.kohphanganthailand.com
Online Guide Book & Island Map Update Every 3 Months



Popular Dive Trips -
Snorkelling Trips -
Dive Maps -

- Recommended Dive Schools
- Scuba Diving Courses
- Marine Life Gallery

www.kohphangandiving.com

SAIL ROCK DIVERS *****



FIVE STAR INSTRUCTOR DEVELOPMENT RESORT

DIVE CENTER – ACCOMODATION – RESTAURANT – BAR

as recommended by the lonely planet / PADI Award winner 2012





> DAILY FUN DIVING & SNORKELLING

> **All PADI courses** from Non diver to PADI Staff Instructor

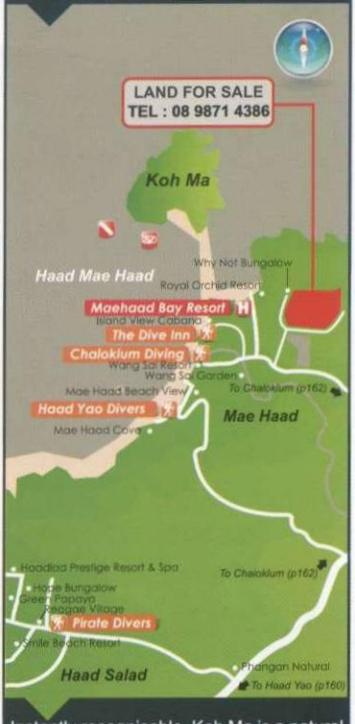
> CONTACT US: ☎ 077 374321 or 080 0788920

info@sailrockdiversresort.com / www.sailrockdiversresort.com

We are located in Chaloklum – booking office in Salad Beach.

PADI 5STAR INSTRUCTOR DEVELOPMENT CENTRE

MAP OF KOH MA



Instantly recognisable, Koh Ma is a natural wonder special to the island of Koh Phangan. Connected to Koh Phangan by a single long stretch of golden white sand, on a perfect day Koh Ma boasts clear blue sea, colourful corals and a rich array of other marine life. It is easily possible to spend hours exploring the reef parallel to the beach and around the island. On the beachfront there are also several excellent restaurants and bungalows.

DIVE SITES



Koh Ma

Koh Ma is a small picturesque island connected to Koh Phangan by a sandbar at Haad Mae Haad on the north west coast. It is possible to beach dive from either Mae Haad or Koh Ma and several local scuba schools do trips by boat. That said, it is far from crowded and is an excellent place to see the local marine life, with schooling fish, bannerfish & big grouper, barracuda and a vast range of coral; maximum depth 24m.

Haad Salad, Haad Yao & Haad Chao Phao

These three beaches are all bordered by the long coral reef that thrives on the west coast of Phangan and runs up to Koh Ma. Any one of these beaches offers great beach and boat dives with a range of hard corals & reef fish; maximum depth 19m.

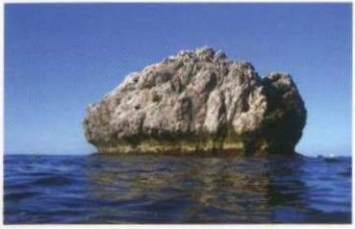
Koh Tae Nok

Koh Tae Nok is located near Thongsala on the south coast of Koh Phangan and is a great local boat dive; with reef fish, hard corals and the odd small reef shark; maximum depth 19m.

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Sail Rock

Sail Rock is undoubtedly the most famous dive site in the Gulf of Thailand and is located in-between Koh Phangan and Koh Tao. A spectacular rock formation that rises out of the sea, creating an excellent wall dive with a great range of marine life, spectacular underwater scenery, rock formations and the legendary "Chimney" swim-through! A fantastic site that can be explored by all levels of divers; maximum depth 40m.





Koh Tao and Koh Nang Yuan

Koh Tao has loads of beach dive sites and two major dive sites; Shark Island nearby and Southwest Pinnacle about 15kms away. Both are exceptional sites with a great variety of reef fish and alluring rocky formations; maximum depth 32m.

For more information about Koh Nang Yuan and day trips to the island *see page 120*.

HAAD YAO DIVERS
DEEPLY ADDICTIVE!
Koh Phangans first
PADI 5 STAR IDC Dive Resort
www.haadyaodivers.com
Tel : 08 4841 2102, 08 6279 3085
PADI



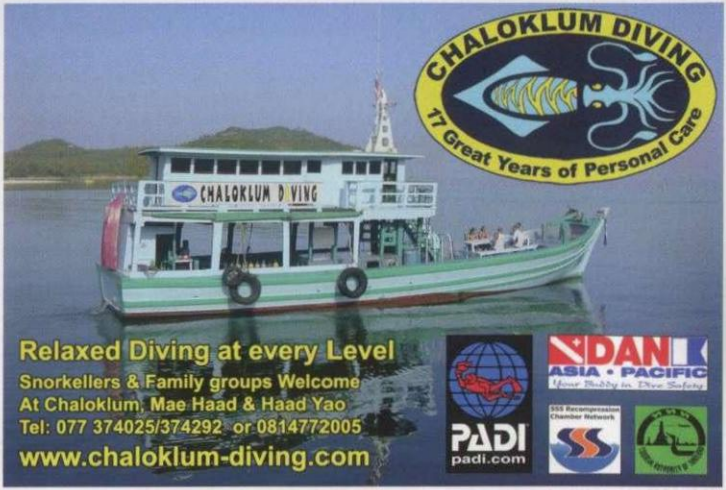
Ang Thong Marine Park
The Marine Park of Ang Thong consists of a string of about 42 islands and offers some of the most beautiful, vibrant, undamaged coral in Thailand. The boat trip takes about two hours to get to the northernmost tip of the Marine Park and Koh Ang Thong has the best range of fish within the Gulf of Siam. There is a good chance of seeing the rarer creatures such as turtles or seasnakes and the sites are also very scenic, featuring 2m giant hydroids and black corals; ideal not just for beginners but also for the more experienced diver; maximum depth 25m+.

There are several tour operators that run regular trips to Ang Thong Marine Park, for more information and a full review of Ang Thong check out *page 118*.

DIVE SCHOOLS

Chaloklum Diving (right)
077 374025 or 08 1477 2005
www.chaloklum-diving.com
Established over 17 years (with 30+ years experience!), *Chaloklum Diving* offer luxury diving and snorkelling trips with personal PADI courses from novice to pro (in most languages). Their full facility PADI dive centre is in Chaloklum village, with bases at Mae Haad and Haad Yao beaches. They have a simple policy: only small groups, genuine individual care, long relaxed dives and consistent high standards. Their big, comfortable dive boat means lots of space (non-divers truly welcome) and stability; room to spread out; enjoy the ride, the good food and the social side of the day. *Chaloklum Diving* sponsor the local deco-chamber and are members of Divers Alert Network; they have insurance cover for all customers and are TAT approved.

Tropical Dive Club (right)
077 445081, Thong Nai Pan Noi
www.tropicaldiveclub.com
New location, based at the end of the beautiful beach of Thong Nai Pan Noi at *Thongtapan Resort* next to *I-Sea Beach Bar* the *Tropical Dive Club* is a multi-lingual school specialising in Deutsch and English tuition. To ensure the best quality dive trips, *Tropical Dive* only works with small groups of divers or on a one-to-one basis. They also appreciate that most visitors prefer a few extra hours in bed which is why the boat departs directly from the bay at around 11am! The full range of PADI and SSI dive courses are available including Discover Scuba for those wanting to sample the thrill of diving. Snorkellers are always welcome.



DIVE THAILAND THE CLUB WAY

Tropical dive club

TONG NAI PAN NOI

TEL.: 077 445 081 www.tropicaldiveclub.com



Dreamland Diver (below)
077 445181, Thong Nai Pan Yai
www.dreamland-diver.de
Dreamland Diver is located next to Dreamland Resort on the stunning beach of Thong Nai Pan Yai. With its own fastboat and speedboat, *Dreamland Diver* leaves directly from the beach with easy access to all the major dive sites in the Samui Archipelago. The boat departs every morning at 10 o'clock. *Dreamland Diver* offers all PADI and SSI dive courses, fun diving, Discover Scuba days and snorkelling trips. To guarantee a high standard most of the courses are on a one to one basis, or not more then four students in one group.

Lotus & Crystal Diving, Haad Rin (p35)
Haad Rin Office, 077 375535
www.backpackersthailand.com
Lotus Dive Resort is the only Koh Phangan 5-star PADI dive company with a Haad Rin office recommended by Lonely Planet Thailand! *Crystal* is Koh Tao's award-winning dive centre. Pre-book PADI courses for a FREE transfer and FREE rooms on Koh Tao! After Full Moon Party Koh Tao is normally full, so best to pre-book!



Haad Yao Divers (p41)
08 4841 2102 or 08 6279 3085
www.haadyaodivers.com

Haad Yao Divers is the first PADI 5 Star IDC Dive Resort and only Go ECO Operator on Koh Phangan and is recommended by Lonely Planet. The dive shop is on Haad Yao, the IDC Center on Haad Chao Phao. When diving on Koh Phangan one of the most knowledgeable and friendly operations is the team from *Haad Yao Divers*. This small 5 Star IDC Center is known for being a pioneer in diving along Koh Phangan's West coast. They promise small groups, high standards of teaching and a relaxed friendly atmosphere with personal tuition. Courses range from half/one day Discover Scuba Diving courses right up to the Instructor qualification and can be taught in English, Deutsch, Dutch, Spanish or Français with teaching materials available in many other languages.

Reefers 5 Star Dive Resort (below)
077 349291, Haad Yao
www.reefersdiving.com

A tranquil dive resort situated at the north end of Haad Yao beach offering great dive/stay packages. The resort is set in beautiful surroundings and offers everything you need for a relaxed, friendly diving environment. There is a fully equipped center, airy classrooms, equipment rental and retail and 8 lovely bungalows set on a small hillside which are included with all PADI courses. The lounge and garden restaurant are the perfect places to hang out after a days diving with perhaps a cocktail from the bar. For groups that want some adventure, *Reefers* also do overnight trips to the Ang Thong Marine Park - the inspiration for the book *The Beach*.





Fun Factory, Thongsala (above)
077 238745 or 08 1677 2101
www.phanganfunfactory.com

The *Fun Factory* is a small independent dive school, which seeks to offer an exceptional service. A taxi will pick up and deliver you to the dive boat in Chaloklum bay. From there you will be taken to the best dive sites around. The food is good, the atmosphere friendly, the equipment well maintained and the staff professional, with the emphasis on small to individual groups. The staffs available are native speakers of a wide variety of languages. The dive shop is located in Thongsala. They offer fun dives for trained divers as well as trial dives if you just want to know how it feels. We offer SSI and PADI courses from beginner to professional level. Snorkelers and non divers are welcome on the boat too.

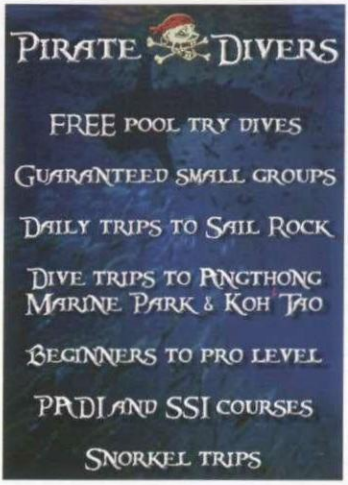
The Dive Inn (right)
077 374262, Chaloklum
www.the-diveinn.com

The Dive Inn, situated in Chaloklum Village, specialises in PADI courses, from beginner to professional. Courses are conducted in multiple languages and at a pace to suit you. Daily trips to prime diving and snorkeling sites in the Gulf of Thailand, under the guidance of some of the most highly experienced and dedicated staff on Koh Phangan. Small groups, based on activity and experience, are guaranteed to ensure your enjoyment and safety. *The Dive Inn* can also arrange flexible courses, so if you want to take a day off, no problem, it's your holiday after all.

Sail Rock Divers (p39)
Chaloklum, Haad Salad & Haad Rin
077 374321
www.sailrockdiversresort.com

Koh Phangan's premier 5 STAR Instructor Development Centre, *Sail Rock Divers* are the first and only one stop dive resort with air-con bungalows starting from 900 Baht per night, Thai and International restaurant and poolside bar. Also the only IDC centre with a full time course director on staff as well as 3 master instructors and The only dive school in Thailand to recieve the PADI Award for Outstanding Contribution to Diver Education 2012. They have 2 purpose built dive boats which serve all of the major dive sites in the Gulf of Thailand. Nitrox is also available from their own filling station. The dive center has 2 air-con classrooms with the latest multi-media PADI materials and a 3m deep purpose built dive training pool. All courses from beginner to instructor are available. GOPro - Open Water to Dive Master or Instructor Internships. Recommend by the Lonely Planet. *Sail Rock Divers* received the PADI AWARD FOR OUTSTANDING CONTRIBUTING TO DIVER EDUCATION 2012.

Pirate Divers, Haad Salad (right)
08 1077 4470
www.piratediversthailand.com
Pirate Divers is located in Haad Salad beach where you will find a tropical reef, great for scuba diving or snorkeling. *Pirate Divers* PADI and SSI professional staff strive to give their best in customer service. Highly competitive prices are offered on all diving and equipment sales. With guaranteed small groups you will be sure to have an unforgettable experience. Dive at Sail Rock and Ang Thong Marine Park; 2 of the best sites in the Gulf of Thailand. All PADI and SSI courses are available from beginner up to Divemaster. Teaching is available in many languages. Less than a year old dive equipment and compressor for your comfort and safety. Join *Pirate Divers* on their boat for snorkeling and dive trips.



see map on page 160/162





France Plongée, Haad Salad (above)
077 349323, 09 0067 0394
www.franceplongee.com
Notre club est situé sur une des plus belles plages de Koh Phangan, Haad Salad beach au coeur du familial resort Haad Salad Villa. Face à la plage, nous sommes immédiatement dans l'eau pour votre bapteme, votre formation ou votre plongée locale. Nous organisons aussi des plongées à la journée sur les sites de Sail Rock, Marine Park, Koh Tao, 3 Pinnacles, Koh Ma etc. Issus d'une double formation PADI et FFESSM, vous trouverez chez nous la formation que vous désirez. Nous vous attendons pour partager avec vous notre passion de la plongée sous marine. VENEZ GOUTER LA DIFFERENCE. More info from franceplongee.phangan@gmail.com.

SNORKELLING

The west coast of the island is host to a rich and vibrant coral reef that stretches from Srithanu up to Koh Ma; and from any beach along this stretch an amazing underwater world of mesmerising corals and luminescent tropical fish is right at your fingertips. Good beaches are Haad Chao Phao, Haad Yao, Haad Salad, Mae Haad and Haad Khom (*maps on page 160*); although almost any beach will have something of interest, especially if you head to the rocky areas.

There is very little to be warned about as the Gulf does not harbour many sea-nasties, though look before you put your feet down and **NEVER** stand on coral as it kills thousands of years of growth instantly. Beware of strong currents, wear a t-shirt to stop your back burning....and enjoy.

If you are not on Koh Phangan too long or don't want arrange your own transport, an excellent way to visit the best snorkelling spots is by booking on an around-the-island boat trip. These organised boat trips run every day depending on the weather of course – if you have booked ahead only to

Snorkelling

There are many good spots to enjoy a bit of snorkelling on Koh Phangan. The best area is all along the west coast, especially the following beaches:

Koh Ma (see p40)
Haad Chao Phao (see p158)
Haad Yao (see p160)
Haad Salad (see p160)
Haad Khom (see p162)

PLEASE TAKE CARE OF THE CORALS AND THINK SAFETY

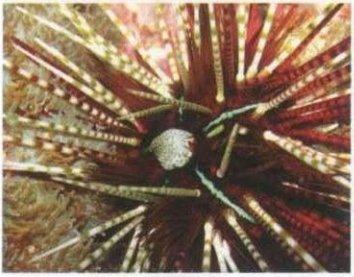


find that it is wet and windy you will receive a full refund. Most depart at around 12.00pm and arrive back at 6.00pm and will include lunch, snorkel and mask.

Itsaramai Sailing Yacht (p102)
Thongsala, 08 7268 0940
Overnight 2 day cruise to Ang Thong Marine Park. *Itsaramai*, a beautiful 20m wooden yacht, sails to let you discover the jewels in the Gulf of Thailand away from the crowds. White sand secluded beaches, hidden lagoons, caves, snorkelling and fishing. Good food, good care and good fun...we speak English, French and Thai.

Orion Boat Trips, Thongsala (p103)
08 1999 2000 or 08 1894 5076
www.phanganboattrips.com
Orion Boat Trips offer regular cruises to **Ang Thong National Marine Park** (*see page 118*) to see some of Thailand's most hidden treasures. With plenty of outside space and shade, this wooden cruiser offers a unique all day adventure, complete with light breakfast, buffet lunch, snacks and soft drinks, fruit and snorkelling equipment. Prices are 1,800 Baht per person or 2,000 Baht with kayaks, and includes all the marine park entrance fees. *Orion* is also available for **private charter**.

○ MARINE CONSERVATION



CORE Sea, Chaloklum (above)
www.coresea.com
08 7273 9663 or 08 3106 7360
CORE Sea is Koh Phangan's only dedicated marine conservation and research center. You can help to protect the beautiful and unique coral-reefs of the island by joining for a day-trip or one of the courses for marine conservation, ecology and research. No previous experience needed. Volunteering opportunities are available, as is the possibility to conduct research for university credit. Every contribution makes a difference, so get involved today!

Visit the center in Chaloklum (*see page 162*) for information or a chat with the resident marine biologists, or just give them a call!

Marine Life

Koh Phangan has a diverse variety of marine life that you can expect to see. Photographs kindly provided by:

Johnny Williams
Koh Phangan Dive Instructor

Haad Yao Divers
www.haadyaodivers.com

Chaloklum Diving
www.chaloklum-diving.com

The Dive Inn
www.the-diveinn.com



Whale Shark



Blue Spotted Stingray



Indian Tube Worm



Yellow Boxfish



Hawksbill Turtle



Lion Fish



Teira Batfish



Scorpion Fish



Christmas Tree Worms



Grouper



Crab



FULL MOON PARTY

WWW.PHANGAN.INFO

INTRODUCTION

The first Full Moon Party either went off in 1987 or 1988, no-one is really sure; and it was someone's birthday. It was such a good party that the same crew met up again at *Paradise Bungalows* and partied under the next Full Moon. From there on the party grew to be a mecca for travellers in the 90s and then became the global dance music festival that it is today, attracting thousands of visitors from every walk of life.

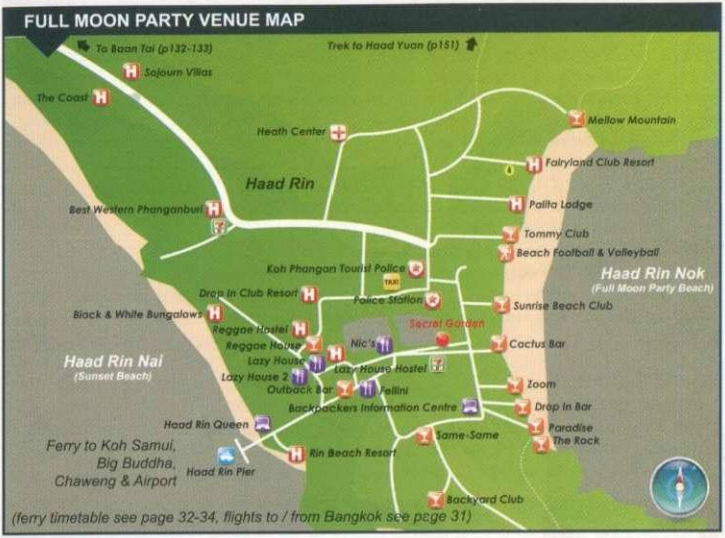
There are now over 10 major sound systems on the beach playing everything from psy-trance to drum and bass with each one representing a different genre. Crowd sizes vary from around 8,000 in low season getting up to 30,000 in the high season; and inline with the party's growing popularity, Haad Rin has been expanding to accommodate its guests. There are now over 5,000 rooms and hundreds of cool bars, boutiques, restaurants and of course the great nightlife. If you want to come and enjoy the party, consider booking a room on Koh Phangan as accommodation gets jammed well before the Full Moon date.

Note: ALL Party goers will need to pay 100 Baht per person entrance fee when arriving in Haad Rin for the Full Moon Party night.

Full Moon Party Dates 2013
Sunday 23rd June
Wednesday 24th July
Wednesday 21st August
Thursday 19th September
Saturday 19th October
Sunday 17th November
Tuesday 17th December
Wednesday 25th December

Check dates on *www.fullmoon.phangan.info* or *www.fullmoonpartykohphangan.com.*

FULL MOON PARTY VENUE MAP



(ferry timetable see page 32-34, flights to / from Bangkok see page 31)

VENUES

The Rock

The Rock is one of the best places on the beach to chill out and get a view of the whole party. It is situated at the southern end of Haad Rin on (you guessed it) a big rock. Expect soulful funky tunes mixed by DJ Kim and the best cocktails on the beach.

Paradise Bungalows

The home of the Original Full Moon Party, *Paradise* is still the biggest and best venue consistently putting on the largest show. If a big name is visiting the island, you will normally find them here playing alongside the amazing resident DJ A who has more or less coined the tough progressive sound of Haad Rin.

Drop In Bar

Drop In is another long runner that has been playing a more commercial set to the huge crowd that gathers there. It has loads of different places to chill out and watch the action including live fire shows and wild drinking games; playing chart, RnB, hip hop and dancefloor classics.



Zoom
Zoom is another psy-trance venue, a bit smaller and more intimate than the other clubs, but banging all the same. From sunset to sunrise the dancefloor is a blur of sand, fluoro paint and limbs and it often goes on all day after the party as well.

Cactus Bar
Cactus is one of the first places you come to as you enter Haad Rin Beach, its right in the middle so it gets a load of punters, especially as the sun comes up. Expect a more commercial sound with RnB, hip hop, old skool classics and even the odd bit of rock.

Sunrise Beach Club
Live DJs start playing 5 days before Full Moon, serving up Funky and Electro House, which alternates with a D&B, Jungle theme by the Orchid Club Jiving Tribe DJ team.

Tommy Club
Tommy's really does deliver the ultimate Full Moon experience. Big sound system, fire wall, whacky fluorescents, club lighting and it's own security purely for your safety. Locals DJ Ton and DJ Max play all your party faves between 9pm and 3am and then top International DJs Graham Gold (UK, Kiss 100) and Darragh Casey (Eire) bust out the latest Big Room and Tech House till 8am.

Mellow Mountain
If you want to get away from the mayhem, but still want to keep an eye on the action - *Mellow Mountain* is located at the quieter northern end of the beach. There are heaps of cushions and hammocks to chill out on, great milkshakes and soothing tunes to calm you down after a hard session dancing on the beach.

FULL MOON PARTY

SURVIVAL KIT

- Take enough money, maybe split into separate pockets – 3000 Baht is enough to cover most eventualities.
- Take a copy of your ID, not the original and leave your valuables in the resort safe. Take care of your valuables; safety lockers are available for hire in many travel agents in Haad Rin.
- Don't be tempted to take bags as they are easily forgotten after a few buckets!
- Wear shoes or trainers; bottles sometimes break on the beach.
- It gets hot very quickly in the morning, so cover up from the sun to avoid getting burnt.



Same-Same
Warm up the evening with some live music at *Same-Same Bar*, the band play covers from Rock to Pop on a pro sound system to keep the crowds coming back for more.

Outback Bar
If you want to escape the pandemonium and hear some deep and funky house, head to the *Outback* near the main pier with its no-trance music policy. Check out the stunning décor, a brilliantly stocked bar and an excellent menu make this a popular choice.

Reggae House
Away from the main strip, tucked away just off Sunset Beach, you'll find *Reggae House*. *Reggae House* has something for everyone.....dub, reggae and ska music, cocktails, chillout hammocks, beanbag balcony and pool cave.



Backyard Club
The ultimate after party that starts up at 7am just as Haad Rin beach shuts down and grooves until 10pm. Some say it is the best part of the FMP with only dedicated mooners mashing it up on the dance floor and the best of the previous nights DJs on the decks; including the infallible residents DJ A and DJ Boyonic.

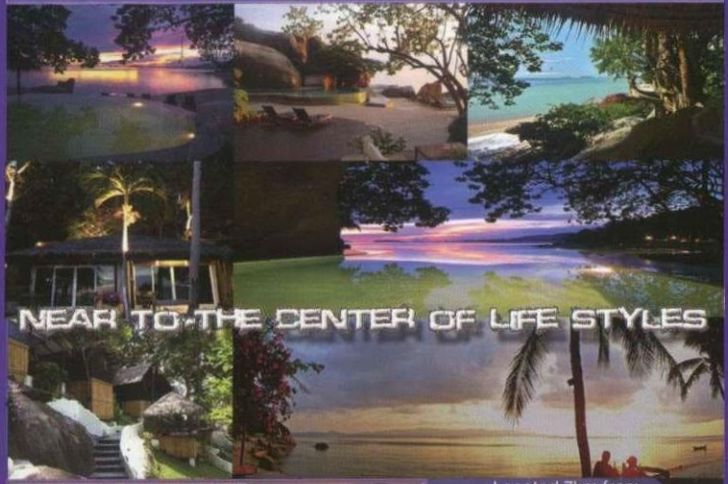


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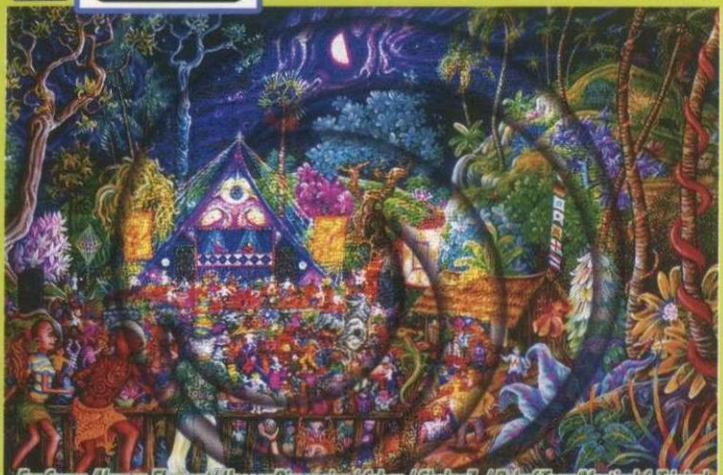


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Pha ngan's Best music and dance festival 2013

HalfMoon

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Ear Sugar / Humen Element / UnseenDimension / Cybax / ShakerZ. / Ruby&Tony / Mystical & Tropical

Liquid Soul / Zen Mechanic / Protonica / Marjor7 / Pop art / Xnoize / BornSleepy

VAISHIYAS / DAY.DIN / AUDIOMATIC / AKUSTIK / BASSFORSCHER / QUEROX / KHAINZ

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III-PIXEL - Magic7 / X-NOIZE / NeonMagic Music - BornSleepy / Illumination / UnseenDimension

The Famous Pha Ngan's Best Music &Dance Festival is Presented by "Harmony Team". which provides the top sound system, Highest quality Equipment &DJs.The event is Indoor & Outdoor dancing arenas in Nature all covered by professional UV decorations, There is Fire show performer across from the main dance floor... Start 9-10pm Live Performer 10pm DJ. Start Location : On a beautiful tropical island , Koh Pha-Ngan Ban Tai Village Half Moon Festival takes place twice a month One week before and one week after Full Moon. more Info : (www.halfmoonfestival.com)

Come and Satisfy your Soul...,

OTHER PARTIES

The party vibe has got into the islanders blood and there are several other venues around Koh Phangan that are staged to go off in different areas so as not to disturb one locality. All are outdoor parties and a lot of effort goes into making each one a unique party experience that only Koh Phangan could give.

Half Moon Festival, Baan Tai (p57)
The *Half Moon Festival* goes off twice a month and it's a massive event. It happens a week before and a week after the Full Moon Party (FMP) in a brilliantly decked out Baan Tai jungle with residents DJ from 10:30pm DJ BOYONIC feat live Saxophone by CooK / Mystical & Tripical (All records) / DJ PingPunk. Expect good progressive house and quality progressive psy-trance mixed live by the Harmony Team. Special guests, world famous DJs and artists perform live acts on occasions. Ticket price 600 Baht includes FREE Audio CD and welcome drink. Check facebook: halfmoonfestival.

2013 Dates: June 15th and 30th, July 15th and 31st, August 14th and 29th, September 13th and 27th, October 11th and 27th.

Check the website for updated information: *www.halfmoonfestival.com* or *www.fullmoon.phangan.info*.





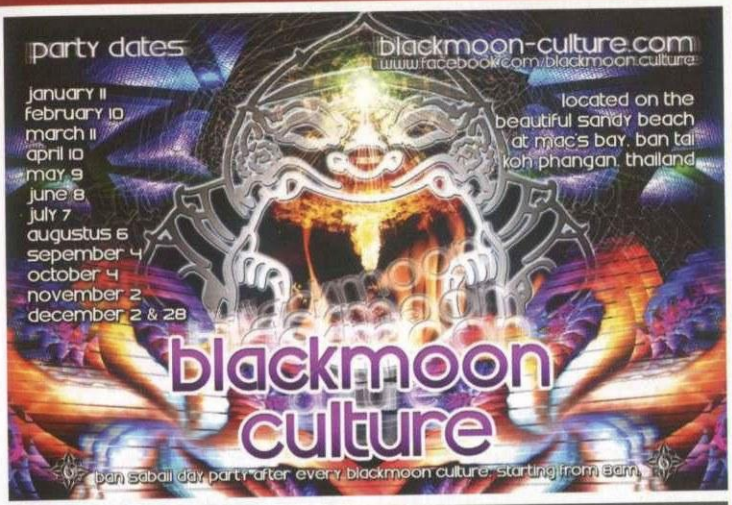
Black Moon Culture, Baan Tai (right)
Black Moon Culture is where the Black Moon Posse host one of the island's best outdoor parties on Baan Tai beach; with amazing décor, a super sandy venue, driving progressive beats, underground trance and DJs Bang, Leung and Jonny. Entrance fee 600 Baht.

2013/2014 Dates: 8th June, 7th July, 6th August, 4th September, 4th October, 2nd November, 2nd December, 28th December.

Also, check the website *www.blackmoon-culture.com* or *www.fullmoon.phangan.info* for current information.

Drop In Club Pool/Foam Party (p02)
Haad Rin
Every month 3 days before Full Moon is the biggest most crazy pool party inside Haad Rin town. *Drop In Club Resort* is the perfect venue; tons of balconies and dancing zones centered around a cascading pool. FREE warm-up barbecue. Keep an eye out for the Foam Parties splashing off throughout the month and the Full Moon frenzy.

Pirate Bar - Moon Set Party (map p158)
The *Moon Set Party* is usually 3 days before and after FMP and is situated in a small cove at the south end of Haad Chao Phao. The setting is amazing with a backdrop of shear rock cliffs and DJs set in the rocks.


party dates
january 11
february 10
march 11
april 10
may 9
june 8
july 7
augustus 6
september 4
october 4
november 2
december 2 & 28
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www.facebook.com/blackmoon.culture
located on the beautiful sandy beach at mac's bay, ban tai koh phangan, thailand
blackmoon culture
ban sabai day party after every blackmoon culture, starting from 8am


BAAN TAI PARTY ZONE
To Thong Nai Pan
To Thongsala
Half Moon Festival
Jungle Experience
Rhythm & Sands
Ao Baan Tai
Baan Tai Pier
Sramanora Waterfall
Black Moon Culture
Ao Baan Khai
To Haad Rin
UP COMING PARTIES
8th Jun
15th Jun
19th Jun
21st Jun
22nd Jun
30th Jun
7th Jul
15th Jul
20th Jul
22nd Jul
23rd Jul
31st Jul
6th Aug
14th Aug
17th Aug
19th Aug
20th Aug
29th Aug
4th Sep
13th Sep
15th Sep
17th Sep
18th Sep
27th Sep
4th Oct
11th Oct
15th Oct
17th Oct
18th Oct
27th Oct
2nd Nov
9th Nov
13th Nov
15th Nov
16th Nov
24th Nov
2 days before FMP
2 times a month: follow the sign & flyer
check the island billboards for dates

Rhythm & Sands, Baan Tai (left)
www.rhythmandsands.com
Rhythm & Sands @ The Beach Village in Baan Tai – The next level beach festival experience 1 day before or after Full Moon! BIG SOUND main stage, beach club and live music park! Bringing you HUGE music acts exclusive on Koh Phangan – including Netsky, Orbital, Jaguar Skills and Freestylers to name a few! Check the billboards and advertising around the island for upcoming dates.

Bay Lounge, Ao Hin Lor (p56)
www.baylounge.com
Every Half Moon and Full Moon join the *Sun Dance Day Party* at the *Bay Lounge* in between Baan Tai and Haad Rin. Pool side dance floor, chill out lounge and cocktails bar on private beach. The party starts at 3pm until midnight and features live mixing by DJ Boyonic + special guest djs.



Secret Garden Party, Haad Rin (map p53)
In the heart of Haad Rin town, there is a *Secret Garden* with a soft dance floor, a comfortable chill out and a high quality sound system, where locals and international DJ's like come to play their last set of sexy Deep House, Funky Breakbeat, Progressive or Dubstep. Twice a month on Thursday. Information Facebook: kawee kophangan.

Loi Lay, Baan Tai (map p132)
Every Sunday *Loi Lay* presents *The Boat Party* on the island's only floating bar. Deep, funky and tech house music with guest and local DJ's from 9pm. Great selection of classic and speciality cocktails served all night. A popular spot among locals, expats and tourists. Check Facebook for weekly line up.

Bangers & Mash, Baan Tai (p81)
This stylish Bar right on the Baan Tai entertainment strip hosts the islands busiest nights during the weekend, where International DJs are spinning the tunes from 9pm to late. Awesome club classics, fresh new House, latest Hits, Hip Hop, R&B and Dance! Ask staff for Drink Specials!

Driving Safety

DON'T DRINK AND DRIVE

If you go to a party on Koh Phangan take a taxi there and back. The roads around the island are hard to navigate with many dangerous unexpected obstacles.

Drunk or inexperienced drivers should never attempt to drive, especially after partying all night. The taxi's are cheap and effective; and best of all the drivers work on shifts and stay sober.

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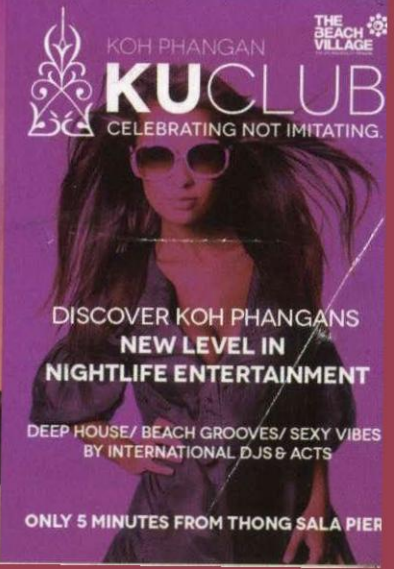
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Sranamora Waterfall Party (left)
Baan Khai

Sramanora Waterfall Party is the new outdoor club, situated around a breathtaking waterfall in the jungle of Baan Khai (*see map on page 133*). A place for all party people and electronic dance music lovers. Tech House and Minimal-Electro mixed by resident DJ Peter G Phangan (Germany) and friends. The venue features a natural swimming pool, comfy chill-out zone, a brand new pumping sound system, all fully under cover and rain/sun proof. Famous DJs from around the world feature every month! Come, see, hear, feel and celebrate with like-minded party goers from night until late morning.

2013 Schedule: 2 times a month; 2 days before FMP. Check the latest party dates on *Facebook* or look out for flyers on the island.

Jungle Experience, Baan Tai (right)

Deep in the jungle near Baan Tai, the *Jungle Experience* party features the best of electronic beats, progressive house, minimal and progressive tech through to psytrance. The cosy venue is a magical flower garden criss-crossing a river, plenty of areas to sit down and chill-out complete with superb day-glo fluorescent decorations and laser lighting effects. Arrive early to relax, meet people and enjoy the music with professional international world-class DJs.

Tickets only 300 Baht per person. Open from 9pm to 8am (includes 2 free drinks).

2013 Schedule: 1 day and 4 days before every *Full Moon Party*.

Baan Sabai After Party, Baan Tai (p133)
As the *Full Moon*, *Half Moon* and *Black Moon* parties wind down, *Baan Sabai* on Baan Tai beach kicks into gear and goes on until the early hours next morning.

Guy's Bar, Haad Thian (map p143)
Every Friday, a free and funky jungle venue. A real old school feel with Resident DJs playing an upfront set for a happy, sexy crowd. Groove straight from the heart!

LIVE MUSIC VENUES

Outlaws Saloon, Baan Tai (p80)
Live Music every Thursday and Sunday in this Wild West themed saloon bar.

Same-Same Live Music, Haad Rin (p71)
Every FMP and a warm up for Half Moon and Black Moon parties, *Same-Same* introduces a Thai cover band strumming out classics.

The Jam Live Music, Ao Hin Kong (p158)
Every Saturday opposite *Nitchanan Villa*, open mic from 6pm on the beach with sunset BBQ and bar available.

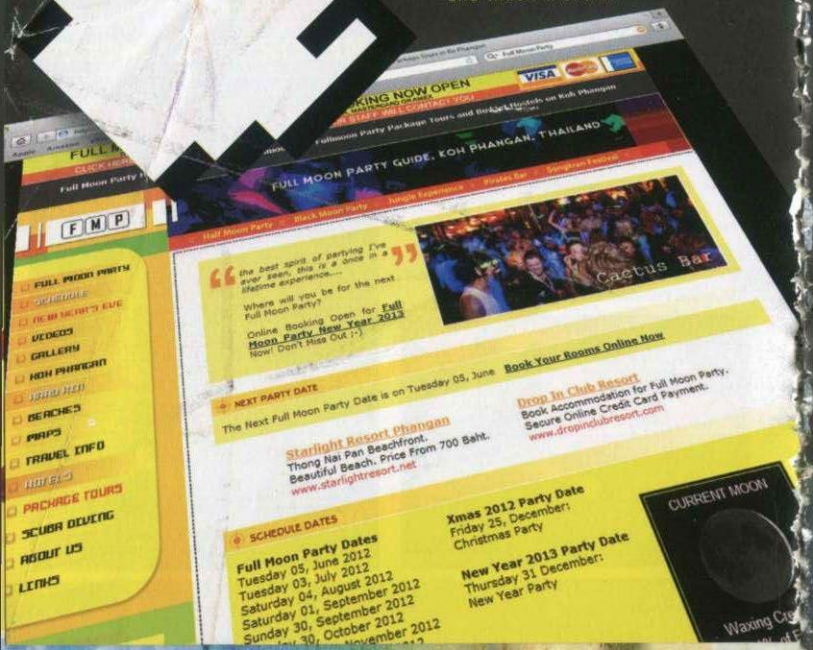




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Happy Mooners:

Nikki & Ashleigh (UK)
We had a fantastic full moon with great memories & would like to thank you and your team for making it one of the best packages I've ever booked!

Sophie (UK)
Thank you for organising my full moon party I was very satisfied with the whole package. The dorm room allowed me to meet new people and it was very centrally located. It was also a massive bonus to receive free breakfast and a bucket each day!

Neo (Australia)
Just wanted to thank you all so much for putting together such a fantastic 5 day Full moon package for me. this extremely fun filled and action packed option was a cheap and affordable way for someone travelling by myself

RESTAURANT & BARS

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INTRODUCTION

Cheap Eats

Thongsala (*see page 128*) is the main Thai market town so it's a great place to find some stalls cooking authentic Thai food. There are plenty of "Chicken and Rice" restaurants offering all the local favourites and another popluar dish is "Som Tam" - or Papaya Salad - see how spicy you can eat it! Expect to pay no more than 50 Baht per dish.

Koh Phangan has an excellent choice of restaurants, for many people eating out and about is the highlight of their stay on the island. Many bars now also stock premium imported booze both bottled and on draught.

Thongsala has traditional Thai seafood restaurants, curry stalls and good quality street food; a multitude of Western restaurants such as Italian, English, Mexican, French and Japanese. Most are either at the main crossroads (100m up from the round about) or on the seafront, the markets around the 7-11 convenience store have some of the best street food. Walk around to explore some coffee shop culture and find several bakeries and vegetarian cafés. *See page 128* for a map of Thongsala.

Not to be missed, there are a cluster of traditional seafood restaurants around the port at Baan Tai (*see map page 132*), funky bars, coffee shops and an Italian pizza house all within easy walking distance.

Haad Rin offers the most cosmopolitan mix of restaurants on Koh Phangan, with a vast choice of different tastes all within walking distance of each other. There are beachfront seafood BBQs, Italian, Mexican, Israeli, Scandinavian, Moroccan, Mediterranean, Tapas, Indian, lounge bars, cafés and many



more varieties as well as traditional Thai restaurants and street stalls. Just wander around the town and head for what you fancy. *See page 146* for a map of Haad Rin.

Looking for fresh seafood? Chaloklum village is Koh Phangan's main fishing port and has a wealth of inexpensive seafood restaurants serving fresh delicacies such as locally caught squid. Most of the restaurants are lined along the seafront, overlooking the pier and fishing boats, where you can watch the daily catch being bought in. *See page 162* for map.

On the west coast, Srithanu village (*see page 158*) is a quaint and interesting place with quite a lot going on. There are several bars and great value Thai restaurants, a popular Italian diner and some excellent beachfront spots worth checking out, as well as a fresh produce market and food area that is located at the main crossroads.

CAFE

Colour Coffee (below)
Thongsala, Baan Tai & Srithanu
08 4333 2441
The French bakery on the island, great place to take a coffee break and try some of the tasty pastries; croissant, cake, cookies, macarron. All kinds of bread baked fresh every day, such as baguette, traditional, brioche, dark rye, pain au levain. You can also make a special order for birthday and wedding cakes. French chef, French taste!
Open: Mon - Sun 8am to 7pm
Recommended: Croissant, Patisseries, French Breads, Macarron







100 Islands Coffee Bar, Baan Tai (above)
08 1559 2230
Opposite Koh Phangan high school, they serve espresso beverages, Belgian waffles, all day breakfast, juice/shake and various choices of cake in a very nice design indoor or outdoor garden atmosphere. It is a cosy and friendly venue for a private party. Check out for a special cake every week, made to order for any special occasion.
Open: Mon - Sat 8.30am to 8pm, Sun 8.30am to 5pm
Recommended: Fresh Brewed Coffee, Belgian Waffles, Honey Toast

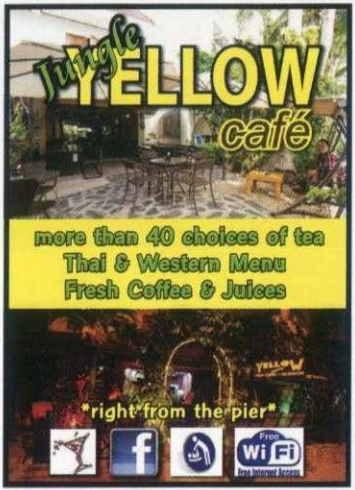
Pan Café @ Buri Rasa Village (p14 & 15)
Thong Nai Pan Noi
In a cozy corner right next to the beach, this petite café offers a variety of sandwiches, burgers and fries accompanied by refreshing beers, cocktails and fruit blends or a wide range of ice-cream.
Open: Mon - Sun 10am to 9pm

Jungle Yellow Café, Thongsala (top right)
08 4582 3067
Upon your arrival at the port you will find *Jungle Yellow Café* - a pleasant shaded and raised terrace on which you can take a rest. A varied menu including original Thai and international food and daily specials. During the daytime enjoy a choice of over 40 teas imported by China and iced tea specialities. Come evening the terrace transforms into a relaxing bar. Show this ad get FREE aperitiff.
Open: Mon - Sun 8am to Late
Recommended: Burger, Home Made French Fries, Hot Plates

Nira's Home Bakery (p67)
Thongsala & Haad Rin
077 377524
The only original International and European Bakery on the island since 1985 by Nira and her family. The widest selection of bread, pastries, cakes, sandwiches, drinks and homemade products from local resources. Recommeded by most traveller's guide books around the world and Lonely Planet for 20+ years.
Open: Mon - Sun 7am to 7pm
Recommended: Breakfast Sets, Coffee

INTERNATIONAL

Lake Hut (below)
Laem Son Lake, 08 9730 0081
Lake Hut is situated on the beautiful Laem Son lake, on the west coast in Srithanu village (*see map on page 158*). The traditional Thai thatched restaurant offers a variety of delicious Thai and Western dishes. Famous for it's watersports, *Lake Hut* has many adrenaline pumping activities to keep you going all day. Happy hour every day between 5pm to 7pm.
Open: Mon - Sun 10am to Late
Recommended: Happy Hour



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Bamboo Bistrot (above)
Thongsala, 08 0526 9077
Situe à la sortie de Thongsala en direction de Baan Tai (à côté du 7/11), le *Bamboo Bistrot* propose une cuisine traditionnelle française, des plats thaïs, ainsi qu'une formule snack avec crêpes et sandwichs. L'établissement dispose également de chambres d'hôtes, d'un « books shop », d'un système Wifi haut débit et d'un bureau d'informations touristiques. *Bamboo Bistrot*, le rendez vous francophone de Koh Phangan.
Open: Mon - Sun 11am to 10pm
Recommended: Côte de Porc Sauce Forestière, Gratin, Fondant au Chocolat, Tartare de Thon, Pastis, Expresso

L'Oasi, Chaloklum (see map 162)
08 9991 5529 or 08 9591 2921
L'Oasi essentially is a bar/grill with good musical taste. Relax in the comfort of their lush tropical garden, sipping fresh coffee or enjoying Italian ice-cream. In the evening the aromas of Italian cuisine fill the air, as selected cuts of prime selection of fillet are cooked to perfection on a special "stone-grill".
Open: Mon - 12 Noon to 10pm
Recommended: Pizza, Italian Ice-Cream

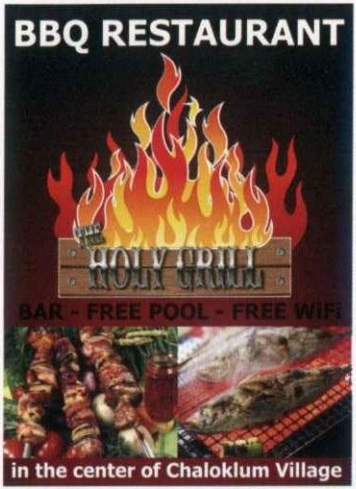
Lazy House, Haad Rin (p153)
Enjoying success for over 10 years, The *Lazy House* has a vast choice of international food. Steaks, stuffed chicken breasts, Greek kebabs, lasagne. British specials include English sausage and bacon, Marmite and Branston pickle, and apple crumble. Cocktails only use the best quality imported spirits and there is a nice little wine selection.
Open: Mon - Sun 10am to Midnight
Recommended: Roast Dinners, Steaks, Apple Crumble, Greek Kebabs

Same-Same Restaurant (right)
Haad Rin, 077 375200
Haad Rin's famous Scandinavian Restaurant and Bar has become an institution for lively crowds warming up before heading to the beach parties, Half Moon and Black Moon parties. Run by two Danish girls and a friendly staff that guarantee you service and entertainment. *Same-Same* offers an extensive menu; Scandinavian delicacies, English, Mexican, Italian food and huge hangover burgers. Big warm up party on Full Moon night with buffet, live music and dancing on the tables.
Open: Mon - Sun 8.30am to 1am
Recommended:Stoneoven Baked Pizzas, Mexican Food, Scandinavian Delicacies

The Beach Club @ Buri Rasa Village
Thong Nai Pan Noi (back cover)
The Beach Club offers great food and tropical cocktails. Fresh seafood barbecued before your eyes and savory Thai specialties. Breathtaking seaviews, friendly staff, regular

entertainment and the sand beneath your toes complete *The Beach Club* experience.
Open: Mon - Sun 7.30am to 10pm
Recommended: BBQ Fresh Seafood

The Holy Grill, Chaloklum (right)
08 0039 6353
This new BBQ garden restaurant is located in the center of the fishing village of Chaloklum. Serving a selection of Western style BBQ! Skewers, burgers, ribs, steaks, fresh fish. All BBQ = 100 Baht only. There is a FREE pool table in the lounge/bar for guests and also FREE WiFi. Every Wednesday and Friday from sunset; all-you-can-eat BBQ buffet with seafood, chicken, pork and lots of tasty side's for only 200 Baht. *The Omega* acoustic jam follows on Wednesday.
Open: Open most of the time, sometimes closed
Recommended: Big BBQ Skewers, Fresh Seafood







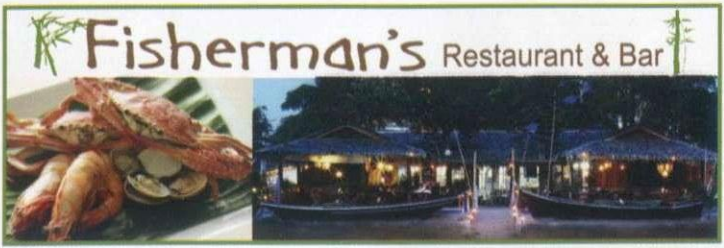
○ THAI



Beachlounge (above)
Thongsala, 08 6870 4942
A highly recommended place direct on Thongsala beach to enjoy authentic Thai food and some East-meets-Western dishes cooked by the owner Supattra without MSG. The *BEACHLOUNGE* also offers a good wine list and top quality cocktails in a relaxing atmosphere with fantastic sunset views to Koh Samui and Ang Thong Marine Park. The *BEACHLOUNGE* is just at the end of the Saturday Walking Street turning to the beach after the Chinese Temple!
Open: Wed - Mon 5pm to 10pm (closed Tuesday)
Recommended: Hor Mok in Young Coconut, Fried Local Sea Fish

Bay Lounge, Ao Hin Lor (p56)
077 377892
Savour authentic Thai flavour at the *Bay Lounge*. Chef Suphap and his crew select quality seafood from nearby Baan Tai fisherman village daily to create over 30 signature dishes. Enjoy the relaxing lounge, spectacular views, quality food, fabulous drinks and friendly service. Every Saturday Asian Buffet Feast - all you can eat at only 499 Baht which includes 2 glasses of wine or Singha Draft!
Open: Mon - Sun 11am to 10pm
Recommended: Thai Dishes & Seafood

The End, Thong Nai Pan Yai (p83)
077 445119, 08 5000 6300
The End Bar and Restaurant serves an eclectic menu of Western and Thai food. Lounging chairs, beanbags, a wonderful ambience and great music together make it a perfect place to sit back, relax and enjoy the delicious cocktail menu. The restaurant combines the highest quality of ingredients and the owner's love for travel and worldly food has inspired a delicious menu to relish in an enigmatic and sophisticated place to eat.
Open: Mon - Sun 10am until Late
Recommended: Lab Moo Tod, Maracujoska Cocktail



The Wok Kitchen, Thongsala (p117)
077 377846

The Wok Kitchen was one of the first restaurants to open on Koh Phangan more than 20 years ago, many things have changed since then. Chef Thip from *My Wok & Me Cooking School* (*see page 117*) is now running the place, and she turned it in to a cosy and clean establishment with seating for 80. The kitchen here is serving Thai, Vietnamese and a few Western dishes. Fresh coffee and fruit shakes served from early morning.

Open: Mon - Sun 10am to 10pm
Recommended: Khao Soi, Sukiyaki, Vietnamese Noodle

Sea View Restaurant @ Grand Hill (p135)
Ao Nai Wok, 077 377776-7

Beautiful Northern Thai Lanna style restaurant on the hillside within easy walking distance from Thongsala village. There are spectacular sunset views of Ang Thong National Marine Park and nearby islands giving the perfect view while enjoying a cocktail. *Sea View Restaurant* serves authentic Thai seafood and popular local dishes.

Open: Mon - Sun 9am to 10pm
Recommended: Cocktails, Thai Seafood

○ SEAFOOD

Fisherman's Restaurant (above)
Baan Tai, 08 4454 7240

Baan Tai's original seafood restaurant opened more than 5 years ago by a local fishing family who have fished in the area for generations and have exceptional knowledge of seafood. Offering a wide selection of fresh local seafood and traditional Thai home cooking, together with a number of signature dishes this restaurant creates a unique dining experience. It is located on a stunning beachfront with optional seating on traditional long tail boats - a concept designed by the owner to incorporate his family's original fishing boats. Finish off your meal with a delicious dessert or a fresh fruit cocktail served in a relaxed and friendly atmosphere. Run by a husband and wife team (Thai local & western) *Fisherman's* is a must while visiting Koh Phangan! Don't miss out on this local treasure.

Open: Mon - Sun 1pm to late
Recommended: House Special - Yellow Curry Crab, Fillet of Barracuda Served with Homemade Sauces, Fisherman's Mojito



see map 133



Thongyang Seaview, Baan Khai (above)
08 1535 7217
www.phanganrestaurant.com
Located between Thongsala and Haad Rin, *Thongyang Seaview Restaurant & Lounge Bar* has stunning panorama views of Koh Samui, Koh Tae and Ang Thong National Marine Park. Especially amazing sunset! Serving Thai and fresh seafood, BBQ, delicious cocktails, cold beers and fresh coffee. Chillax in a cozy and friendly atmosphere.
Open: Mon - Sun 10am to 10pm
Recommended: Cocktails, Thai Dish, Seafood, Fresh Coffee

Fish at Thips, Ao Baan Thai (right)
08 7893 3804
Fish at Thips is an authentic Thai seafood restaurant, architecture in strong bamboo structure with a natural grass roof. Located right on the beach of Baan Tai with stunning views of Koh Samui and some of the most spectacular sunsets on the Island. *Thip* - the owner who also runs *My Wok & Me Cooking School* (*see page 117*) warmly welcomes you to try some of the dishes from the delicious menu. Most of the local seafood served is handed in by local fishermen who line up their fishing boats at the shore of *Fish at Thips*. Fresh seafood, cosy and romantic settings and some jazzy music is the concept of this idyllic restaurant that deserves a visit.
Open: Mon - Sun 1pm to 11pm
Recommended: Fresh Seafood and a Glass of Cold Rosé Wine

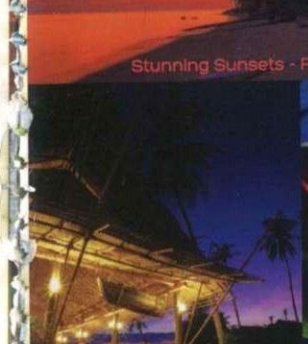


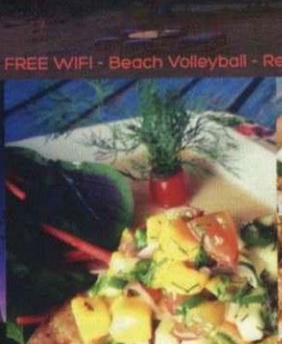
FRESH LOCAL SEAFOOD

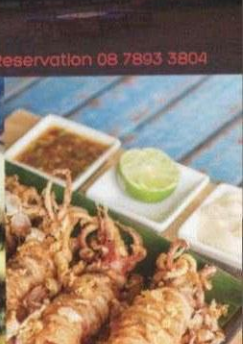
Delivered by local Fishermen
to the restaurant everyday!

Fish at Thips
Seafood Restaurant

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Closed Every Sunday
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peppercorn – ko phangan
www.restaurentpeppercorn.com



STEAKHOUSE



Peppercorn, Haad Salad (above)
08 7896 4363
www. peppercornphangan.com
Peppercorn serves juicy Steaks and a great variety of dishes from many parts of Europe. *Peppercorn* also offer daily specials, desserts, cakes and a wide selection of vegetarian food, all in good portions and for a reasonable price using only the best ingredients. No artificial products added here! **Facebook: Peppercorn Ko Phangan**. Reopen on 1st July 2013.
Open: Mon - Sat 4pm to 10pm (last food order 10pm ; closed Sunday)
Recommended: Vegetarian Food, Steaks, Cocktails, Lasagne

Franck's Restaurant, Thongsala (right)
077 377832
A fusion of French food and Thai culture. Now open for 6 years *Franck's Restaurant* come highly recommended by French travel guides. European breakfast and imported ground coffee to start the day. The lunch and evening menu includes succulent imported steaks, fish specialities, pizza, Moroccan, Thai of course French cuisine. The lounge bar at *Franck's* is a comfy place to hang out for a cocktail, enjoy a glass of quality French wine or pop a bottle of Champagne! The restaurant also has an internet corner with FREE WiFi.
Open: Mon - Sun 9am to 11pm
Recommended: Steaks, Fish, French Wine, Champagne



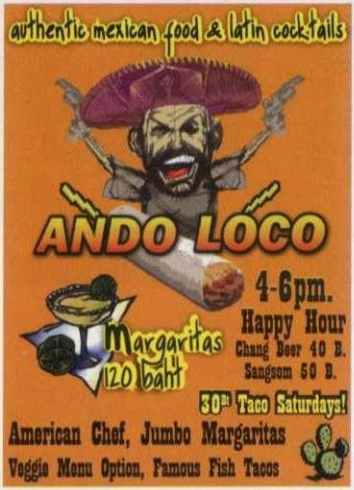
facebook
www.facebook.com/phangan.info
PHANGAN.INFO on Facebook

MEXICAN

Ando Loco, Thongsala (right)
08 5791 7600

Authentic Mexican restaurant and bar serving real Mexican food at backpacker prices. Daily Happy Hour offers Phangan's cheapest beer! 40 Baht Chang and 50 Baht Sangsom + mix from 4 to 6 pm. 8 foot pool table FREE all day! Saturdays enjoy 30 Baht Tacos. American chef prepares all food from scratch using imported Mexican spice and peppers grown behind the restaurant. Lonely Planet Recommended! Now double the fun with the new *Ando Loco Express* open in Thongsala at Pantip Food Market.

Open: Wed - Mon 1pm to 10.30pm
Recommended: Nachos, Guacamole, Enchilladas, Fish Taco, Jumbo Maragarita, Burritos







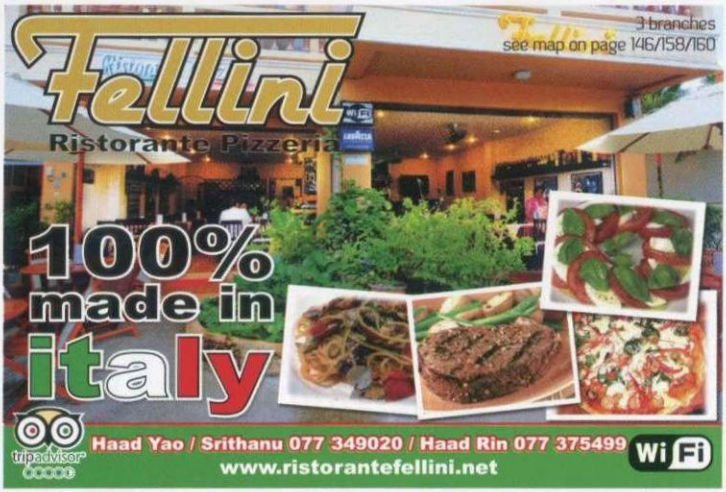
ITALIAN

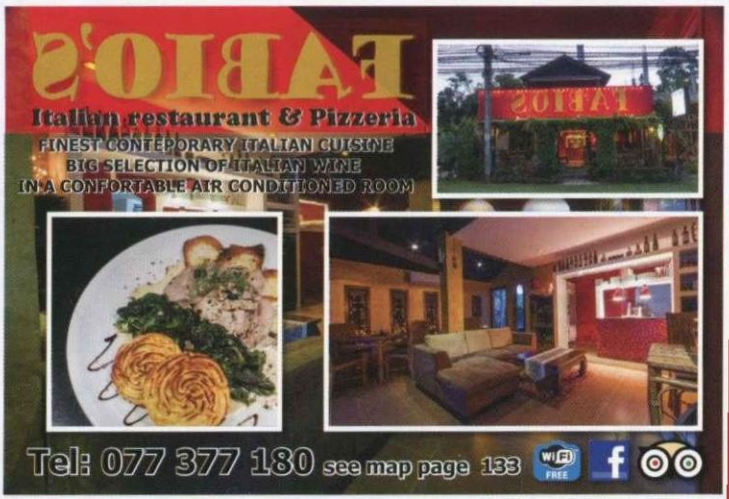
Fellini (top right)
Srithanu, Haad Rin & Haad Yao
077 349020 and 077 375499
www.ristorantefellini.net
Fellini is an Italian restaurant that prides itself on traditional stone oven cooked pizza, homemade pasta, steak and seafood specials. There are 2 branches; one in Haad Rin and the other in Srithanu village near the 7-11. The Srithanu restaurant now has a full vegetarian menu.
Open: Mon - Sun 10am to 11pm
Recommended: Traditional Italian Pizza

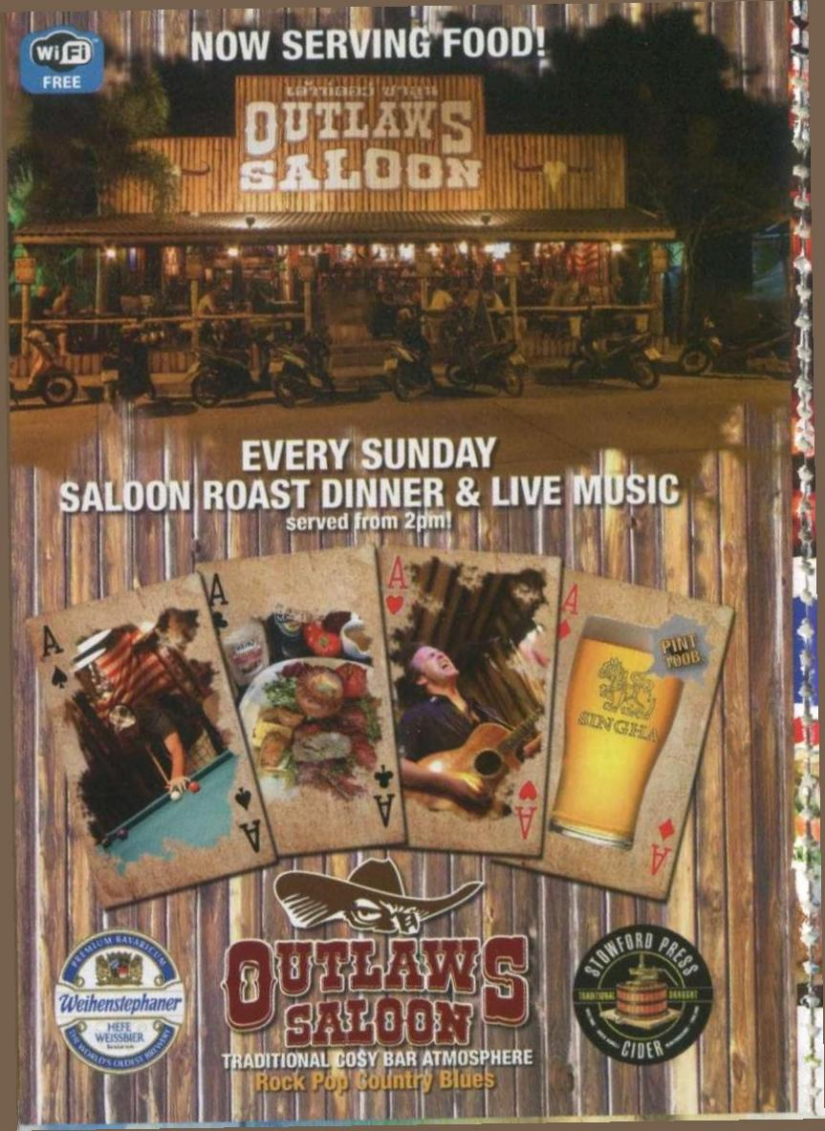
Fabio's, Baan Khai (bottom right)
077 377180
Fabio's restaurant pizzeria offers the finest in contemporary Italian cuisine, the best pizza you can try on the island and a big selection of Italian wines in a comfortable air conditioned room.
Open: Mon - Sat 1pm to 10pm (closed Sunday)
Recommended: Spaghetti with Parmiggiano Cream, Parma Ham Egg Baked on Top of Pizza

La Dolce Vita, Haad Chao Phao (above)
08 7086 2697
www.blueoceangarden.com
La Dolce Vita is a cosy restaurant under Italian and Thai management on Chao Phao beach, near Srithanu village, serving delicious Italian and Thai cuisine right on the beach. The facility is a combination of Italian design and modern Thai style, which creates a feeling of elegance and relaxation. Famous for its rich Thai cuisine and Italian homemade dishes.
Open: Wed - Mon 11am to 10.00pm (closed Tuesday)
Recommended: Homemade Pasta, Seafood in Green Coconut




Fellini
Ristorante Pizzeria
3 branches
see map on page 146/158/160
100% made in italy
tripadvisor
Haad Yao / Srithanu 077 349020 / Haad Rin 077 375499
www.ristorantefellini.net
Wi Fi


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BAR

Belgium Beer Bar, Srithanu (p167)
077 349113 or 08 4837 2738
Great selection of 23 Belgian beers; Hoegaarden, La Chouffe, Kwak, Vedett, Maredsous and more. Thai and Belgian kitchen, you can try the famous mussels (1.5kg) with garlic cream or white wine sauce or Thai style served with Belgian fries. *Belgium Beer Bar* is on the famous Haad Chao Phao beach, a perfect place to relax.
Open: Mon - Sun 8am to 10pm
Recommended: Mussells, Red Snapper, Steak 'Charlolais', Homemade Burgers

Reggae House, Haad Rin (p87)
08 8710 5830
Away from the main strip, tucked away just off sunset beach, you'll find *Reggae House*. It has something for everyone....dub, reggae and ska music, cocktails, chillout beanbags and hammock balcony, pool cave, bamboo tattoo studio and rooms for rent all under one roof! FREE WiFi zone.
Open: Mon - Sun 10am to 2am
Recommended: Variety of Cocktails

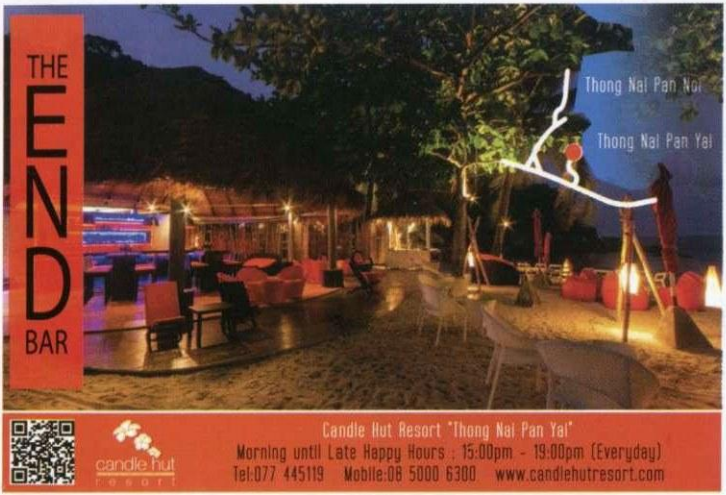
4U Bar, Thongsala (below)
077 238313 www.4uthailand.com
Located on Soi Krung Thai close to the night market and 2 mins walk from the Thongsala pier. *4U Bar* is a friendly place with stylish design and a large selection of brand spirits, French liquors (Pastis, Ricard), French wines (red, white and rosé) and quality cocktails (try the island-famous Mojito with Havana 3anos). For all the amateurs of French cuisine, the *4U* crêperie offers a range of homemade crêpes and a real and tasty espresso.
Open: Mon - Sun 11am until very late
Recommended: For You Crêperie , Mojito with Havana 3anos, French liquors, French wines



Outlaws Saloon (p80)
Baan Tai
A Western themed bar, so detailed that you'd actually expect Billy The Kid to walk in at any minute and order a whisky from the wide ranged bar! An inbuilt open kitchen above the main bar serves you traditional pub grub like bacon blue cheese burgers, chicken wings, bangers & mash etc. Live Music every Thursday and Sunday.
Open: Mon - Sat 5pm to Late, Sun 2pm to Late
Recommended: Half Roast Piri Piri Chicken and Imported German Beers

Bangers & Mash, Baan Tai (p81)
FACEBOOK: Bangers & Mash
On the bar strip in Baan Tai, *Bangers & Mash* stands out as a cool and funky designed bar. Lounge, House, Classics and the latest Dance Hits is the music concept of this fully stocked bar with a welcoming staff. Can get very busy over weekends and Half Moon/Full Moon periods.
Open: Mon - Sun 7pm to Late
Recommended: Happy Hour 6pm-9pm SINGHA DRAUGHT 99B/Pint, Strawberry Daiquiri

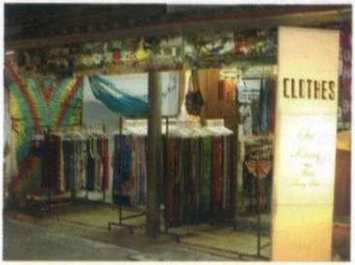
Food Factory (p81)
Baan Tai
The one and only Fast Food Sports Bar on the Island, specialising in Italian styled crusty pizza's and American styled juicy burger combo's. EAT IN or TAKE AWAY! All major sports shown LIVE on multiple plasma TV screens. There is even a screen in the lavatory to ensure you don't miss any action when offloading while your favorite team is playing!
Open: Mon - Sun 24 Hours
Recommended: Wood Fired Pizza and American Styled Burgers



SHOPPING

WWW.PHANGAN.INFO

INTRODUCTION



Koh Phangan has long attracted an artistic element, which is reflected by the surprising number of art galleries, local crafts, hand painted batik (sarongs, hammocks, bed spreads etc.), handmade leather and handmade jewellery shops that you will bump into whilst window shopping. In truth, Koh Phangan is a great place to purchase high quality unique handmade products and the relative small size of the island means that you won't have to walk far to find something of interest.

Other items that will be a bargain compared to overpriced shopping malls in Bangkok and other Western countries include clothing, beach towels, flip flops, snorkelling equipment, musical instruments and jewellery items. It is especially useful to buy all your beach wear on Koh Phangan, such as bikinis, shorts, t-shirts and sarongs - you will save a small fortune! For book lovers there are also plenty of second hand book shops willing to trade in your oldies. Thailand is also famous for cheap movies and games; there are plenty of market stalls filled with all the latest releases for the keen eye.

So where can you find all these bargains? Well, Thongsala (*see map on page 128*)

is the island's main trading post with an excellent variety of crafts, jewellery, clothes, artwork and traditional Thai items. There are a great number of boutique shops throughout the town and numerous supermarkets and fresh produce stalls. Most shops are open till 8 or 9 in the evening. The other place worth shopping is Haad Rin (*see map on page 146*) with shops spead throughout the town running from the sunrise beach all the way to the pier and often open until a lot later in the evening.

Moreover, you will find that prices are reasonable and are often hard to beat, even compared to Bangkok, there are also many outlets supplying goods in bulk for export.



PHANGAN.INFO



SHOPS



Magic Stones, Haad Rin (p85)
08 6057 5818
Exclusive jewellery from gold and silver. Big collection of gemstones and healing crystals. Natural and exotic leather bags, belts and wallets from French designer. Items, presented in *Magic Stones* shop are unique and one-of-a-kind. *Magic Stones* can take orders for all custom designs.

Moontribe, Baan Tai (below)
08 4442 1142
FACEBOOK: MoontribeProgressiveFashion
MOONTRIBE Progressive Fashion Store is located in the heart of Baan Tai, Phangan's party zone. The store imports from Bali a variety of Tribal, Urban Street and Trance Wear designed by renowned Western Brands such as: Psylo, High, Flying Agaric, Kurage Eye, Liloo Wear, Hexagon and TurboWear. *MOONTRIBE* means quality!

Fusion Fashion, Haad Rin (p85)
08 9868 1938
On the main high street of Haad Rin pier, *Fusion* has an extensive collection of Women and Men's wear and accessories from Indonesia and Hong Kong and some unique accessories from India.



Workshop Silver, Thongsala (right)
www.workshopsilverkohphangan.com
08 6096 1580 or 08 9034 6036
Workshop Silver makes beautiful hand crafted jewellery. Custom made orders, crystals, gems precious and semi-percious stones, repairs and cleaning service, engraving and stamp work.

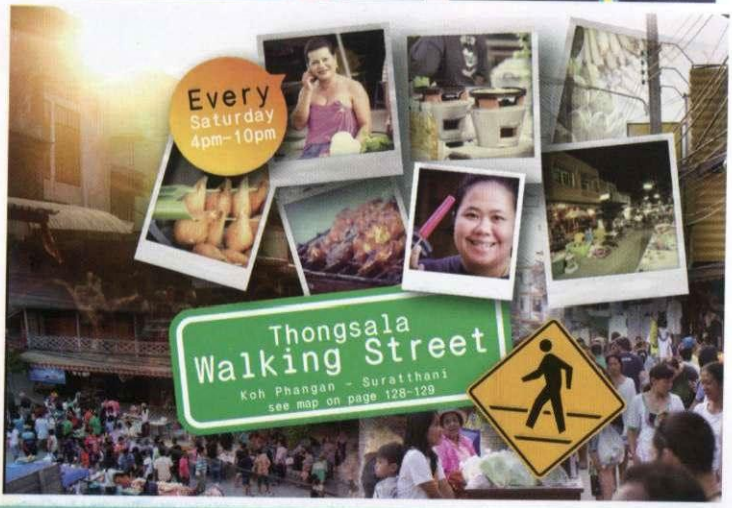
Reggae House, Haad Rin (below)
The *Reggae House* has a small dress shop selling accessories and clothes with reggae and funky party style. The shops are opposite the *Reggae House Bar*.

Kamala Healing, Haad Rin (p94)
08 7283 4365
www.kamalahealingcentre.com
100% natural coconut oil made locally on the island, crystal pendulums by *Workshop Silver*, handmade natural products by *Iyashi*, Palo Santo wood incense from Ecuador.






เกาะฉัน..
ฉัน
Koh Ngan..Ni T-Shirt
Koh Phangan T-Shirts
Various Design to Choose
Only on Saturdays
@ "Walking Street Market"
4 pm to 10 pm, see you!
Find us on facebook : Koh Ngan Ni T-Shirt
Full Moon Party
Koh Phangan Thailand
Full Moon Party
Koh Phangan Thailand


Every
Saturday
4pm-10pm
Thongsala
Walking Street
Koh Phangan - Suratthani
see map on page 128-129



Phanganer, Thongsala (above)
08 0534 5075
www.phanganer.com
Located on Talard Kao road - the oldest street of Thongsala (*see map on page 128*) - near the post office - *PHANGANER* clothing store offers you a unique collection of t-shirts, printed Thai fisherman's pants and accessories. For men and women - *Phanganer* - a 100% original brand from Koh Phangan island. Join us on Facebook.

Koh Phangan NI T-Shirt (left)
Walking Street @ Thongsala
Original t-shirt designs from Koh Phangan only available for sale every Saturday afternoon from 4pm at the walking street in Thongsala.

C&M Souvenir Shop (map on page 158)
Srithanu Village, 077 349233
www.drjiva.com
The shop is a part of *C&M Study Center*, that's why you can find here not only different crafts from all around the Thailand, but also handicrafts, made by staff and students. Lamps and lanterns, natural stone jewellery, Thai herbal skin and body care, different accessories and much more - the choice is so huge that it's impossible to leave with empty hands!

Pure Relax, Nai Wok (p97)
08 1621 1170
www.purerelaxspa.com
Pure Relax is a spa that also sells retail products such as coconut oil, moisturisers, scrubs and more.

Walking Street

Each Saturday Taladkao Road (*map on page 128*) in Thongsala springs to life with its weekly walking market. Vendors from across the island come to tout their wares that range from gourmet goodies, funky beach clothes, accessories and ethnic handicrafts.

With something for everyone, visitors can stock up on souvenirs or better still sample the best of local cuisine. Mouth watering treats include fresh sushi, spicy seafood salads and curries of every colour. When tired of the hustle and bustle, kick back with a beer at one of the surrounding bars and restaurants. The market is open from 4pm 'til late.

For photos *see left page*.

HEALTHY LIVING

WWW.PHANGAN.INFO

INTRODUCTION

Koh Phangan has always been a place for relaxation and reflection. The tradition is a part of the island's history as the island has previously attracted many people interested in the healing and spiritual arts, with numerous temples testament to this. While Koh Phangan is yet to have many spa resorts on the scale of our sister island Koh Samui; there are plenty of retreat centres, meditation schools and secret hideaways where one can find peace and space for learning in harmony with nature.

Wat Pho Herbal Sauna (see map p133)
Baan Tai

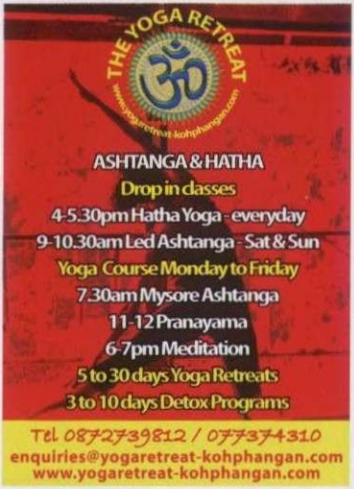
The herbal sauna is open every day 3pm-7pm and runs on donations - the sauna uses traditional methods by heating natural herbs such as lemongrass on a log fire. Nearby you'll also find the biggest tree on Koh Phangan, an amazing site of nature.

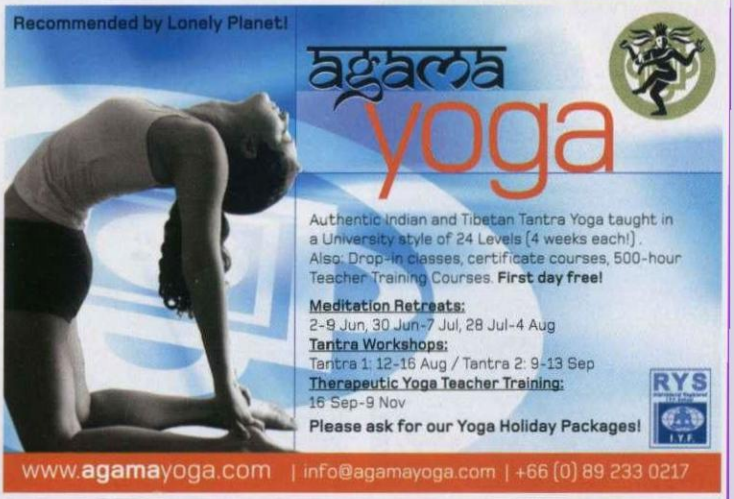


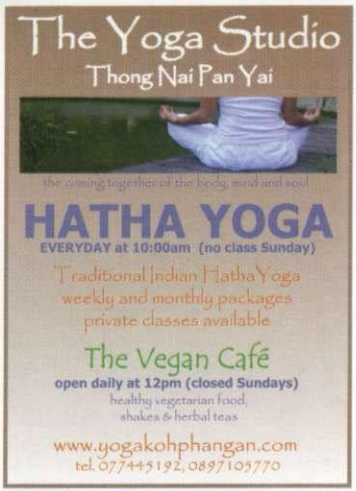


PLACES TO VISIT

Agama Yoga (below)
Srithanu, 08 9233 0217
www.agamayoga.com
Based on authentic Indian and Tibetan Tantric Yoga traditions, *Agama Yoga* practices the science of conscious evolution. A vast program of study is available from daily drop-in Hatha Yoga classes (only 400 Baht covers a full day of two Hatha classes and one lecture! Your first day is free!) to certified monthly intensive courses (ask for special accommodation/yoga packages), monthly workshops covering a range of esoteric subjects, and monthly silent meditation retreats. Yoga classes are from 08.30-10.30, 16.00-18.00 and the lecture from 18.15-19.30.





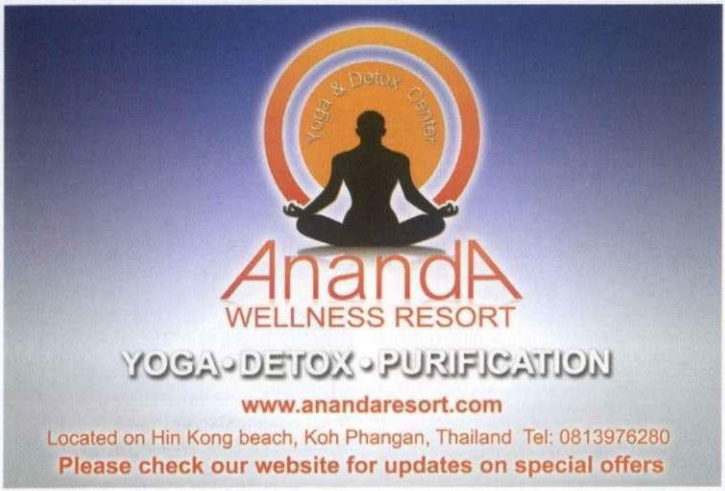


The Yoga Studio (left)
Thong Nai Pan Yai, 08 9710 5770
www.yogakohphangan.com
The Yoga Studio can be found in Thong Nai Pan Yai and is surrounded by stunning garden and swaying coconut trees, the perfect setting for enjoying a tranquil Yoga session. We specialise in traditional Indian Hatha Yoga and can handle beginners all the way up to the most experienced Yoga practitioner. Drop-in group classes are held every morning at 10am and are open to all levels. Private lessons are also available.

Siam Healing Centre (bottom left)
Thongsala, 08 9965 8752
www.siamhealingcentre.com
The peaceful space of *Siam Healing Centre* is an oasis for regeneration and rejuvenation. Massage courses by professional instructor. Massage treatments; Thai, Oil, Foot (Reflexology), Sport and Health Retreats. The inspiring Yoga classes include Hatha Flow, Ashtanga and Meditation (Monday - Saturday from 9:30am and 4pm). They also host competent Western Healers who provide a variety of effective therapies, such as Stress Reduction, Coaching, Detoxification and more.







The Yoga Retreat (p91)
Located between Haad Salad & Mae Haad
077 374310 or 08 7273 9812
www.yogaretreat-kohphangan.com

The Yoga Retreat is located on the northwest sunset side of Koh Phangan, with peaceful spectacular views of the jungle and just 1km walk from Haad Salad beach. It is a family business run by highly qualified Yoga Teachers. Offering classes and courses in Ashtanga Traditional Mysore style, Pilates technique or Hatha Flow. We have accommodation for those students wanting to do our unique yoga and/or detox retreat programs. There is a Vegetarian Restaurant that offers a wide range of healthy drinks and foods. Indian Buffet every Friday at 7pm and the herbal steam room is open Wednesday, Friday and Sunday between 2pm and 7pm.

Ananda Wellness Resort (above)
Ao Hin Kong, 08 1397 6280
www.anandaresort.com

Ananda Wellness Resort offers accommodation, detoxification programs, massage, salt water pool, free WiFi, a restaurant featuring vegetarian and vegan food and stunning sunset views over the bay. *Ananda* offer individualised and time proven detox and purification programs that integrate with a combination of all the levels of *Agama Yoga School*. Detox Programs range from 3½ days to 11 days using purification methods in addition to a daily yoga class; and may also include Candida management and parasite removal where required.

www.kohphanganthailand.com
Online Guide Book & Island Map Update Every 3 Months



Kamala Healing Centre (above)
Haad Rin, 08 7283 4365
www.kamalahealingcentre.com
Kamala Healing Centre is a tranquil oasis in the centre of Haad Rin town. Relax and enjoy various massage treatments such as Traditional Thai, Oil, Aloe Vera, Foot and Facials, given by qualified staff. Also on offer are various healing modalities; Reiki, Chakra Balancing, Theta DNA Healing, Sound Healing, Past Lives, Crystals, EFT, Reflexology, Ear Coning and more. Certified courses are offered in Reiki levels 1-4 and Ear Candle workshops.

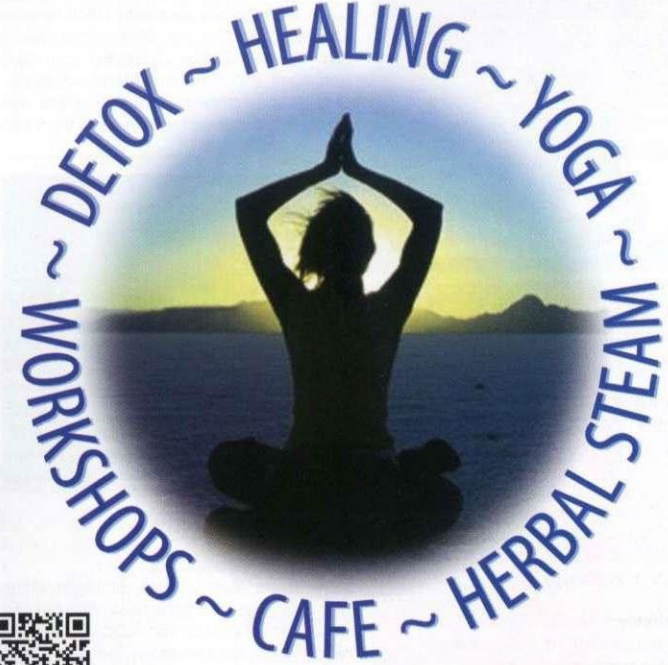
The Sanctuary (p03)
Haad Thian (east), 08 1271 3614
www.thesanctuarythailand.com
At *The Sanctuary* there are now yoga classes set up to help the beginners so you can learn to feed this practice into your life style and feel absolutely great. The class is everyday at 10.30am and is open to all ages and sexes! For those who are already on the yoga path there are two other classes at 8am and 4pm, which cater for all yogis. All the classes cost 250 Baht; not a lot to look and feel great! All classes are taught by qualified yoga teachers.



Orion Healing Center (right)
Srithanu, 08 9048 0020 or 08 9038 0085
www.orionhealing.com
The *Orion Healing Center* is located in Srithanu bay and specialises in detox, yoga, healing therapies and wellness retreats. Fasting, juicing and colonic cleansing detox programs are available to cleanse and heal the body, mind and soul. Reiki 1-Master courses taught weekly. Yoga is offered by donation Monday to Saturday. Herbal detoxifying steam room is open daily from 2 until 6pm. Raw food restaurant and juice bar available for health and well-being.

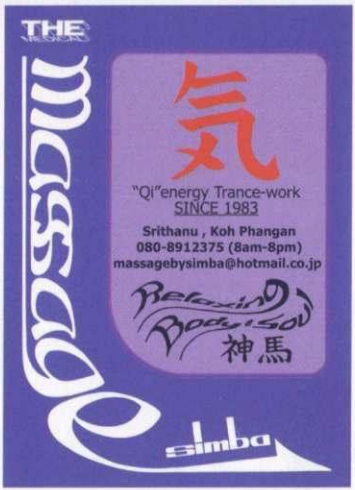


ORION
HEALING CENTRE
DETOX~WELLNESS~BALANCE



www.orionhealing.com

SRITHANU BEACH, Tel. : 0890 480020, 0890 380085, ORIONRETREAT@GMAIL.COM



Why so popular?

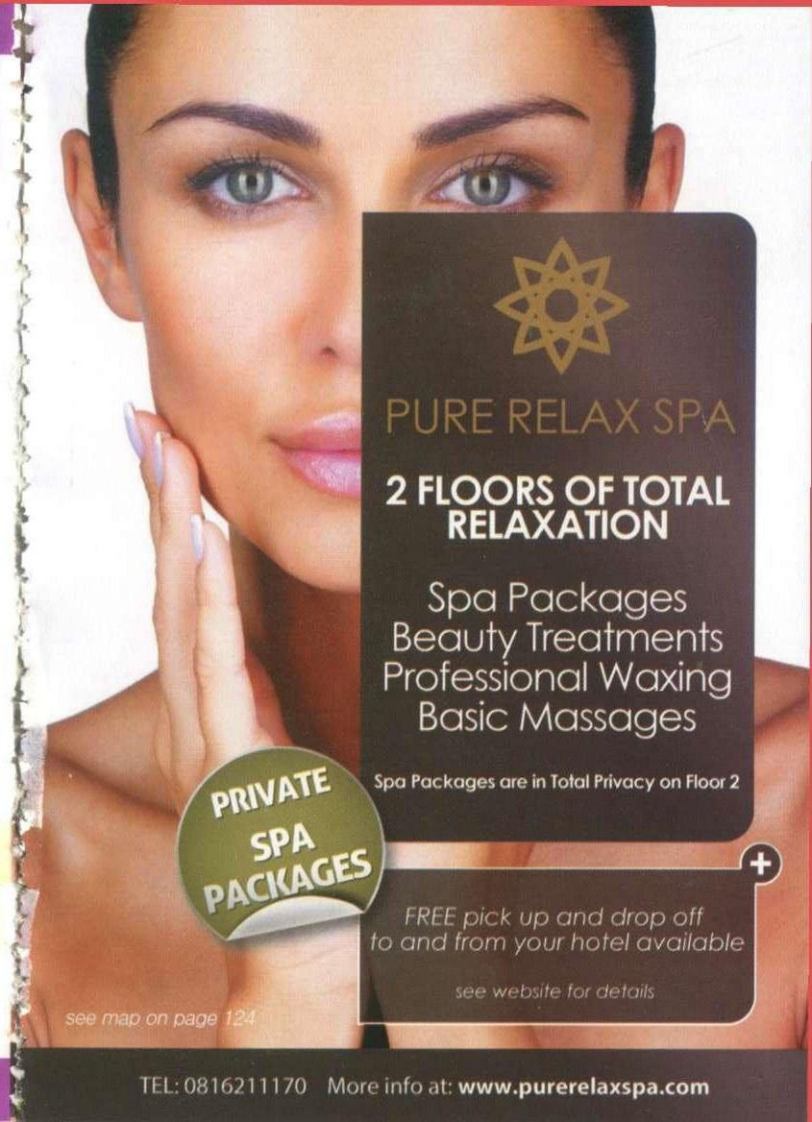
Compared to other popular travel spots, Koh Phangan is still very cheap for all sorts of health and spa related activities. Combine this with pristine beaches (that are almost empty during low season) and acres of untouched tropical rainforest and visitors to Koh Phangan can truly feel that they can get back to nature.

Whatever the goal - it could be to practice yoga, complete a meditation retreat or take part in a cleansing detox program - Koh Phangan keeps attracting people from all walks of life seeking that moment of peace to recharge their batteries and find some spiritual nourishment along the way.

Medical Massage by Simba (left)
Srithanu, 08 0891 2375
massagebysimba@hotmail.co.jp
The oriental medical massage grand master offers you specialised treatments "Qi-energy Trance-work" for long term physical body problems such as stiff muscular aches, joint aches, migraine, tinnitus, sciatica, scoliosis etc. One session takes about 2hrs. 1,500 Baht including next day free check up at Srithanu bay (opposite *Orion Healing Centre*) - look for the Chiropractor Simba sign. Contact Simba by phone from 8am until 8pm. This is not an ordinary massage, only serious problems are acceptable and highly recommended to take a few days rest after treatment.



Pure Relax, Nai Wok (right)
08 1621 1170
www.purerelaxspa.com
Pure Relax Spa on Koh Phangan offers a retreat into the sensual world. Let the centuries old beauty and health treatments from Southeast Asia relax and rejuvenate. It's an experience that you will surely return to, again and again. At *Pure Relax* we want relaxation and healing to start the moment you walk through the door. FREE pickup for package booking.


PURE RELAX SPA
2 FLOORS OF TOTAL RELAXATION
Spa Packages
Beauty Treatments
Professional Waxing
Basic Massages
Spa Packages are in Total Privacy on Floor 2
PRIVATE SPA PACKAGES
FREE pick up and drop off to and from your hotel available
see website for details
see map on page 124
TEL: 0816211170 More info at: www.purerelaxspa.com

www.kohphanganhealthyliving.com

Online Now



SPA RESORTS



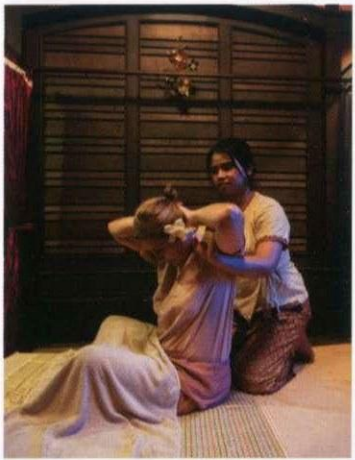
Cocohut Spa, Haad Leela (Inside Back)
www.cocohut.com
Set inside a unique clay cottage beside the sea, the *Cocohut Spa* provides a soothing environment to leave you to feeling inner happiness, and a refreshed mind, body and soul.

Bhuvana Spa (Best Western Phangan Buri Resort, p06)
Haad Rin, 077 375481
www.phanganburiresort.net
Best Western Phangan Buri's branded *Bhuvana Spa* offers to you enjoyable massage and spa moments. For example, after Royal Thai Massage enjoy the outdoor bath tubes or steam sauna to relax your body and mind.

Sarai Spa (Sarikantang, p01)
Haad Rin, 077 375055-7
www.sarikantang.com
Outside of Haad Rin town on the tranquil sunset beach at *Sarikantang Resort* you will find the *Sarai Spa*. There are excellent faciltiies including massage sala and herbal steam sauna. The accommodation at the resort starts from well-priced fan bungalows to modern air-con suites.

Nam Thai Herbal Spa (Buri Rasa Village, p14 & 15)
www.burirasa.com
The beachside *Nam Tai Herbal Spa* provides the perfect location to be pampered. Enjoy a deep relaxing traditional Thai massage or ask the spa to design a treatment program especially for you!

Grand Sea Spa (Grand Hill Hotel, p135)
Ao Nai Wok, 077 377776-7
www.grandsearesort.com
Situated on a hillside only 10 minutes walk from Thongsala, *Grand Sea Spa* offers personalised treatments by trained professionals.

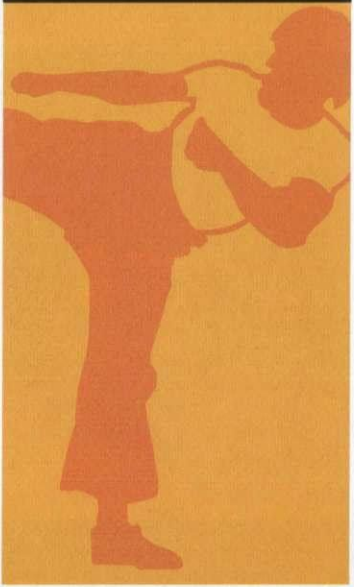


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ADVENTURE & ACTIVITIES

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INTRODUCTION



Koh Phangan is full of outdoor adventure and most of it can be done on a few Baht. Rich coral reefs run along the north-west coast of the island, supporting a vibrant underwater world making it an excellent place to snorkel and one of the cheapest and least-crowded places to dive in Thailand. There are fishing trips, around the island boat trips and loads of watersports on offer including kayaks, catamarans and fishing.

The island has acres of rich undisturbed tropical rainforest and a wild jungle interior. There are overnight mountain treks to the top of Khao Ra and coastline walks making it possible to beach hop round the whole island. You can find some amazing viewpoints from the mountains and several waterfalls, with some enticing enough to bring Thai Royal visitors.

There are also several Thai boxing schools, gyms and Thai boxing stadiums in both Thongsala and Haad Rin. Koh Phangan is great for cycling around and if you are an experienced motorcyclist it offers some fun rides. There are loads of temples to visit, spa and meditation retreats and it's also a pretty good place to do nothing at all!

MAP OF ACTIVITIES AND PLACES TO VISIT



ACTIVITIES

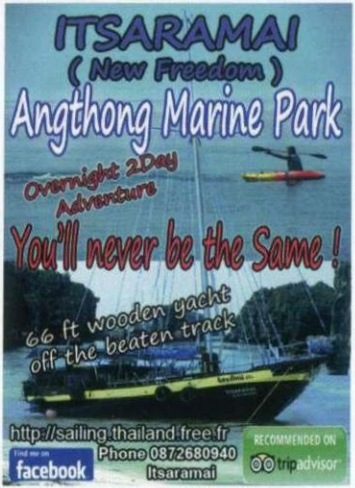
Beach Football & Volleyball (p115)
C&M Learn Thai Culture (p22)
FC Farang (p109)
Itsaramai Sailing (p102)
Just for Fun (p109)
Kiteboarding Asia (p105)
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Cocohut Spa (inside back)
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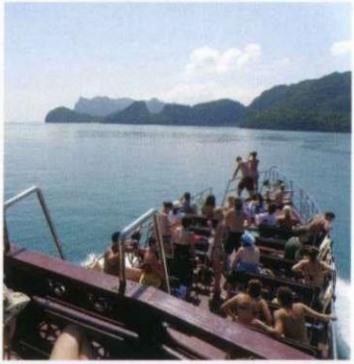


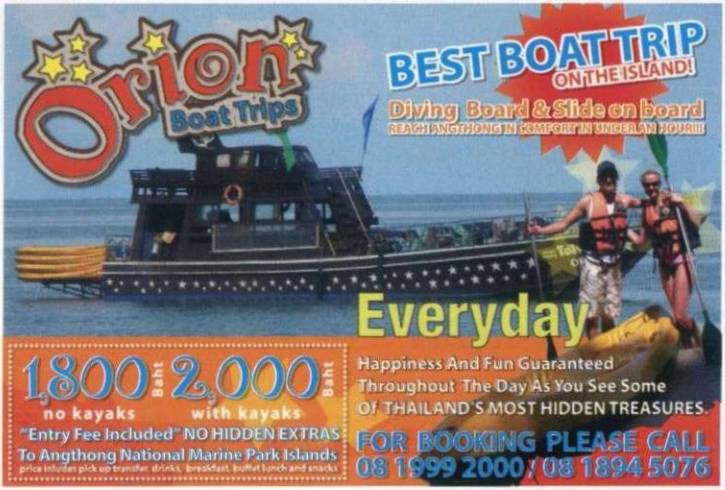
BOAT TRIPS

Easy to organise and perfect for those not planning to stay very long on Koh Phangan or just want to take a quick look around the island before deciding where to stay on longer. Boat trips can be arranged at most resorts and will leave late morning. Common itineraries for pre-arranged tours include Thaan Sadet waterfall, Thong Nai Pan, Haad Khuat (Bottle Beach), Koh Ma and Koh Tae Nok. If you are in a group, it is also possible to rent the boat for a day and arrange your own itinerary, but expect to pay a lot more. The boat will either be a traditional longtail or speedboat which will probably be able to take you further afield such as the Marine Park or Koh Tao.

Any deal should include lunch and other essential supplies. Be aware of the sun and wear a hat and a healthy layer of sun lotion or risk feeling the affects of heatstoke later on as most trips leave about mid-day. All organised boat trips run every day depending on the weather of course – if you have booked ahead only to find that it is wet and windy you will receive a full refund.

Itsaramai Sailing Yacht (left)
Thongsala, 08 7268 0940
Itsaramai is a beautiful 20m wooden yacht often sailing to Ang Thong Marine Park, an amazing small tropical paradise of more than 40 islands. Enjoy the high sea life off the beaten track, with an overnight 2 day cruise to let you discover the jewels in the Gulf of Thailand away from the crowd. White sand remote beaches, hidden lagoons, limestone caves, snorkelling, kayaking, and after the sunset try fishing squid before an unforgettable star lighted night. All cruises include insurance, entrance fees, taxi transfer, equipment, food and drinks (not alcoholic drinks). Also available as a private charter for 4 to 6 passengers, any destination you choose, 2 or more days. Spoken languages include English, French and Thai.





Orion Boat Trips, Thongsala (above)
08 1999 2000 or 08 1894 5076
www.phanganboattrips.com
Orion Boat Trips offer cruises to **Ang Thong National Marine Park** (*see page 118 for full review*) to see some of Thailand's most hidden treasures. With plenty of outside space and shade, this wooden cruiser offers a unique all day adventure, complete with light breakfast, buffet lunch, snacks and soft drinks, fruit and snorkelling equipment. Prices are 1,800 Baht per person or 2,000 Baht with kayaks, and includes all the marine park entrance fees. *Orion* departs to Ang Thong every Tuesday, Thursday and Sunday and is also available for **private charter**.

SCUBA DIVING & SNORKELLING



Koh Phangan is an excellent place to explore the underwater world. There is vibrant coral reef around the West and Northern coast perfect for snorkelling and learning to dive, while some of Thailand's premier dive sites are only a short boat journey away. *See page 36* for full review.

PHANGAN.INFO



SAILING AND WINDSURFING

There are a few places offering sailing trips and tuition, with one operation providing Hobie style Catamarans and Lazer sailing boats, available all year at Baan Tai and Ao Nai Wok beaches; ideal for learning or an exhilarating ride for the experienced sailor. Windsurfing is also becoming more popular and there are several schools and rental agencies on the island.

SL2K Adventure, Ao Nai Wok (above)
08 1090 0623 or 08 3390 3125
www.sl2kadventure.com
SL2K Adventure offers a range of activities; paddle board, sailing, windsurfing (courses from beginner to advanced, day trip, trek or rental equipment) and active holiday (bicycle, kayaking, snorkelling and hiking trips). The activities can be adjusted for all levels between 6 to 99 year old!



KAYAKING

Kayaks are available for hire on most beaches for Bt100 to Bt150 per hour. The obvious precautions should be observed such as covering your skin from the hot sun, allowing enough time for long trips (sunset rides are not advised) and taking water to drink. Also be aware of the currents and tidal drift, it can be easy to go in one direction and very difficult to come back.

The west coast from Wok Tum to Koh Ma offers some of the calmest seas and best beach hopping possibilities though if the seas aren't choppy, pretty much anywhere is good. Other popular routes are between Thong Nai Pan and Haad Khuat (Bottle Beach) and also from Chaloklum to Haad Khuat; or from Haad Rin it is easily possible to make it around to Haad Khontee and further on to Haad Thian and Haad Yuan - but don't depart too late in the day.





KITEBOARDING

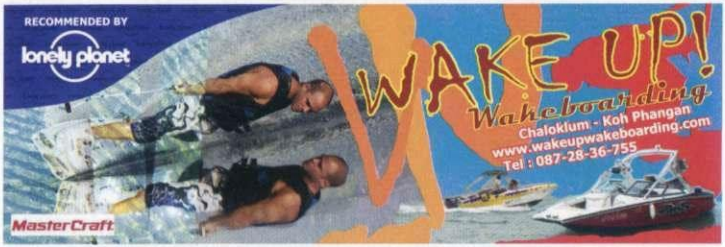
Kiteboarding Asia (above)
Baan Tai, 08 0600 0573
www.kiteboardingasia.com

Kiteboarding Asia (KBA) is the only IKO School (International Kiteboarding Organization) in Thailand, and hosts a shop with the biggest selection of kites and boards to buy or rent in Asia. *KBA* is the biggest certified IKO center in Asia with 8 locations in Thailand to assure you the best teaching depending on time, wind strength and direction. The *KBA* center on Koh Phangan is located 100 meters from *Hard Road Café & Villa* and opposite PTT gas station at Baan Tai (*see map on page 132*). *KBA* will teach at different beaches all throughout the year to be in the best teaching area depending on wind conditions. During low tides, *KBA* can provide landboarding by kite such as kiteskating and buggy courses.

KBA is the only kite school on the island with IKO certified instructors.



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WAKEBOARDING

Wake Up! Wakeboarding (above)
Chaloklum, 08 7283 6755
www.wakeupwakeboarding.com
Wake Up! Wakeboarding is the only professional set up in the Gulf of Thailand, with English speaking instructors, Mastercraft X Star tow boat with tower and ballast, top brand equipment and most importantly passion for the sport. Wakeskate, Water/ Monoski and Kneeboards also available. Come check us out at the *Wake Up! Bar* in Chaloklum Village (*see map page 162*).

WIPEOUT

Phangan Wipeout (right)
Laem Son Lake, 08 9730 0081
Phangan Wipeout is the new and legendary adventure obstacle course on water. Test your skills and see how quickly you can complete the tricky and exhilarating course. Comprising of rope swing, trampolines, climbing wall, rolling barrels and many more. Beat the clock and earn yourself a place in the *Phangan Wipeout* leaderboard wall of fame! After the workout take a break and fill up in the *Lake Hut* restaurant (*see page 69*). Happy Hour every day between 5pm and 7pm.

FISHING

Fishing can usually be organised through your resort and is often a short trip in a longtail boat out to a few local fishing spots. The normal equipment is a handline on a basic trip, so if you are looking for something a bit more high-tech ask around or go to a travel agent. There are plenty of operations with good rods and equipment and if you are willing to travel to the best spots and night fish, you may net a 20kg Mackerel or a 10kg Barracuda. If organised at a resort it should also be possible to have a BBQ on the beach in the evening.

Fishing off the rocks on the coast can also bring a good catch; just ask a local where to set up - be warned it is illegal to go fishing in the marine rich waters around Koh Ma. Don't forget to cover your skin, bring enough water to drink and take care of the coral.

If you fancy a good laugh, then head up to Chaloklum (*see page 162*) for a spot of squid fishing. Chaloklum is well-known throughout the area as an excellent source of squid. If you look out to sea after dark you will almost certainly see the bright lights from the squid boats shining in the distance. If you are interested in trying it out just ask some of the local people for more details.

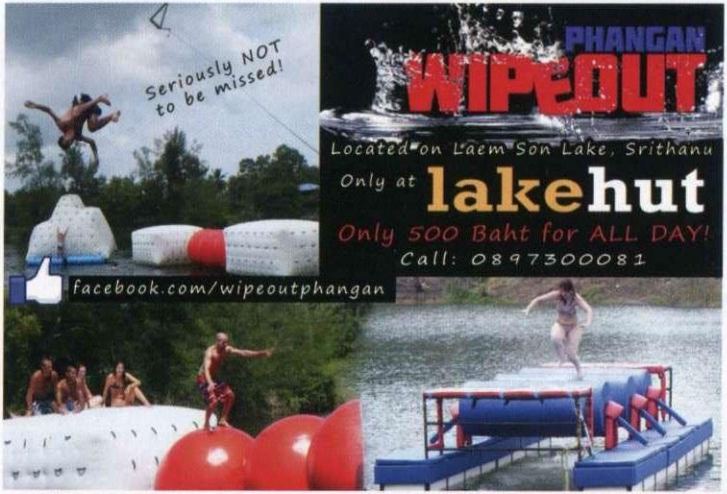
MOUNTAIN BIKING

Bikes can be hired in most towns and villages, just ask around; the quality varies but there are some reasonable machines out there. If you are staying long term there are several shops in Koh Phangan that stock authentic bikes and they can usually be sold on before you go home. Prices range between Bt100 to Bt150 per day (prices are negotiable on monthly rentals).

Apart from Baan Khai to Thongsala and on to Haad Yao, the island is predominantly hilly, thus be prepared for a work out if you cycle elsewhere. Always remember take plenty of water, head wear (helmet advised – the hills give you a lot of speed) and sun-cream.

There are no official tracks, though that can only be a matter of time, but any non-concrete road in the hilly areas is a good ride, especially the Thong Nai Pan and Thaan Sadet roads. Otherwise there are loads of trails to discover, just get those wheels rolling.







SHOOTING RANGE

Phangan Shooting Range (above)
Haad Rin, 08 0328 5555
The first shooting range in Koh Phangan, fully equipped with a variety of firearms and bullet sizes to suit all your Hollywood desires, whether it is pistols or revolvers, rifles or shotguns. All our staff are fully equipped with safety and equipment knowledge, where you can rest assure that you are in the safest and most professional hands.

FITNESS GYM

The Press, Chaloklulm (see map p162)
08 4889 3082
www.thepresskohphangan.com
Features all new high-quality cardio gear, training machines and ample free-weights to satisfy those looking to either keep trim or get big. *The Press* is air-conditioned and the scenic view makes for an exceptionally comfortable place to work out while visiting the picturesque north coast of Koh Phangan.



THAI BOXING (MUAY THAI)



Koh Phangan, like the rest of Thailand, loves its Thai Boxing; there are four stadiums in Thongsala (*see page 128*), Three stadiums in Baan Tai (*see page 132-133*) and two in Haad Rin (*page 146*) so you'll easily be able to catch a fight during your stay.

There are usually about six fights a night with local and visiting Thai fighters and a few Farang (foreigners). To find out when the next big night is, try and decipher what one of the pick-ups with really tinny speakers is saying, look out for the posters or ask around. Price on the door is usually Bt650.

If you want to learn the noble art, there are a few good schools on the island with English speaking tuition and some very good facilities.



CANOPY ADVENTURE

Just For Fun - Canopy Adventure (above)
Baan Tai - Thong Nai Pan, 08 7908 8610
Just for Fun makes you discover the other face of Koh Phangan. Its beautiful tropical rainforest surrounding the mountain in the heart of the island. Make a round trip through 8 cable walkways and zip line. *Just for Fun* provides safety equipment with the best standard and trained staff. Managed by French staff to ensure safety. No climbing experience needed at all. Situated at 330m high in the mountains with breathtaking views.

Chillax and enjoy the sea view while having a cool drink in the garden bar! Open every day from 10am to sunset. Find them on top of the mountain up the Baan Tai to Thong Nai Pan road approximately 1000m after the elephant camp on the left side.



FC FARANG FOOTBALL



FC FARANG is a social football club made up of expats and islanders alike, who meet up 3 times a week; Monday, Thursday and Saturday from 4:30pm onwards. Playing at either Baan Tai High School (*see map p132*) or Maduawan School (*see map p124*) depending on pitch conditions. A 50 Baht contribution is asked for at every training session which goes towards the daily operation of the club.

Check out *www.fc-farang.com* or call our phone on 08 5654 8399 if you feel like joining us for a kick about. ALL WELCOME!

TREKKING



Many parts of Koh Phangan are still untouched, which makes it perfect for trekking and camping. Most trekking routes are along the eastern coastline that link up peaceful coves and beaches, although there are also some fun treks in the jungle interior around the tallest mountain Khao Ra and Phaeng Waterfall National Park.

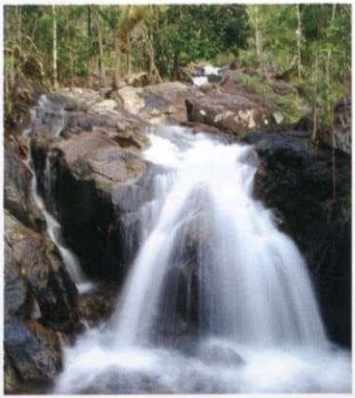
WARNING: Please remember that it is easy to become lost, so if you are inexperienced please don't trek alone. Local guides can be found at **Phaeng Waterfall National Park** (Tel: 077 238275) - expect to pay about 500 Baht per day. If trekking alone or without a guide remember to take plenty of supplies, especially water and some high energy food.

Khao Ra (see opposite)
Central
The highest peak on Koh Phangan, Khao Ra stands at 630m and offers a fantastic viewpoint overlooking Chaloklum and Thong Nai Pan for those willing to climb to the top. On a good day with clear visibility you can see Koh Tao. The route is not too strenuous, but the path can be difficult to follow at times.

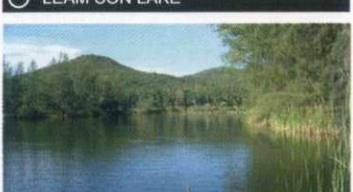
Phaeng Waterfall National Park
South West
The waterfall itself is a good attraction to visit, but walk further and there are many easy to follow paths leading up the mountain to an excellent viewpoint. Upon reaching the top there is still another longer well-marked trek for those who want to explore further.

Bottle Beach (see page 163)
North West
Easy to trek in about 2 hours, leaving from the western end of Chaloklum follow the dirt-track around to Haad Khom (which also has excellent snorkelling) and then becomes a narrower winding path sharply uphill and onto Bottle Beach.

Haad Yuan & Haad Thian (see page 151)
South East
A popular trek from Haad Rin that takes approximately 2 hours. The first part is hard-going, but once at the top of the mountain there are beautiful views over Haad Rin and beyond to Koh Samui. After this, follow the "green dots" along the mountain plateau which will eventually descend to the beach Haad Yuan. Only a little further is Haad Thian. Cheap bungalows are available on both beaches for an overnight stay.



LEAM SON LAKE

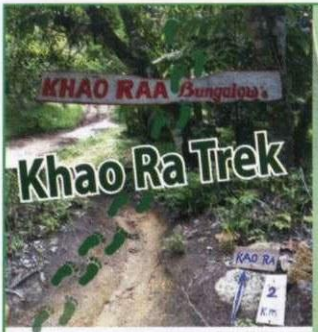


Laem Son Lake is a popular place to cool off during the hot months and relax under shady pine trees; there are a few rope swings for high diving into the lake and *Phangan Wipeout* (*see page 107*) adventure course. If you do decide to swim be careful; only strong swimmers should attempt to swim across the lake and the rope line across the lake is only a guide, not a safety rope; Laem Son is also a protected area - so no fishing allowed.

No Water

If you are visiting any of the local waterfalls remember that most will normally run dry from March to June. Only *Thaan Sadet* (*see page 113*) will be guaranteed to have water all year. The reason is the heavy rains tend to be during November and December making waterfalls most spectacular up until late February.

At *Phaeng* waterfall (*see below*) there are plenty of nature trails worth exploring and you will often come across smaller pools suitable for bathing even during the dry season. There are several viewpoints further up the mountain which makes the trip even more worthwhile. Always stay near the footpaths to make sure you don't get lost.



What to bring:
At least 1.5 litres of water per person
Packed lunch or fruit snacks to eat on top
Jungle formula mosquito repellent
Sun cream, small towel and hat
Good walking shoes
Camera

Climbing Khao Ra brings spectacular panoramic views over Chaloklum and south west Koh Phangan. On a clear day you can see the mainland, Koh Samui, Ang Thong Marine Park and Koh Tao.

Directions: 1.5km from the main ring road to Chaloklum, turn right at *Khao Ra Bungalows* sign and continue 300m down a dirt road track until you reach the entrance to the bungalows then turn left up a smaller track heading uphill to reach the reservoir after about another 400m. Cross the bridge over reservoir and follow the painted "Khao Ra 2km" sign up into the jungle canopy. The path is wide and marked along the way making it easy to follow. On the way back down drop by the restaurant at *Khao Ra Bungalows* for a cool drink and some chill time in the hammocks.

Warnings: Not suitable for small children due to steep climb and remoteness. Start early to avoid the heat and give plenty of time to make it back before dark. Allow around 2 hours to get to the top and another 1½ hours back down. Always inform a friend or the hotel staff before you leave.

WATERFALLS



Phaeng Waterfall (*South West*)
One of the island's grandest waterfalls is a steep 250m walk up a jungle trail, but once there it is quite an impressive fall. Walk a further 200m up the path and it brings you to a fantastic mountaintop viewpoint. Nearby, there is also a long winding foot trail that leads up the mountain Khao Ra peak and viewpoint (*see page opposite*).

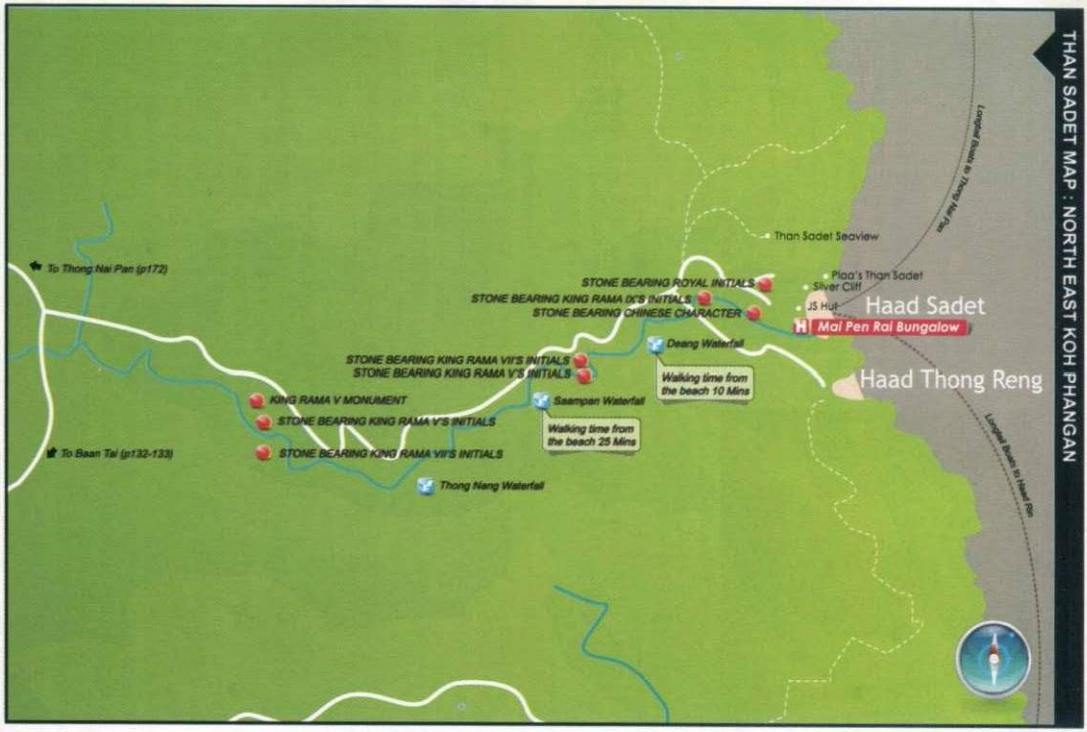
Wang Sai (*North East*)
Wang Sai waterfall is situated on the north-west coast of the island near Mae Haad. It flows best after heavy rains and has a number of pools to cool off in. It certainly isn't the biggest waterfall on Koh Phangan, but it's a beautiful stretch of fresh water in a lovely spot. See the *map on page 160*.

Thaan Prawet (*North East*)
Thaan Prawet is another long scenic series of waterfalls that can either be accessed from Thong Nai Pan Noi beach or from the main road above the bay. It runs for about 2kms and is quite a hard climb further upstream, though there are some great places to chill from the very start of the falls.

Thaan Sadet (*North East*)
Thaan Sadet waterfall was first visited by Thai Royalty in 1888 when King Rama V left an inscription on a rock that remains today; he revisited the same spot more than 10 times. The present King Bhumibol has also been to this sacred series of falls, where the river waters are used in certain Royal Ceremonies that obtain water from only a few sources around Thailand. It is a fairy tale of huge granite boulders and multitudes of fresh water pools and can be walked its full length of 3kms. The falls are more like huge stepping stones and can be approached from numerous places; either from the magnificent beach of Haad Thaan Sadet or on the road into Thaan Sadet (beware; only experienced motorcyclists should attempt the Thaan Sadet road, otherwise take a boat, taxi or hire a jeep). *See the map opposite.*



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PHANGAN.INFO on Facebook


THAN SADET MAP : NORTH EAST KOH PHANGAN
To Thong Nai Pan (p172)
To Baan Tai (p132-133)
Than Sadet Seaview
Plaa's Than Sadet
Silver Cliff
JS Hut
Haad Sadet
Mai Pen Rai Bungalow
Haad Thong Reng
STONE BEARING ROYAL INITIALS
STONE BEARING KING RAMA IX'S INITIALS
STONE BEARING CHINESE CHARACTER
Deang Waterfall
Walking time from the beach 10 Mins
STONE BEARING KING RAMA VII'S INITIALS
STONE BEARING KING RAMA V'S INITIALS
KING RAMA V MONUMENT
Saampan Waterfall
STONE BEARING KING RAMA V'S INITIALS
Walking time from the beach 25 Mins
STONE BEARING KING RAMA VII'S INITIALS
Thong Nang Waterfall
Longtail Boats to Thong Nai Pan
Longtail Boats to Haad Rin

TEMPLES



There are more than 20 temples around the island and all welcome well behaved visitors. Not only are they great historical and spiritual places, but they are also at the centre of the Thai community and often have temple fairs with dancing, singing, markets and stalls.

When visiting temples, please respect the Buddhist and Thai culture; always wear a shirt that covers your shoulders, shorts are ok but not too short, no shoes or headwear in the temples and never point your feet at any Thais, especially a Monk (sit cross legged or make a kind of "sitting kneel" with your legs under you and your feet pointing to away from the monks; never touch a Thai on the head either). Women cannot touch the monks, so if you wish to pass anything, do it via a male friend or put it next to the monk with your right hand.

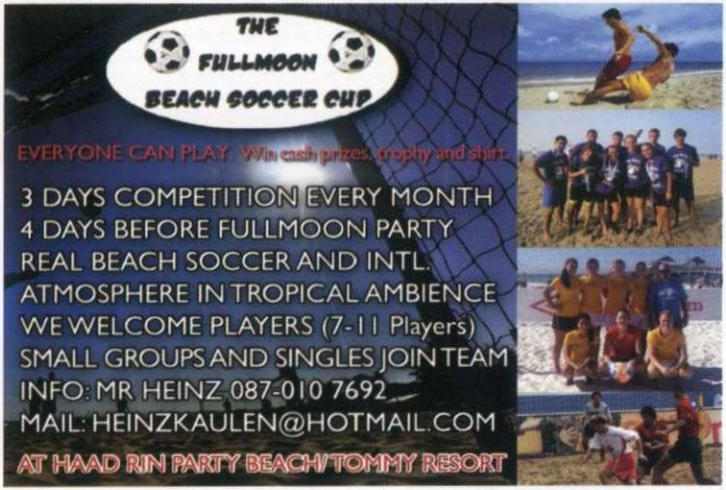
Chinese Temple (*North West*)
The Chinese Temple exists today because of the faith of Mrs Malawan. In 1990, when Koh Phangan was still largely without electricity, Mrs Malawan came to Sangthom Temple on Koh Phangan for a ceremony of presenting the robes to the priests. During one night, sleeping outside with friends, Mrs Malawan dreamt about the Chinese Buddha, Jaomae Kuanim. The Buddha told her to build a firelight for the people. Mrs Malawan then returned to Bangkok to raise the funds and building was completed in 1992 (open from 8.00am to 5.00pm).

Wat Phu Khao Noi (*South West*)
Wat Phu Khao Noi is the oldest temple on Koh Phangan and is situated on top of a hill just outside Thongsala near the hospital. It has some very interesting ancient buildings and Chedis, as well as amazing views over the island and beyond. The head monk there also speaks a bit of English; it's worth noting that the monks are only really around in the morning, though you can still visit until late in the afternoon.

Jade Buddha (*Central*)
Near the entrance to Phaeng Waterfall, the Jade Buddha can be found on top of a small hill in the temple grounds.

Wat Khao Tam (*South West*)
Wat Khao Tam is a great viewpoint in Baan Tai, easily accessible on a moped; as are many of the sunset bars on the Nai Wok hillside. Haad Rin has viewpoints at either side of Haad Rin Nok and on the road out of Haad Rin. But in fact there are viewpoints pretty much anywhere on the island, just stop for a minute to appreciate it.

Wat Pho (*South West*)
Wat Pho is located at the start (and level section) of the Baan Tai to Thong Nai Pan road where the monks operate a traditional herbal steam sauna. Natural herbs such as lemongrass and other Asian remedies are heated by a log wood fire, creating steam that is filtered into the sauna. The herbal system has many health benefits from helping to reduce high cholesterol levels to improving skin conditions such as dry skin and eczema (open from 3-6pm).



BEACH FOOTBALL

The **Full Moon Beach Soccer Cup** has been organising tournaments on Haad Rin Beach opposite *Tommy Resort* now for 5 years and it has gained an enormous following; with numerous local and guest teams competing in front of big crowds over the four day duration of each monthly tournament. Each team consists of a minimum of 6 and up to 11 players, with 5 on the pitch and the remainder in reserve. **Everyone is welcome** to enter the event, which finishes before the Full Moon Party kicks off; and with time to sign in from **12pm**, games starting at **2pm** and finishing at sunset; it's got a hangover friendly format!

One of the reasons for the Cup's great popularity is that if you don't have a team, they will help organise one for individual players or smaller groups. All interested parties should contact Mr Heinz during the first three days of the tournament. It's also a fully international affair and a great spectator event for those who prefer the terraces; with high quality goods and gifts from the sponsors and cash prizes for winners!

BEACH VOLLEYBALL

Every month running parallel with the *Full Moon Beach Soccer Cup*, Koh Phangan welcomes 3 days of sun soaked Beach Volleyball heaven. Everyone can join the **Beach Volleyball Festival** 2 on 2 competition - International Beach Volleyball rules - fun competition, not serious, anyone can do it! **BIG** prize money for the winners. Final games under flood light in the evening.

JEWELLERY WORKSHOP

Workshop Silver, Thongsala (p87)
08 6096 1580 or 08 9034 6036
www.workshopsilverkohphangan.com
Learn the techniques of traditional jewellery making using heat and silver as well as setting stones to create your very own one of a kind silver jewellery - this is a hands on course and your creation is is yours to take home at the end of the lesson! If you are tired of the commercialised silver jewellery sold everywhere, explore your creative side on these 1, 2 or 3 day courses. No experience is necessary, free pick up and drop off from your resort, courses start at 1500 baht. Please book early to avoid disappointment as places are limited.



COOKING COURSES

My Wok and Me (right)
Thongsala, 08 7893 3804 / 077 377846
www.mywokandme.com
One of the islands most popular and highly recommended activities! *My Wok And Me* offer quality cooking classes at it's new location in Thongsala. Fully trained English speaking chefs and a new and special designed school kitchen ensure a perfect day for all gastronomic lovers. The course includes a guided bicycle trip to the local market where you purchase your ingredients and taste some of the tropical sweets and fruits. Prepare and cook, then sit back to eat.

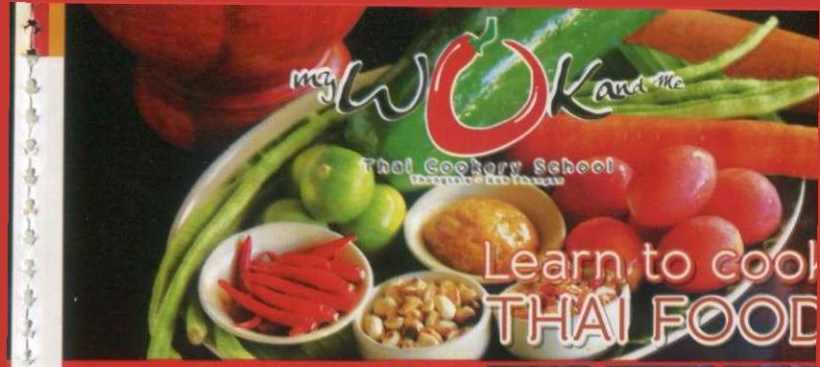


C&M Cooking Class, Srithanu (p22)
08 9487 6207
C&M Cooking Class teaches some of the most popular Thai dishes that are famous around the world. All the classes are private and when people ask "*How it is different from other schools?*" there is an easy answer; the lessons are fun, full of positive energy and good emotions! After the class you taste your meal, share it with friends, or take it to your place.

BODY TATTOO ART

Reggae House Bamboo Tattoo Studio
Haad Rin (p87)
Thinking of getting a tattoo whilst on holiday? Then why not get it done the original way with a traditional freehand Bamboo tattoo. *Reggae House* offers free consultations, and can do cover ups or custom drawn designs in any style you choose.

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Course Includes

- Bicycle trip to the local market
- Guided market tour, where our chef explains all you need to know about Thai herbs, vegetables, seafood etc.
- Exotic fruit tasting
- Prepare, cook and enjoy traditional Thai food in our fully equipped & special designed kitchen
- "Easy to follow" recipes

* Vegetarian menu available
* Fruit & vegetable carving course available

with 3 English speaking professional chefs, all certified to train, we are PHANGAN'S LEADING cooking school!

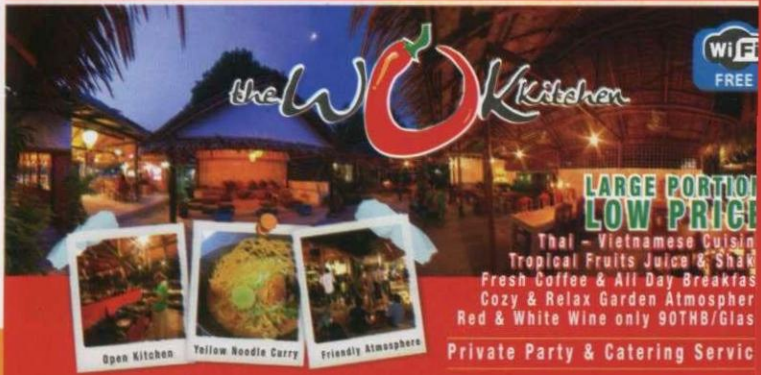




Contact numbers :
Chef Thip : 08 7893 3804
Office : 077 377 846

Free pick up in
Haad Yao, Haad Salad, Chaloklum, Thongsala, Baan Tai, Haad Rin

www.mywokandme.com
facebook : mywokandme



ANG THONG MARINE PARK TRIPS



Ang Thong is a true natural wonder unique to the Gulf of Thailand; consisting of over 42 individual islands and easily reached from Koh Phangan by speedboat or cruiser it is a popular destination for travellers looking to explore this magical place. A few of the highlights include:

Viewpoint on Wua Ta Lap

Wua Ta Lap is the Marine Park Headquarters and consists of an open area with information centre, restaurant and a few modern bungalows. It is a steep climb to the viewpoint and lots of water and shoes are definitely recommended - the hard walk will will be rewarded by some stunning views.

Camping on Koh Mae Ko

There are only a few beaches in the Marine Park that tourists are allowed to camp and faciltilies are actually provided on request - swing in the hammock under the stars with a warming camp fire and BBQ in the evening. Call direct for bungalow reservations on 025 620760 or to arrange a tent 077 286588.

Inner Sea (Emerald Lake)

Don't miss the famous saltwater Emerald Lake. Hidden from view and accessed by a narrow pathway, it is a natural wonder. No swimming allowed.

There are several companies that can arrange trips to the marine park, some will do a standard 1-day trip which includes visiting a few attractions, lunch break and a bit of snorkelling. For those that want more adventure it is possible to stay overnight at the marine park in basic accommodation. All tour packages should include the entrance fee of 200 Baht per person.

Orion Boat Trips, Thongsala (p103)
077 445 090 or 081 894 5076 (Eng)
www.phanganboattrips.com

Orion Boat Trips offer regular cruises to Ang Thong National Marine Park. With plenty of outside space and shade on the boat, this is a unique all day adventure, complete with light breakfast, buffet lunch, snacks and soft drinks, fruit and snorkelling equipment.

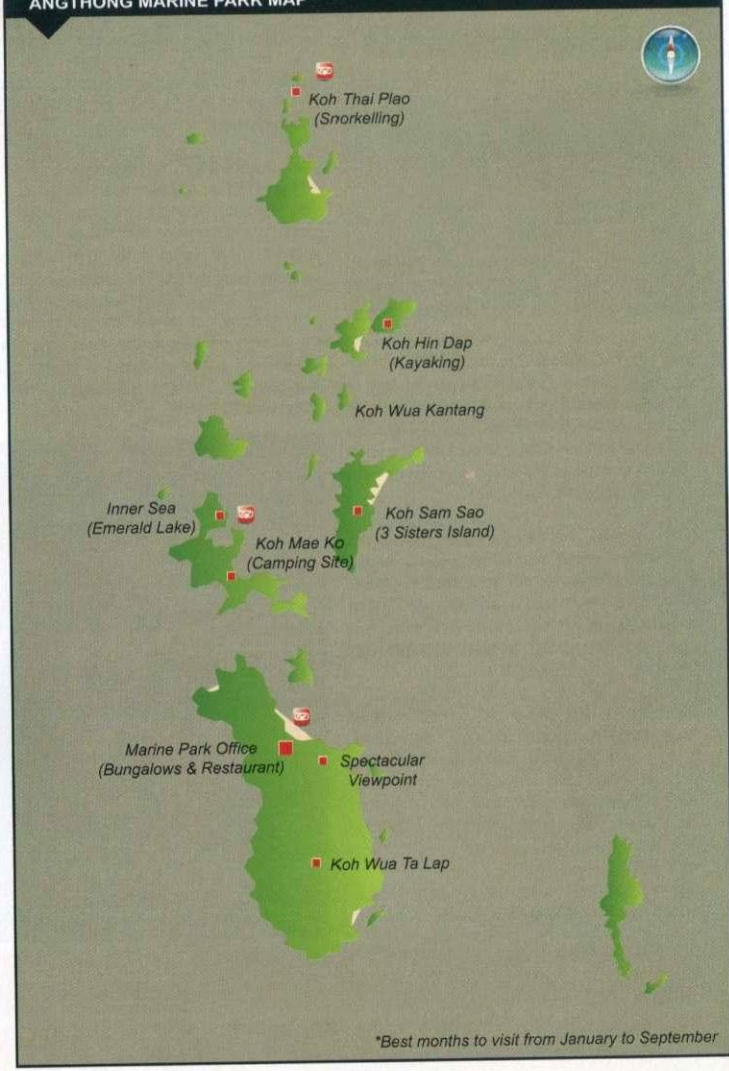
Itsaramai Sailing Yacht (p102)
Thongsala, 08 7268 0940

Itsaramai, a beautiful 20m wooden yacht, runs overnight 2 day cruises to Ang Thong Marine Park.





ANGTHONG MARINE PARK MAP



KOH NANG YUAN DAY TRIP



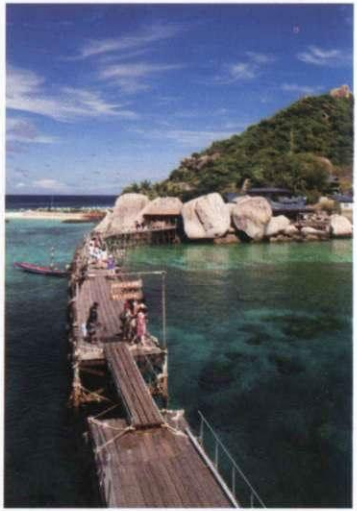
Koh Nang Yuan is a unique island paradise that is both a haven for marine life and an eco-resort, allowing visitors to stay on one of the three islands that make the place one of the wonders of South East Asia. Located off the coast of Koh Tao, the ocean's currents have interacted with the three peaks to form sandbars that link each island.

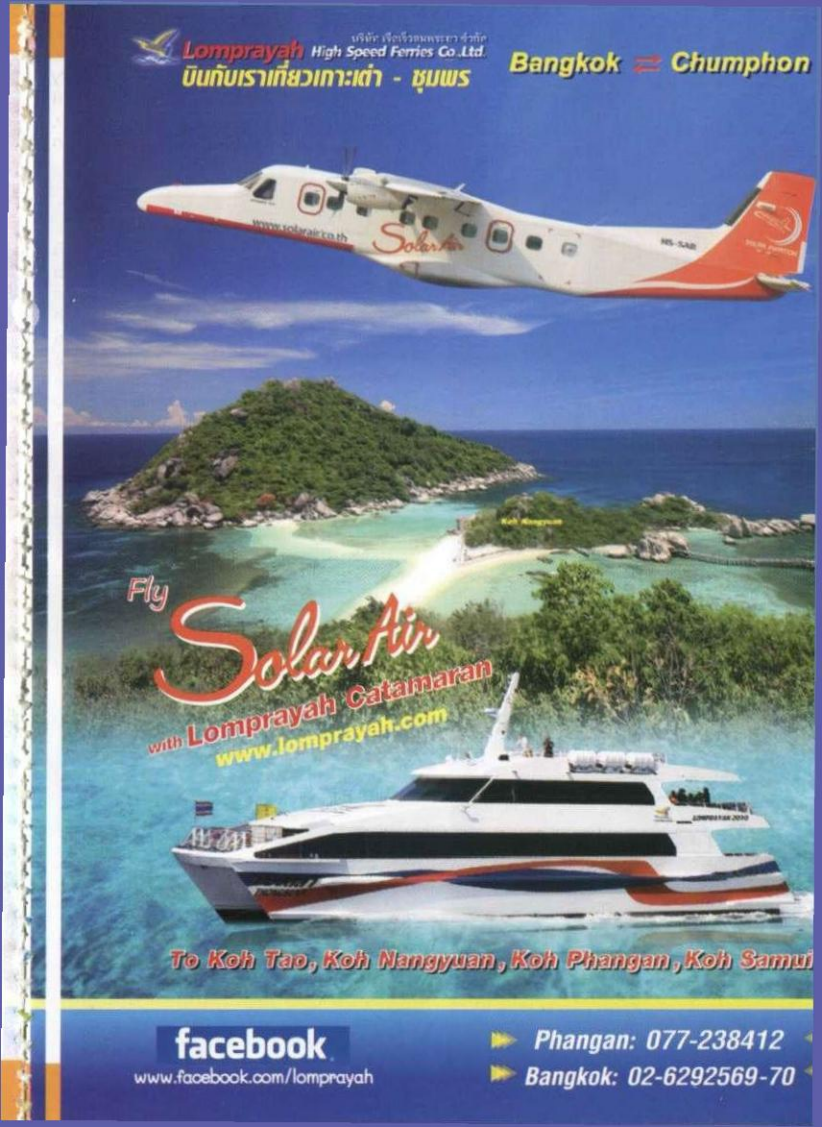
In the waters that surround the islands an incredibly diverse array of tropical marine life form an underwater paradise that is vibrant with colour from corals and fish alike. It is a fantastic place to snorkel and dive, but can get a little corded at peak times in high season.

All visitors to the island are asked to refrain from bringing plastic bottles, cans and other non eco-friendly items with them and are also expected to respect the pristine environment. Do not stand on the corals, take any shells or corals from the beach or feed the marine life.

Visitors can either spend the day at the islands on one of the high quality tours that come to Nang Yuan daily; or alternatively they can stay at the luxurious resort that makes the most of the amazing geography, dividing the site into three budgets based on which island you are staying on.

Lomprayah Day Trip (right)
077 427765 or 077 427766
The efficient, friendly, high tech and high speed *Lomprayah Catamaran* crew run a good value day trip to Koh Nang Yuan and the best snorkelling sites around Koh Tao. The fully loaded catamaran has an aircraft style lounge and carries snorkelling equipment and kayaks for guests use. There are daily departures from Thongsala's new pier at around 8:00am returning to Phangan at around 16:00pm.




Lomprayah High Speed Ferries Co.Ltd.
บริษัท เจ้าพระยาไฮสปีดเฟอร์รี่ จำกัด
บินกับเราเที่ยวเกาะเต่า - ชุมพร
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Bangkok: 02-6292569-70

GUIDE TO SOUTH WEST

WWW.PHANGAN.INFO

INTRODUCTION



The south west of Koh Phangan is the island's biggest lowland area and was the earliest settled with the first main town in Wok Tum, not far from Thongsala where it is now. The inland areas are a melting point of rivers and streams that spring from the surrounding mountains and the fertile plains are home to many small villages.

Thongsala became the island's capital around a hundred years ago and serves as Koh Phangan's main communication, services and transport centre. It has the islands main banking services, an excellent variety of cosmopolitan restaurants and some good bars. The shopping in Thongsala tends to be better value than neighbouring islands, where most shops have low fixed prices and there are also some good boutiques with interesting and unique clothes and crafts. Internet and telephone services are cheap,





the main Post Office and Police Station are here and Thongsala has no less than three fresh markets, several decent supermarkets including Tesco Lotus, and more than ten ATM machines. The road network of the island meets in Thongsala, thus it provides easy access to virtually any point on Koh Phangan, by land or sea. It is the main taxi pick-up point and it has numerous guesthouses and two hotels, useful for overnight stays to meet travel connections.

The coastline takes on two different personas either side of Koh Tae Nok and Koh Tae Nai, the islands in front of Thongsala. Up the coast, starting at the northern end of Ao Nai Wok, there are steep hills and rounded volcanic boulders around the south-west's only mountain, Khao Hin Nok. The coast is broken up by rocky outcrops and the odd cluster of mangroves, with small coves and idyllic views over Ang Thong Marine Park.

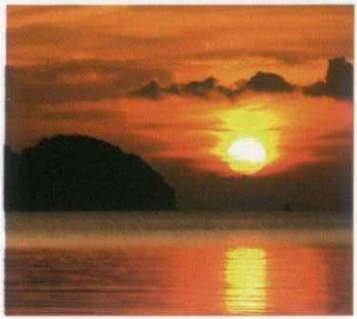
South of Thongsala, the coastline is a lot straighter with an unbroken stretch of sand all the way up to the start of the Haad Rin hills. The surrounding flat land has all been used for coconut farming and long stretches of beach allow for a decent amount of space between the resorts, many offering high standards of accommodation.




SOUTH WEST : AROUND THONGSALA
To Srithanu (p158)
To Haad Mae Haad (p160)
Koh Phangan Hospital
Ao Wok Tum
Baan Wok Tum
PAC
Car Wash
Mini Golf
Sukko Resort
Phangan Golf Range
Wat Ampawa
Wat Phu Khao Noi
To Chaloklum (p162)
FC Farang
Cyana Beach Resort
Keat Bungalow
Tarathip Resort
Chai Bar
OK Bungalow
Baan Ban Khao
Golden Hill Resort
Sabai Beach Resort
Sea Scene
Sea Sunset
Kupu Kupu
Armsterdam Bar & Stone Hill Resort
Shambhala
Rocky Bar
Sea Rock Resort
Top Rock Bar
Kitchen Ware Furniture Shop
Cookies Bungalows
Ao Plaay Laem
Beach Vo
Monte Vista Retreat Center
A's Beach Place
Pui's Place 880
Cochke Bar
District Office
Grand Sea Resort / Grand Hill Hotel
Wow Properties / Furniture
Police Station
Beck's Resort / Beck's Beach Bo
Baan Nai Wok
Ao Nai Wok
Joon Bungalow
Muay Thai Chomanach
Municipal Office
Phangan Bungalow
Diamond Muay Thai
School
Best View Villa
The Masons Arms
Baan Manali Resort / SL2K
Paul's Bar
Big Mango
Sunday Bo
Pure Relax
Thai Solutions
Baan Busaba
The Learning Tree
Phangan Spirit
To Koh Tao
PHANGAN.INFO
Thongsala
Thongsala Pier
To Baan Tai (p132-133)
To Suratthani
Koh Tae Nai
Sobai Bay
The Beach Village
Chaokoh
Chom Beach Resort
Koh Phangan Backpackers
Phangan Bay View Resort
Phangan Bee Bay / The Bodyom Studio
Detailed Map of Thongsala
see page 128-129
Boats to Koh Samui, Koh Tao and Suratthani
(for timetables see page 30-32)
Ao Bang Charu
To Koh Samui
RECOMMENDED
Baan Manali Resort (p136)
FC Farang (p109)
Grand Hill Hotel (p135)
Grand Sea Resort (p134)
Grand Sea Spa (p135)
Kupu Kupu Resort (p192)
Pure Relax (p97)
Sabai Beach Resort (p136)
Sea View Restaurant (p135)
SL2K Adventure (p104)
Telephone Directory See Page 180

Fight Night

Thongsala & Baan Tai are the main venue for popular Thai Kick Boxing events, with no less than 6 stadiums! Expect the stadium to be full on the night, so arrive early and grab a snack at a local restaurant before sitting back to enjoy the fight. For more information on Thai Boxing *see page 108.*



Heading north from Thongsala and sticking to the coast; the hills of Khao Nai Wok offer the perfect place to watch the sunset over the islands of Ang Thong Marine Park; there are some great hillside bars as well as resort beach bars. Accommodation here is typically good value, with some great old skool resorts and a few high end luxury places.

The area immediately above Thongsala is close to the area first settled on the island. Wat Phu Khao Noi has temple remains over 400 years old and impressive ocean views and there are numerous traditional Thai homesteads along the old plantation roads. Some of the locality's best bars and restaurants are to be found on the roads leading to Thongsala and the island's municipal centre, hospital and police headquarters are also located here.

On the main road south of Thongsala going to Baan Tai, there are several good bars and a variety of restaurants serving Mexican, French, Italian, Indian, Thai and numerous other food styles. Along the coast of Ao Bang Charu there is also a great variety of resorts, with several low budget places with great value rooms and some nice mid to high end places that also tend to be soft on the pocket.



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THONGSALA



Thongsala is the principal town for the island and is home to all the main services and travel connections. There is also a great choice of shops, bars and restaurants so it's worth visiting both in the day or the evening; there are also plenty travel shops offering tours and activities.

Services

There are several banks in Thongsala, with five on the main street and two on the Post Office road; and there are also several money exchange windows, all with ATMs. The hospital is only 4km away and a few private health clinics in the town, there are also numerous pharmacies; Koh Phangan's Police Headquarters is on the Chaloklum road, 1km outside Thongsala. The main ferry port is also in Thongsala and all of the ferry operators have offices on the jetties.

Restaurants

There is an excellent choice of restaurants in the south west, especially in Thongsala; with traditional Thai seafood restaurants, curry stalls and good quality street food; a multitude of Western restaurants such as Italian, English, French, Greek and Japanese. Most are either at the main crossroads (100m up from the round about) or on the seafront, the markets around the 7-11 convenience store have some of the best street food.

Entertainment

The south west has a great number of activities and things to keep you occupied; there are several dive operations based in Thongsala and numerous marine tour and fishing companies. There is also a paintball arena and plenty of places to hire mountain bikes, jeeps and motor bikes in Thongsala. There are regular Thai Boxing matches in the evenings and also several parties in Baan Tai and on the Wok Tum coast.

Shopping

Thongsala is the island's main trading post with an excellent variety of crafts, jewellery, clothes, artwork and traditional Thai items. There are a great number of boutique shops throughout the town and numerous supermarkets and fresh produce stalls.



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Prices are reasonable and are often hard to beat and many outlets supplying goods in bulk for export. Most shops are open till 8 or 9 in the evening.

Bars

There are loads of bars in Thongsala, with the majority on the main street; many have pool tables and TV for live sporting events. From Ao Nai Wok to Ao Hin Kong there are several hillside bars with great sunset views. Heading towards Baan Tai from Thongsala there are numerous beer bars lining either side of the road.

Accommodation

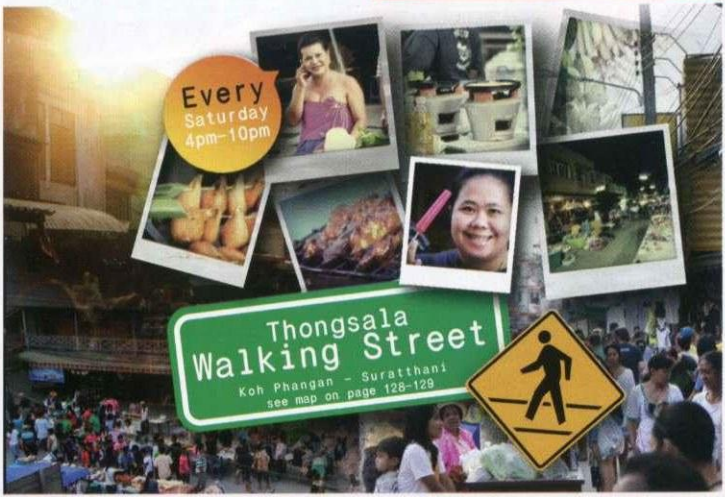
There are several guesthouses and hotels in the Thongsala area which are good value and ideal if you need to stay in town for an early ferry. There are also numerous reasonably priced resorts along the beaches either side of the town.

Walking Street

Each Saturday Taladkao Road (*map on page 128*) in Thongsala springs to life with its weekly walking market. Vendors from across the island come to tout their wares that range from gourmet goodies, funky beach clothes, accessories and ethnic handicrafts.

With something for everyone, visitors can stock up on souvenirs or better still sample the best of local cuisine. Mouth watering treats include fresh sushi, spicy seafood salads and curries of every colour. When tired of the hustle and bustle, kick back with a beer at one of the surrounding bars and restaurants. The market is open from 4pm 'til late.

For photographs see below.





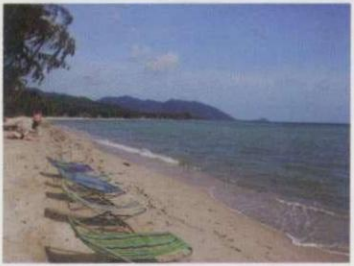
RECOMMENDED

4U Bar (p82)	Itsaramai Sailing (p102)	Phangan Info (p10)
Ando Loco (p77)	Jungle Yellow Café (p69)	Phanganer (p89)
Bamboo Bistrot (p70)	Lime n Soda Resort (p137)	Siam Healing Centre (p92)
Beachlounge (p72)	My Wok & Me (p117)	The Wok Kitchen (p117)
Colour Coffee (p67)	Nira's Home Bakery (p67)	Workshop Silver (p87)
Fun Factory (p46)	Orion Boat Trips (p103)	

Telephone Directory See Page 180


PHANGAN.INFO
Wood Shop
Garage
Furniture Shop
Somtum Place
HONDA
To Chaolatum (p162)
To Hadd Yao - Mae Haad (p164)
Thai Boxing
Tattoo
Shoe Repair
Massage
Salon
Khao Guesthouse
Gold Shop
Organic Veggie
Medical Clinic
Kalio Japanese
Colour Coffee
Meeting Point
Funbike Shop
Thong Sala
Traffic Lights
Koh Phangan Hotel Association
Flower Shop
Waterwalk Office
Dentist
Book Shop
Duck Noodle
Noodle Shop
Phachara Electric
Phachara Guesthouse
Computer Shop
Greencom
Coffee Shop
Work Shop Silver
Clothes Shop
Ice Factory
The 1 Boutique Hotel
To Baan Dan (p132)
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Computer Shop
Health Center
Rescue
Thai Inter Clinic
Salon
Wat Ratcharoen
Flower Shop
Pet Shop
Massage
Mobile Shop
Samui Phangan Property
HONDA
Gold Shop
Big Vinyl
Chicken Rice
Internet Shop
Bread Sandwich
Clothes Shop
Kodak Shop
Key Copy
Limpidong Home Mart
Limpidong Supermarket
Fresh Market
Bamboo Bistrot
Garage
Cocktail & Dreams
Mocha Karaoke
Diamond Bar
Clothes Shop
Scuba
Witch's House Cafe
Pharmacy
Cloth Repair
Bank of Ayudhya
GSB
Big A Supermarket
Indy Island Store
Sandee Travel
The Body
Nail & Massage
Hardware Center
Bike Shop
Salon
Massage
Tattoo
Laundry
Barber
Salon
Sochai
To Baan Tai (p132-133)
Clothes Shop
Internet Shop
Garage
Ando Loco
Siam Healing Centre
Beachlounge
Chinese Temple
Lime n Soda Resort
My Wok & Me / The Wok Kitchen
Diamanda Villa
Phangan Villa
B&B Beach Resort
Seagate Bungalows
Oceanus Resort

BAAN TAI & BAAN KHAI



From Thongsala down to Baan Khai, the coastline is all in lowland areas and has long been used as coconut plantation. The flat land allows the beaches to run uninterrupted for over eight kilometers, broken only by streams and rivers that spring from the surrounding mountains. The resorts are generally well spaced, have a good deal of beach frontage and it is always possible to find a secluded spot anywhere along the long white sand beach.

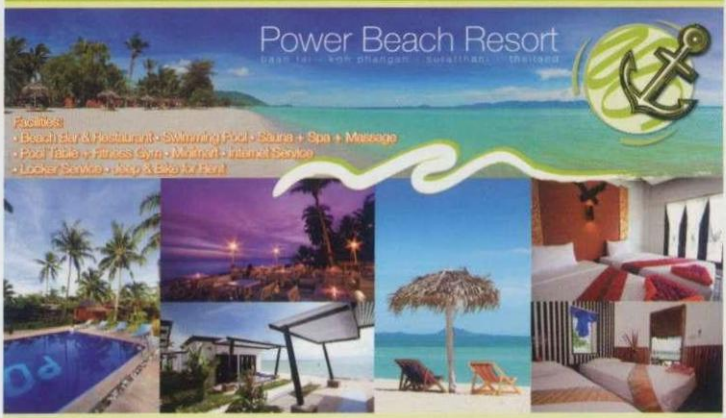
As many of the resorts are close to Thongsala and Haad Rin, this makes the Baan Tai/Baan Khai area popular for those who want to be near the action, but not too near. It is a short taxi ride to Haad Rin over the hills which normally take about 10 to 20 minutes.

There is also a small town in Baan Tai with a local market, boat harbour and fishing pier. A cluster of traditional seafood restaurants, a Italian pizza place, several funky bars, coffee shops and a fresh bakery are all within easy walking distance of the port. Further down the road at the junction to Thong Nai Pan there are plenty of internet and travel agents, a 24 hour convenience store and a couple of ATMs.

The area around Baan Tai is home to several well-orgainsed parties open outside of Full Moon, all of which offer a crazy night out and even though they do charge an entry fee all of them are genuine value for money.



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www.powerbeachresort.net email : info@powerbeachresort.net

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Baan Tai Party Zone

Half Moon Festival
The ever popular *Half Moon Festival* is on twice a month in the jungle off the Thong Nai Pan road. *See page 57.*

Black Moon Culture
Every month on the Black Moon (except on Buddhist holidays) the beach comes alive with an assortment of Techno music. More info *see page 59.*

Jungle Experience
A bi-monthly party deep in the jungle near Baan Tai (*see page 63*) that kicks off 1 day and 4 days before every *Full Moon Party.*

Sramanora Waterfall Party
Two times a month, *Sramanora* (*page 62*) plays out amidst a spectacular waterfall backdrop. Check the dates on *Facebook & follow the sign & flyer.*

Rhythm & Sands
Introducing international and local acts on various stages. Hosted by *The Beach Village* on Baan Tai beach (*see page 61*). *check the island billboards for dates.*

Up Coming Parties:

8th Jun	6th Aug	4th Oct
15th Jun	14th Aug	11th Oct
19th Jun	17th Aug	15th Oct
21st Jun	19th Aug	17th Oct
22nd Jun	20th Aug	18th Oct
30th Jun	29th Aug	27th Oct
7th Jul	4th Sep	2nd Nov
15th Jul	13th Sep	9th Nov
20th Jul	15th Sep	13th Nov
22nd Jul	17th Sep	15th Nov
23rd Jul	18th Sep	16th Nov
31st Jul	27th Sep	24th Nov



Ao Baan Tai

RECOMMENDED

100 Islands Coffee Bar (p68)	*Franck's Restaurant (p77)*	*Outlaws Saloon (p80)*
Bangers and Mash (p81)	*Food Factory (p81)*	*Phearn Phangan Learn Thai (p22)*
Bay Lounge & Resort (p56)	*Half Moon Festival (p57)*	*Power Beach Resort (p131)*
Black Moon Culture (p59)	*Jungle Experience (p63)*	*Rhythm and Sands (p61)*
Fabio's (p79)	*Kiteboarding Asia (p105)*	*Sramanora Waterfall Party (p62)*
First Villa (p136)	*Moontribe (p86)*	*Tanouy Garden Bungalow (p139)*
Fish at Thips (p75)	*Morning Star Resort (p07)*	*The Beach Village (p61)*
Fisherman's Restaurant (p73)	*My Palace Guesthouse (p141)*	*Thongyang Seaview Rest. (p74)*

Telephone Directory See Page 180



Party Dates

Half Moon Festival

June	15,30	Sep	13,27
July	15,31	Oct	11,27
Aug	14,29	Nov	9,24

Black Moon Party

June	8	Sep	4
July	7	Oct	4
Aug	6	Nov	2

Jungle Experience

June	19,22	Sep	15,18
July	20,23	Oct	15,18
Aug	17,20	Nov	13,16

Sramanora Waterfall Party

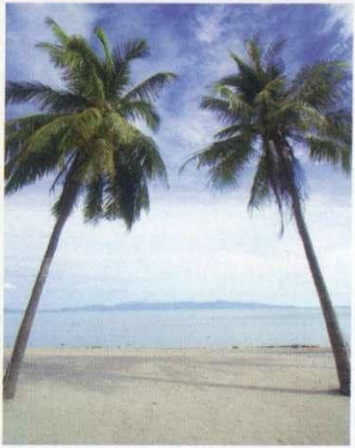
2 days before FMP

2 times a month: follow the sign & flyer

Rhythm & Sands

check the island billboards for dates

BEACHES



Ao Wok Tum

Ao Wok Tum is the southern section of the wide bay that joins with Ao Hin Kong. Most of the bay is undeveloped as the coral reef lies about 300 metres off the beach. Mangrove trees line the beaches and give the place a real untouched feel, great for catching a sunset in solitude. A sign warns not to take seashells and corals from the bay, respect this as it is a haven for nature and it is illegal to take them home.

Ao Plaay Laem

Ao Plaay Laem is at the base of Khao Hin Nok, a granite mountain that dominates and transforms the landscape, making it a fairy tale of rounded boulders and hillside views over Ang Thong Marine Park. The bay is fairly shallow preceding the reef that lies about 80 metres away. Over the reef there are corals and marine life for snorkelling



enthusiasts and a few resorts hire kayaks so you can paddle around the huge boulders in the sea.

Ao Nai Wok

Ao Nai Wok is the long bay that extends north from Thongsala after the main pier. At the top end, walking distance from town yet far enough away never to notice it, a number of resorts populate the beach and rocks start to break up the coastline. There is a reef about 80 metres out where the sea shelf drops allowing for some reasonable snorkelling conditions. Kayaks are also available for hire at a few resorts.

Ao Bang Charu

Ao Bang Charu is a peaceful beach with sunset views over Koh Samui; well away from the main road and big enough to really get away from it all. There are several well established resorts, some offering high standards of accommodation whilst others are great value.

Ao Baan Tai

Ao Baan Tai is the middle section of the long sunset beach that runs the length of the south-east coast. There is a small marina in the centre of Baan Tai where you can commission boat and fishing trips. Either side of the marina the wide white sand beach gradually slopes to meet the coral reef about 200 metres away.

Ao Baan Khai

The beach of Baan Khai bay is quite broad in places and countless coconut palms populate the lowland plains of the area. There is plenty of room on the beach if you're seeking solitude and a few beach bars dotted along the coastline.



ACCOMMODATION

Baan Manali Resort (see map p124)
08 3390 3125 or 08 1090 0623
Baan Manali has 11 cosy bungalows, all with hot shower, air-con, large terrace and hammock with a double or twin bed.

Coconut Lane Villas, Wok Tum (p23)
08 1136 5895
Four delightful villas set in coconut grove gardens only 5 minutes away from stunning beaches at Srithanu and Haad Yao. Every villa has a living area, kitchen and air-con bedrooms, suitable for up to 4 people.

First Villa, Baan Tai (see map p132)
077 377225
First Villa combines comfort with authentic Thai family atmosphere. There are 30 rooms all with air-con and hot water - you can choose between bungalow and hotel - and a swimming pool with beach bar.

Grand Hill Hotel, Ao Nai Wok (p135)
077 377776-7
Only a few minutes to the main port of Thongsala, the rooms at *Grand Hill Hotel* offer spectacular sunset views across to Koh Samui. All rooms come with air-con, hot water and TV.

Grand Sea Resort, Ao Nai Wok (p134)
077 377776-7
Lanna northern-style resort with modern wooden bungalows set around sunset swimming pool, sauna and sunset beach bar. Kayaks for hire.

Kupu Kupu, Ao Plaay Laem (p192)
077 311384
Beautiful resort decorated in Balinese style. *Kupu Kupu* has several wooden villa designs to choose from each with private pool.

Tanouy Garden Bungalow (p139)
Baan Khai, 077 238044
Thai style bungalows situated on the hillside with sea and sunset views. Spacious swimming pool. Prices from only 500 Baht.

Morning Star Resort, Ao Baan Khai (p07)
077 377757
Stylish resort with natural wooden bungalows circled around a beachfront swimming pool and tropical gardens. The beach bar hosts occasional party nights and discounted beer during Premier League games. FREE WiFi.

My Palace Guesthouse (p141)
Baan Tai, 077 238163 or 08 6942 8209
Rooms start from only 350 Baht. Clean and comfortable. FREE WiFi inside room and table tennis. Close to the village of Baan Tai with many shops and restaurants.

Power Beach Resort, Ao Baan Tai (p131)
077 238937
Power Beach offers a good selection of fan or air-con bungalows set in lush tropical gardens. The bungalows that can sleep 4 are good value for money. Beachfront swimming pool.

Sabai Beach Resort (see map p124)
Ao Plaay Laem, 077 238895 / 08 1698 1820
Sabai Beach has 14 Thai modern bungalows only 10 metres off the beach. Air-con and hot water available. The beach is long with a few beach bars dotted along the coastline.

Lime n Soda Resort (right)
Ao Bang Charu, 077 239520
Lime n Soda Resort, Koh Phangan's first ECO friendly beachfront resort. Situated just outside the village of Thongsala, and within easy walking distance to many markets, bars and restaurants.

Lime n Soda Beachfront Resort

Eco Friendly Beachfront Resort

1 minute walk from Thongsala













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FREE

Aircon/Fan – Hot Shower – Beach Bar & Swimming Pool – Backpacker Friendly

RESTAURANT & BARS

The Beach Village, Ao Baan Tai (p61)
077 238855
The Beach Village, your very own playground on the beach! Everything you need all in one place including a huge tropical swimming pool, tiki cocktail bar, restaurants, beach nightclub, lounge bar and live music park with accommodation from beachfront villas to dormitories.

100 Island's Coffee, Baan Tai (p68)
08 1559 2230
Espresso beverages, Belgian waffles, all day breakfast, juice/shake and various choices of cake in a very nice design indoor or outdoor garden atmosphere.

4U Bar, Thongsala (p82)
077 238313
4U Bar has a large selection of brand spirits, French liquors (Pastis, Ricard), French wines (red, white and rosé) and quality cocktails (try the island-famous Mojito with Havana 3anos).

Ando Loco, Thongsala (p77)
08 5791 7600
Authentic Mexican restaurant and bar serving real Mexican food at backpacker prices. Daily Happy Hour offers Phangan's cheapest beer! 40 Baht Chang and 50 Baht Sangsom + mix from 4 to 6 pm. 8 foot pool table FREE all day! Saturdays enjoy 30 Baht Tacos. Lonely Planet Recommended!

Bamboo Bistrot (p70)
Thongsala, 08 0526 9077
Situe à la sortie de Thongsala en direction de Baan Tai (à côté du 7/11), le *Bamboo Bistrot* propose une cuisine traditionnelle française, des plats thaïs, ainsi qu'une formule snack avec crêpes et sandwichs.

Bangers & Mash, Baan Tai (p81)
On the bar strip in Baan Tai, *Bangers & Mash* stands out as a cool and funky designed bar. Lounge, House, Classics and the latest Dance Hits is the music concept of this fully stocked bar with a welcoming staff.

Beachlounge, Thongsala (p72)
08 6870 4942
A great place direct on Thongsala beach to enjoy authentic Thai food and some East-meets-West dishes without MSG.

Colour Coffee (p67)
Thongsala & Baan Tai
The French bakery on the island, great place to take a coffee break and try some of the tasty pastries; croissant, cake, cookies, macarron. All kinds of bread baked fresh every day, such as baguette, brioche, dark rye, pain au levain.

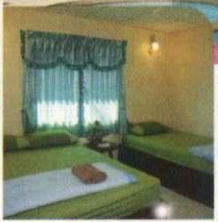
Fabio's, Baan Khai (p79)
077 377180
Fabio's restaurant pizzeria offers the finest in contemporary Italian cuisine, the best pizza you can try on the island and a big selection of Italian wines in a comfortable air conditioned room.

Fisherman's Restaurant (p73)
Baan Tai, 08 4454 7240
Fisherman's offers a wide selection of fresh local seafood and traditional Thai dishes. The restaurant is located on the beach next to Baan Tai pier with seating on traditional longtail boats.

Fish at Thips, Ao Baan Thai (p75)
08 7893 3804
Fish at Thips is an authentic Thai seafood restaurant located on the beach, with stunning views of Koh Samui. Most of the local seafood served is handed in by local









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Garden Bungalow
Room start from 500THB
Tel: 077 238044
www.tanouygardenbungalow.com

fishermen who line up their fishing boats at the shore of *Fish at Thips*.

Food Factory, Baan Tai (p81)
The one and only Fast Food Sports Bar on the Island, specialising in Italian styled crusty pizza's and American styled juicy burger combo's. EAT IN or TAKE AWAY! All major sports shown LIVE on multiple plasma TV screens. There is even a screen in the lavatory to ensure you don't miss any action when offloading while your favorite team is playing!

Franck's Restaurant, Thongsala (p77)
077 377832
A fusion of French food and Thai culture. Now open for 6 years *Franck's Restaurant* come highly recommended by French travel guides. Favourites include steaks, fish specials, French wine and Champagne.

Jungle Yellow Café (p69)
Thongsala, 08 4582 3067
The perfect place to sit and relax on arrival at the port. *Jungle Yellow Café* has a pleasant shaded terrace on which you can take a rest and grab a snack.

Nira's Home Bakery, Thongsala (p67)
077 377524
The widest selection of bread, pastries, cakes, sandwiches, drinks and homemade products from local resources. Special menus and their well-known "Breakfast sets" are also available all day long.

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Outlaws Saloon, Baan Tai (p80)
A Western themed bar, so detailed that you'd actually expect Billy The Kid to walk in at any minute and order a whisky! An inbuilt open kitchen above the main bar serves you traditional pub grub like bacon blue cheese burgers, chicken wings, bangers & mash etc. Live Music every Thursday and Sunday.

Sea View Restaurant @ Grand Hill (p135)
Ao Nai Wok, 077 377776-7
Beautiful Northern Thai Lanna style restaurant on the hillside within easy walking distance from Thongsala village. *Sea View Restaurant* serves authentic Thai seafood and popular local dishes.

Thongyang Seaview, Baan Khai (p74)
08 1535 7217
Stunning panorama views of Koh Samui, Koh Tae and Ang Thong National Marine Park. Serving Thai and fresh seafood, BBQ, delicious cocktails and cold beers.

ADVENTURE & ACTIVITIES

Fun Factory, Thongsala (p46)
077 238745 or 08 1677 2101
The *Fun Factory* is a small independent dive school, which seeks to offer an exceptional service. A taxi will pick up and deliver you to the dive boat in Chaloklum bay. From there you will be taken to the best dive sites around.

Itsaramai Sailing Yacht (p102)
Thongsala, 08 7268 0940
Overnight 2 day cruise to Ang Thong Marine Park. *Itsaramai*, a beautiful 20m wooden yacht, sails to let you discover the jewels in the Gulf of Thailand away from the crowds.

Just For Fun - Canopy Adventure (p109)
Baan Tai - Thong Nai Pan, 08 7908 8610
Just for Fun makes you discover the other face of Koh Phangan - its beautiful tropical rainforest. Make a round trip through 8 cable walkways and zip line. *Just for Fun* provides safety equipment with the best standard. Managed by French staff to ensure safety.

Kiteboading Asia, Baan Tai (p105)
08 0600 0573
Kiteboarding Asia is the biggest certified International Kiteboarding Organization center in Asia operating at 8 locations in Thailand. Wakeboarding now available!

Plearn Phangan Inter. Language School
Baan Tai (p22)
077 377636 or 08 8277 9836
Thai and English courses approved by the Ministry of Education. Courses available for all levels.

My Wok & Me, Thongsala (p117)
08 7893 3804
1, 3 or 5 day classes available, all taught by a fully-trained English speaking chef. Visit the market to purchase your ingredients, prepare and cook, then sit back and eat.

Orion Boat Trips, Thongsala (p103)
08 1999 2000 or 08 1894 5076
Orion Boat Trips offer regular cruises to Ang Thong National Marine Park to see some of Thailand's most hidden treasures.

SL2K Adventure, Ao Nai Wok (p104)
08 1090 0623 or 08 3390 3125
SL2K Adventure offers a range of activities; paddle board, sailing, windsurfing (courses from beginner to advanced or rental equipment) and active holiday (bicycle, kayaking, snorkelling and hiking trips).



SHOPS

Workshop Silver, Thongsala (p87)
08 6096 1580 or 08 9034 6036
If you are tired of the commercialised silver jewellery sold everywhere, explore your creative side on these 1, 2 or 3 day courses.

Moontribe, Baan Tai (p86)
08 4442 1142
MOONTRIBE imports original designer brands only, mostly manufactured in Bali. Clothing labels like: High, Psylo, Flying Agaric, Kurage Eye, TurboWear, Shanti Spirit. *MOONTRIBE* means quality!

Phanganer, Thongsala (p89)
08 0534 5075
Phanganer clothing store offers you a unique collection of t-shirts, printed Thai fisherman's pants and accessories. For men and women, a 100% original brand from Koh Phangan island.

HEALTH & SPA

Grand Sea Spa (p135)
Ao Nai Wok, 077 377776-7
Situated on a hillside only 10 minutes walk from Thongsala, *Grand Sea Spa* offers personalised treatments by trained professionals.

Pure Relax, Nai Wok (p97)
08 1621 1170
www.purerelaxspa.com
Pure Relax Spa on Koh Phangan offers a retreat into the sensual world. Let the centuries old beauty and health treatments from Southeast Asia relax and rejuvenate. It's an experience that you will surely return to, again and again. FREE pickup for package booking.

Siam Healing Centre, Thongsala (p92)
08 9965 8752
Massage courses by professional instructor. Massage treatments; Thai, Oil, Foot (Reflexology), Sport and Health Retreats. The inspiring Yoga classes include Hatha Flow, Ashtanga and Meditation (Monday to Saturday from 9:30am and 4pm).

www.kohphanganthailand.com
Online Guide Book & Island Map Update Every 3 Months

GUIDE TO SOUTH EAST

WWW.PHANGAN.INFO

INTRODUCTION

The south east of Koh Phangan is dominated by mountains that occupy virtually the whole region. Apart from the lowlands on the middle of the peninsula, the rest of the landscape is formed in rugged granite, with steep hills leading up to lush peaks covered in tropical rainforest. The beaches are varied with inaccessible getaways found on the east coast, the long winding beaches of Ao Hin Lor and Haad Leela; and Haad Rin, the party capital and most densely populated place on Koh Phangan.

Heading west, the landscape softens and coral starts to appear, the beaches are long unbroken white sand, populated with well-spaced resorts. Thus Haad Leela and Ao Hin Lor are popular places for folk who want to get away from the hubbub of Haad Rin whilst still being near everything.

The main attraction to the area is the party town of Haad Rin, though if you head west or north, there are some great secluded beaches where you can immerse yourself in tropical paradise.

PHANGAN.INFO




SOUTH EAST : AROUND HAAD RIN
525 m
Haad Yang
Lost paradise
Haad Yao
(East)
525 m
SAMANORA
WATERFALL PARTY
Bancha Sramanora Resort
Baan Khai
To Baan Tai (p132-139)
Tanouy Garden Bungalow
415 m
Wai Nom Hut
Haad Wai Nam
Guy's Bar
Love Up
Haad Thian Resort
The Bay Bistro
The Sanctuary
Horizon Hut
Haad Thian
(East)
Bamboo Hut
Big Blue
Dream Bungalow
Ceniora Pariya Haad Yuan
Barcelona Resort
Haad Yuan
Haad Yuan Bungalow
Ocean Rock
Good Hope
View Art House Gallery
Hill Side House
Bay Lounge & Resort
Mountain Moon Rest
Thongyong Rest.
Sleepy
Bang Son House
Chok Dee
Sojourn Villas
Silvery Moon
Bang Son Rest
View Point
Trek to Haad Yuan
See Page 151
Ao Hin Lor
Blue Hill Resort
Bird Bungalow
Starlight Haad Rin Resort
Sun Beach Bungalow
Seaside Bungalow
The Coast
Rainbow Bungalow
Coral Bungalow
The Dinner
Haad Rin Boxing Stadium
Laluna
Venus Resort
Haad Khontee
Haad Rin Nok
(Full Moon Party Beach)
Haad Rin
Haad Rin Nai
(Sunset Beach)
Phangan Ing Phu Resort
Hua Laem Resort
Amazon Cliff House
Top Hill Resort
Detailed Map of Haad Rin
see page 146-147
Coco Hut
Sarikantang
Leela Beach
Haad Seekantang
(Leela Beach)
Lighthouse
Boat to/from Koh Samui
(See page 32-34 for timetable)
To Samui
RECOMMENDED
Bay Lounge & Resort (p56)
Cocohut Beach Resort (inside back cover)
Leela Beach Bungalows (inside back cover)
Sarikantang (p01)
Sojourn Villas (p152)
Tanouy Garden Bungalow (p139)
The Coast (p8-9)
The Sanctuary (p03)
Thongyang Seaview Rest (p74)
Telephone Directory See Page 180

HAAD RIN (SUNSET & SUNRISE)

Full Moon Party

The well-known Full Moon Party that attracts hundreds of thousands of visitors to Haad Rin Nok beach every year is now a global event talked about throughout the world.

For more information *see page 52.*

Haad Rin can be divided into two sections, Haad Rin Nok, the lively party beach and Haad Rin Nai, which has a quieter bohemian feel. Haad Rin Nok has the biggest concentration of rooms, clubs and bars, so if you stay there you will be right in the thick of the party vibe. The beach itself is one of the biggest on the island and it fills with sunbathers by day and party goers at night, visiting the many beach clubs and bars that Haad Rin is so famous for.

Haad Rin Nai is located on the southern coast of the peninsula and although there are many restaurants and places to go, it is much more peaceful than the other side, with more boutiques than bars. It's only a short walk to the party beach, so it's an ideal place to stay, within walking distance to all the action but far enough away for some peace and quiet.

Services

Haad Rin is fairly well serviced and has numerous facilities in the town so that you do not have to head to the island's capital if you need assistance. There is a police sub-station, the *Bandon Inter* and *Siam International* clinics, several pharmacies, a post office, four banks, numerous ATMs and money exchange windows.

Restaurants

Haad Rin offers the most cosmopolitan mix of restaurants on Koh Phangan, with a vast choice of different tastes all within walking distance of each other. There are beachfront seafood BBQs, Italian, Mexican, Israeli, Scandinavian, Moroccan, Mediterranean, Tapas, Indian and many more varieties as well as traditional Thai restaurants and street stalls. Just wander around the town and head for what you fancy.

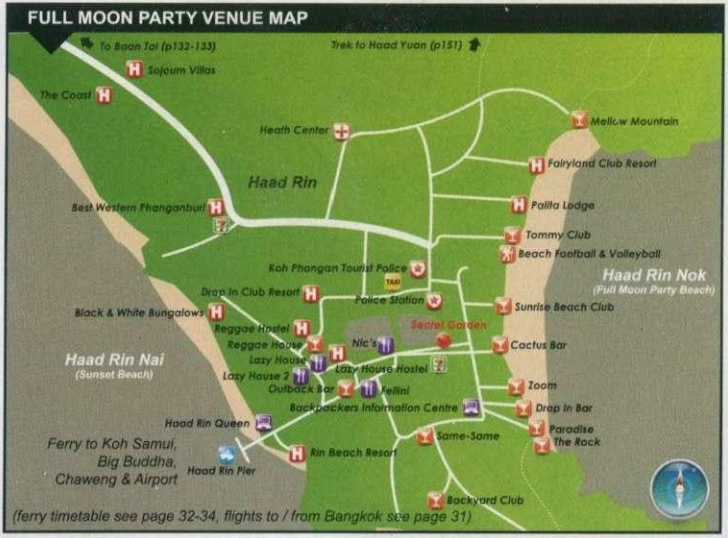
Entertainment

There is plenty to keep you occupied between partying in Haad Rin, with several boat trips going to waterfalls and beaches around the island, fishing trips and watersports such as sailing and diving, beach volleyball, beach football and of course sunbathing! There are also some great walks over to the hills of the east coast to secluded beaches and some great beach walks up on the south coast.

Shopping

Haad Rin is a great place to shop with an excellent variety of crafts, jewellery, clothes, artwork and traditional Thai items. There are a great number of boutique shops throughout the town running all the way to the pier. Prices are reasonable and are often hard to beat, even in Bangkok, there are also many outlets supplying goods in bulk for export.





Bars & Nightlife

You are spoilt for choice if you fancy a drink in the island's nightlife capital. There are beachfront bars for sunset cocktails, beach clubs if you want to dance and loads of bars in the town with everything from pool tables to Playstations. Then there is the famous clubbing scene that Haad Rin offers, check local publicity and flyers to see which party to head for.



Accommodation

Haad Rin offers a great variety of accommodation options, from old skool beach huts to palatial A/C suites. The main party beach of Haad Rin Nok is very lively, but great if you want to be in the middle of everything. Haad Rin Nai is quieter and often easier to finding a room on. Further round the peninsula on Leela beach there are several nice new resorts and down to Ao Hin Lor there are some great value huts as well as a few high end operations.


To Baan Tai (p132-133)
Pure Resort
Laid Back
Pooltrap Village
The Coffee Place
Thai Dee Garden Resort
Phangan Shooting Range
Nee Bungalow
Garden Hill
- Best Western Phanganburi Resort
- Buri's Saphire Beach Front Rest.
- Isaan Corner Rest.
- Bhuvana Spa
Drop In Club
077-375-444
contact@dropinclub.com
Drop In Sunset Villa Resort
Drop In Sunrise Hotel
Drop In Bar
Haad Rin Thai Resort
Sunset Bay Resort
Blue Marine Resort
Neptune's Villa
Light In
Charung Bungalow
Rin Bay View
Suksabai Resort
KB Smile 3 Travel
Black & White Guesthouse
KB Smile 2 Travel
NSP House Travel
Hill Side Bungalow
Reggae Hostel
Mac Massage
Siam Spa Ya
Friendly House
Family House
Full Moon Inove
Bamboozle
Reggae House
Lazy House Hostel
Lazy House
Same Same Bungalow
Lazy House
Haad Rin Travel
PJ Travel
Seven Teen
Tibet Art Shop
Yorn Supermarket
Barcelona Travel
Or's Travel
Post Office
Haad Rin Queen
Haad Rin Nai
(Sunset Beach)
Haad Rin Pier
Boats to/from Koh Samui
(for timetable see page 32-34)
Sherongpoom Hostel
Joyo Dormitory
Chakra Massage
Moon Stone
Phangan Travel
Nap Inn
P.S. Travel
Top Gold Rest.
Nopporn Pharmacy
Siam Commercial Bank
Nature Art Gallery
Fellini
Fusion Fashion
Thanachart Bank
Siam Tai Clinic 2
Bangkok Bank
Thai Farmers Bank
Siam Tai Clinic 1
Phrangan Divers
K-Net Shop
Mac Travel
Jungle Gym
Phrangan Transport
Rin Beach Supermarket
Rin Beach Resort

RECOMMENDED

Telephone Directory See Page 180

Backpackers Info. Centre (p35)
Bandon Inter Clinic (p18)
Black & White Bungalows (p155)
Beach Football&Volleyball (p115)
Best Western Phanganburi (p06)
Crystal Dive (p35)
Drop In Bar (p02)
Drop In Club Resort (p02)
Fairyland Club Resort (p55)
Fellini (p79)
Fusion (p85)
Kamala Healing Centre (p94)
Lazy House (p153)
Lotus Dive Resort (p35)
Magic Stones (p85)
Nira's Home Bakery (p67)
Palita Lodge (p149)
Phangan Shooting Range (p108)
Reggae House (p87)
Rin Beach Resort (p148)
Same-Same (p71)
Siam Int. Clinic (p19)

RINBEACH
RESORT













Haad Rin Beach (Sunset Beach),
Koh Phangan, Suratthani, 84280
Thailand

Tel : +66(0)77 375112
Tel/Fax : +66(0)77 375574
Mobile : +66(0)8 9873 7596

www.rinbeachresort.com
Email : info@rinbeachresort.com

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Palita Lodge

HAAD RIN, KOH PHANGAN

Beach Restaurant









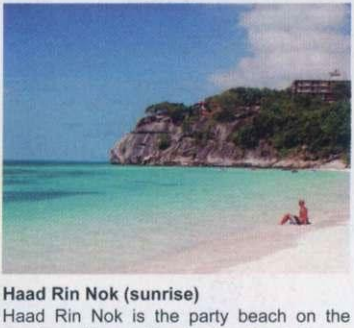
Located on Haad Rin Beach (Sunrise Beach)

Tel: +66 (0)77 375170-2 Fax: +66 (0)77 375169

www.palitalodge.com Email: palitalodge@hotmail.com

PalitaLodge Koh Phangan

BEACHES



Haad Rin Nok (sunrise)
Haad Rin Nok is the party beach on the sunrise side of the peninsula; it is an extremely picturesque beach which by day is full of sunworshippers and in the evenings, full of nightlife. Here a day on the beach is only the warm up for the coming night out on the tiles.

When swimming, try to stick to the cordoned off safety zones, far from Jet ski's and long tails that cruise the bay.

Haad Rin Nai (sunset)
On Haad Rin Nai there are several high end resorts, great for escaping the noise of the parties and relaxing in air con as well as a few cheapies. The beach itself is usually fairly deserted and it's got a good stretch of white sand on which you can while away a few secluded hours.

Haad Khontee
Haad Khontee is a small deserted beach in the bay of Haad Rin Nok, there are no bungalows and it is best accessed by foot, strong tides can make it a danger to swim to.

Ao Hin Lor
Ao Hin Lor is a long white sand beach fringed by coral. There are several resorts spaciously placed with both low end and high end accommodation available.

Haad Leela (Haad Seekantang)
Haad Leela is located on the headland and is a great beach to stay at if you want to be near the action, but not too near. It has a relaxed atmosphere and a long palm fringed white sand beach.

Haad Yuan
Only a short trip aboard a long tail from Haad Rin is the bay of Haad Yuan. So close, yet so far removed from the crowds of the main town, here you can step back in the groove of old Phangan life. Island style bungalows are strewn over the rocky headlands, joined by a series of rickety wooden walkways, while the wide stretch of sandy beach dissolves into the thick jungle of the surrounding hillsides. It is also accessible by mountain footpath (*see page opposite*) or a rough dirt road from Baan Khai (*see page 143 for map*).

Haad Thian (east)
Haad Thian has been a favourite with the new age and travelling crowd ever since people started trying to escape from Haad Rin. *The Sanctuary* (*see page 3*) is a healing centre with instruction in yoga, tai chi, meditation and massage that is built into the huge boulders on the hillside overlooking Haad Thian. There are also several other bungalow operations. Access only by boat or mountain footpath.

Haad Wai Nam
Haad Wai Nam is a small rock fringed beach with idyllic white sand and beautiful clear green waters, great for swimming. There is one resort at present, who generate

their own power and the beach can only be reached on foot or by boat.

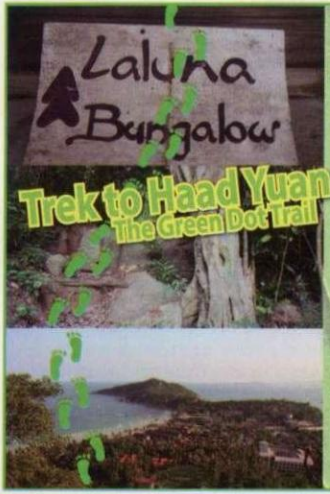
Haad Yao (east)
Haad Yao is a scenic secluded bay with white sand and clear waters and is only accessible on foot or by boat, there is one resort that offers a collection of rustic bungalows and has to generate their own power giving it a real desert island feel.

Haad Yang
Haad Yang is the destination for those who want to experience their own adventure. Totally undeveloped but for a couple of rudimentary shacks that provide shade to local fishermen. The beach itself is beautiful, but the real thrills are found just inland, following a small river leads to a series of waterfalls and rock pools.

Longtail Boats

Off the itineraries of package tours, all you'll need for what could be the ultimate island experience is a longtail boat and keen sense of adventure.

Most importantly when negotiating a longtail; boat drivers are more than happy to take you out on a half or full day trip making as many or few stops as you like. To visit the east coast beaches at your leisure you would need a full day - setting off at 9am and arriving back around 5pm. Make sure you agree the hours before you set off. Shop around to get an idea of prices - although it's expensive if you're on your own - if you share the cost with a group of willing friends it works out to be a bit of a bargain!



Walking on the dirt road behind Fairyland Resort and Palita Lodge, go straight past the entrance to these resorts and up the hill to pick up the trail starting at Laluna Bungalows. It isn't immediately obvious on arriving at Laluna Bungalows, but you'll soon find a small steep track which quickly ascends the mountain, soon after you'll notice the "green dots" on the trees and rocks, and there are extra white arrow markers along the way to help you keep in the right direction. The views overlooking Haad Rin are stunning and worth a short climb, keep going to the top of the mountain, over the plateau and back down the other side to reach the beautiful beaches at Haad Thian and Haad Yuan. The trek should take no more than 2 hours to complete. The jungle can be dense on top of the mountain and there are plenty of other tracks going in different directions so leave early to avoid getting lost in the dark and make sure you have plenty of water to keep hydrated. (See map on page 143)

ACCOMMODATION

Bay Lounge & Resort, Ao Hin Lor (p56)
077 377892
Bay Lounge and Resort is situated in a secluded cove on the sunset coast. The resort has an incredible backdrop of huge granite formations that provide shade to the lounge and bar.

Best Western Phanganburi Resort (p06)
Haad Rin Nai, 077 375481
The first International hotel in Koh Phangan, *Phanganburi* is a popular resort with air-con bungalows and hotel rooms. Beachfront swimming pool, restaurant and bar. Free WiFi connection throughout.

Black & White Bungalows (p155)
Haad Rin Nai, 077 375187
A mid-range place to stay, comfortable and convenient for the Full Moon Party. Rooms include air-con, hot water and TV, with options for 3 people sharing.

Coco Hut Beach Resort (Inside Back Cover)
Haad Leela, 077 375368
Good choice of bungalows and rooms at different standards so suit most budgets; include swimming pool and beachfront bar and within walking distance to the party.

Drop In Club Resort, Haad Rin (p02)
077 375444-7
Based in central Haad Rin with top-end hotel facilities, including penthouse suites, swimming pool and spa. Host to the bi-monthly Foam Party.

Fairyland Club Resort (p55)
Haad Rin Nok, 077 375359
Fairyland has 40 air-con bungalows at the quiet end of sunrise beach. All bungalows are spacious with private balcony and modern in-room facilities.

Lazy House Hostel, Haad Rin (right)
The place to meet friends while backpacking around Thailand, *Lazy House Hostel* has 4 to 26 person mixed air-con dorms and a communal area for up to 65 people with kitchen. Clean, friendly and convenient.

Palita Lodge, Haad Rin Nok (p149)
077 375170-2
Directly on the beachfront at Haad Rin sunrise, *Palita* offers a choice of cheaper bungalows or more modern suites with lots of extras.

Rin Beach Resort, Haad Rin Nai (p148)
077 375112-3
Easy to find directly next to the pier, the resort has a range of cheap fan bungalows or comfy air-con rooms all with excellent sunset views.

Same-Same Guesthouse, Haad Rin (p71)
077 375200
The Lodge has a guesthouse with clean and simple fan and air-con rooms on the way to Haad Leela. Every Full Moon there is a huge warm-up party with live music and buffet.

Sarikantang Resort, Haad Leela (p01)
077 375055-7
Air-con and fan bungalows on the beach and hillside near to the main town of Haad Rin. Beachfront swimming pool and bar. The *Sarai Spa* looks out directly to the sea.

Sojourn Villas, Haad Rin Nai (map p143)
08 6092 4179
On the hillside in Haad Rin, *Sojourn Villas* is a small private resort only a few minutes walk to the beach. There are 5 unique villas built around a swimming pool, each with air-con, TV and Wi-Fi.

TRAVELLER NEWS

BREAKING NEWS! Haad Rin 366 days see map on page 146

LAZY HOUSE
Open Since 1997
RESTAURANTS & HOSTEL
5 Mins Walk to the Full Moon Beach



GREAT HOME COOKED FOOD
INTERNATIONAL MENU
HOME MADE SOUPS
JUICY BURGERS
PERFECT PIZZA
GREEK KEBABS



Meet
Friends
Good
Vibes





AIR-CON DORMS & PRIVATE ROOMS

TOP-RATED ON HOSTELWORLD

Clean
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The Coast Resort (p08 & 09)
Haad Rin Nai, 077 951567
Retreat to the peace and relaxation of *The Coast Resort* after enjoying the colorful nightlife. Offers stylish modern air-con rooms and beachfront pool.

RESTAURANT & BARS

Fellini, Haad Rin (p79)
077 375499
This cosy Italian restaurant is very popular. *Fellini* prides itself on traditional stone oven cooked pizza, homemade pasta, steak and seafood specials.

Nira's Home Bakery (p67)
Haad Rin, 077 377524
The widest selection of bread, pastries, cakes, sandwiches, drinks and homemade products from local resources. Special menus and their well-known "Breakfast sets" are also available all day long.

Lazy House Restaurant (above)
Haad Rin
Enjoying success for over 10 years, The *Lazy House* has a vast choice of international food. Steaks, stuffed chicken breasts, Greek kebabs, lasagne. British specials include English sausage and bacon, Marmite and Branston pickle, and apple crumble. Cocktails only use the best quality imported spirits and there is a nice little wine selection.

Reggae House, Haad Rin (p87)
Away from the main strip, tucked away just off sunset beach, you'll find *Reggae House*. It has something for everyone....dub, reggae and ska music, cocktails, chillout beanbags and hammock balcony, pool cave, bamboo tattoo studio and rooms for rent all under one roof!

Nightlife

As the island's party capital, Haad Rin goes heavy on the nightlife. Packed with drinking dens and pumping clubs that line the beachfront, visitors can slip on their glad rags and take their pick from an assortment of upbeat destinations. Laid back beach front bars provide the perfect spot for sunset cocktails while in town, pubs and bars offer everything from pool tables to Playstations.

For those that want to dance the night away, clubs around Haad Rin often feature live music and welcome international guest DJ's so keep your eyes peeled for publicity that hype the best parties.

Same-Same Restaurant, Haad Rin (p71)
Same-Same offers an extensive menu; Scandinavian delicacies, English, Mexican, Italian food and huge hangover burgers. Big warm up party on Full Moon night with buffet, live music and dancing on the tables.

ADVENTURE & ACTIVITIES

Lotus & Crystal Diving, Haad Rin (p35)
Haad Rin Office, 077 375535
Lotus Dive Resort is the only Koh Phangan 5-star PADI dive company with a Haad Rin office recommended by Lonely Planet Thailand! *Crystal* is Koh Tao's award-winning dive centre. Pre-book PADI courses for a FREE transfer and FREE rooms on Koh Tao! After Full Moon Party Koh Tao is normally full, so best to pre-book!

Phangan Shooting Range (p108)
Haad Rin, 08 0328 5555
The first shooting range in Koh Phangan, fully equipped with a variety of firearms and bullet sizes to suit all your Hollywood desires, whether it is pistols or revolvers, rifles or shotguns. All our staff are fully equipped with safety and equipment knowledge, where you can rest assure that you are in the safest and most qualified hands. Beginner to professional, kids are also welcome. Open daily 9am to 8pm.

SHOPS

Fusion Fashion, Haad Rin (p85)
08 9868 1938
On the main high street, *Fusion* has an extensive collection of Women and Mens wear from Indonesia and Hong Kong and accessories from India.

Magic Stones, Haad Rin (p85)
08 6057 5818
Exclusive jewellery from gold and silver. Big collection of gemstones and healing crystals. Natural and exotic leather bags, belts and wallets from French designer. Items, presented in *Magic Stones* shop are unique and one-of-a-kind. *Magic Stones* can take orders for all custom designs.

Reggae House, Haad Rin (p87)
The *Reggae House* has a small dress shops selling accessories and clothes with reggae and funky party style.

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PHANGAN.INFO on Facebook



HEALTH & SPA

Bhuvana Spa (Best Western Phangan Buri Resort, p06)
Haad Rin, 077 375481
Best Western Phangan Buri's branded *Bhuvana Spa* offers to you enjoyable massage and spa moments. For example, after Royal Thai Massage enjoy the outdoor bath tubes or steam sauna to relax your body and mind.

Kamala Healing Centre, Haad Rin (p94)
08 7283 4365
Kamala Healing Centre is situated in the centre of Haad Rin town. Various massage treatments are on offer such as Thai, Oil, Aloe Vera, Foot and Facials. Given by qualified therapists in a relaxed and tranquil atmosphere. Certified courses are offered in Reiki levels 1-4 and Ear Candle workshops.

The Sanctuary, Haad Thian (p03)
08 1271 3614 or 08 1894 2269
As a long-term favourite, *The Sanctuary* is an alternative island resort located on the secluded east coast, about 10 minutes in a boat taxi from Haad Rin. The resort offers accommodation, healthy food and a variety of healing/natural therapies.

TRAVEL & TOUR

Backpackers Information Centre (p35)
Haad Rin, 077 375535
Backpackers is recommended by the Lonely Planet and is a TAT registered travel agency, a branch of *Lotus 5 Star Dive Resort* (Phangan) and *Crystal Diving* (Koh Tao) so you can expect a good service from *Backpackers* when it comes to arranging onward travel and tours.

HEALTH CLINIC

Bandon Inter Clinic, Haad Rin (p18)
077 375471-2
Affiliated with the private Bandon International Hospital on Koh Samui, the *Bandon Inter Clinic* has a good reputation and can arrange fast speedboat transfer if required.

Siam International Clinic, Haad rin (p19)
077 375521
Siam International Clinic is one of the leading clinics on Koh Phangan, providing a high standard of medical treatment with Thai hospitality and excellence in cooperating with all travel insurance.

www.kohphanganthailand.com
Online Guide Book & Island Map Update Every 3 Months

GUIDE TO NORTH WEST

WWW.PHANGAN.INFO

INTRODUCTION



The north west coast of Koh Phangan plays host to the island's most diverse and interesting stretch of coral reef. There are more corals here than anywhere else on the island that make it so suitable for diving and snorkelling. From Haad Chao Phao to Koh Ma, there are dive sites at every beach and virtually all of them can be swam to, making it possible for every level of underwater enthusiast to enjoy the amazing marine life. At the point where Ao Wok Tum meets Laem Srithanu, the coral reef starts nearer the beach and the wide sand flats that dominate the coast further south become smaller; thus the swimming conditions improve dramatically and the coral rich area becomes a haven for marine life. The coastline also starts to break up, forming more coves and bays that isolate each beach and enhance the beauty of the landscape.

The outstanding natural beauty of the area has drawn visitors since the first bungalow operations started twenty or so years ago, thus there are many well-established family run resorts that have set the high quality of accommodation that exists in the region; a lot have swimming pools, air con rooms and even wine lists.



There are several waterfalls in the region and it is easily possible to beach hop up the coast by foot if you want to explore the area, whilst at the southern end of Haad Chao Phao, Laem Son Lake is a great place to get a swim in freshwater under the backdrop of cool shady pines. Due to the north-west's longstanding popularity, there is great seafood, Isaan food and noodles; there are also several restaurants serving top quality European food in the region as well as plenty of nightlife, with several great beach bars/clubs.

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SRITHANU : NORTH WEST KOH PHANGAN
To Haad Yao (p160)
Green Mountain Bungalow
Sea Garden 2
Twin Bay Bungalow
Sunset Hill Resort & Spa / Sunset Viewpoint Lounge
Niramon Sun View
Hot Pan BBQ
Beyond the Blue Horizon
Art Cafe
Jinda Resort
Benjamin Hut
Sunset Cove Resort
Sun Bungalow
Jungle Hut
Phangan Cabana
Ao Chao Phao
Village Green
To Mae Haad & Chaloklum (p122)
Haad Yao Divers
Seaflower Resort
Seetanu Bungalow
Phangan Paragon Resort & Spa
Tattoo
Belgium Beer Bar
Massage
Salon
La Dolce Vita
Blue Ocean Garden
P&T Bakery
Pirate Bar
Big K House for Rent
Laem Son Lake
Lake Hut
Wipeout
Baan Srithanu
Free Way Tattoo
Colour Coffee
Lakeside Resort
Agama Yoga
Srithanu Phone & Travel
Mangala Spa
Zen
Fellini
Wat Srithanu
Bandon Int. Clinic
Leam Son Resort
Sea View Rainbow
C&M Learn Thai Culture
The Beach Resort
Nice Sea Resort
Happy Beach Bungalow
Hat Pan BBQ
Ao Srithanu
Ladda Rest
Massage
Shanti Guesthouse
Medical Massage by Simba
Orion Healing
Full Moon Resort
Choco Villa
Loy Fah Natural Resort
Nantakarn Bungalow
House of Peace
Chai Country
Bench Bungalow
Hinkong Overbay Rest.
Chills Resort
Exotic
Lipstick Cabana
Banana Bungalow
Moon Beach Bungalow
To Thongsala (p128-129)
Laem Srithanu
The Smile Rest.
The Smile Hinkong Resort
Hing Kong Resort
Ananda Wellness Resort
Free Way Tattoo/ Bar
Baan Hin Kong
Happyness Rest.
Naka Tattoo
Angel's Bay
Ao Hin Kong
Baan Bang Rak
JJ's Rest.
JJ Resort
The Jam
Nitchanan Villa
RECOMMENDED
Agama Yoga (p91)
Ananda Wellness (p93)
Belgium Beer Bar (p167)
Blue Ocean Garden (p165)
C&M Learn Thai Culture (p22)
Chills Resort (p165)
Fellini (p79)
Haad Yao Divers (p41)
La Dolce Vita (p78)
Lake Hut (p69)
Massage by Simba (p96)
Orion Healing (p95)
Seetanu Bungalows (p167)
Sunset Cove (p159)
Wipeout (p107)
Telephone Directory See Page 180
To Thongsala (p128-129)

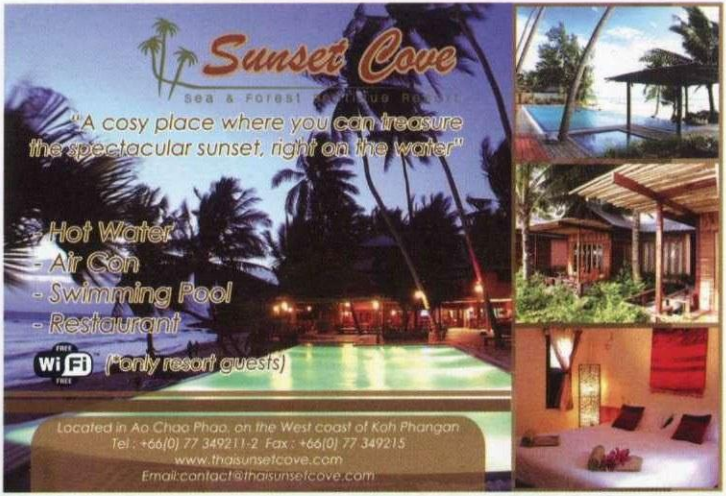
SRITHANU

Baan Srithanu, the local village and small fishing port is a quaint and interesting place with quite a lot going on. There are several bars and great value Thai restaurants, a popular Italian diner and one of best steakhouses on the island, as well as a fresh produce market and food area that is located at the main crossroads.

Haad Chao Phao is only a few minutes walk from Baan Srithanu where there are several cool beach bars, a pub and a few good places to eat; there is also Laem Son Lake, a freshwater pine shaded paradise - look out for the lakeside restaurant with water activities. The coastline changes at Laem Srithanu, where the sea gets deeper and a vibrant coral reef thrives, thus anywhere along this coastline there is an amazing underwater world just metres away.



South of Laem Srithanu the sea is shallower thus there are fewer resorts, but that adds to the draw of the wide open space giving a feeling of seclusion and tranquility; thus the Hin Kong to Srithanu area is very popular for long term house rental. The area is also home to a thriving spiritual community, an abundant supply of yoga retreats, detox centres and holistic practitioners; each ready to guide you through a tailored programme of treatments.



HAAD YAO - KOH MA : NORTH WEST KOH PHANGAN



Land For Sale
Tel : 08 9871 4386

Koh Ma
Haad Thong Lang
Why Not Bungalow
Sea Bungalow
Haad Mae Haad
Royal Orchid Resort
Maehaad Bay Resort
Island Resort Sabang
The Dive Inn
Chaloklum Diving
Wang Sai Resort
Mae Haad Beach Resort
Haad Yao Divers
Mae Haad Cove
Wang Sai Garden
Panorama Viewpoint
Monkey at Elephant
Wangsai Waterfall
To Chaloklum (p163)
Salad Beach Resort
Hope Bungalow
Reggae Village
Haadlad Prestige Resort & Spa
Haad Salad
Green Papaya
Sail Rock Divers
Pirate Divers
Yoga Retreat
My Way
Haad Salad Villa
France Plongee
Salad Hut
Phangan Natural Resort
Cookies Salad Resort
Lucky Resort
Haad Gruad
Tropic Coconut Tree
Dragon Hut
Haad Gruad Resort
Haad Thian
(west)
Peppercorn
Pyramid Villa
Paradise Cove Resort
Reefers Dive Resort
Haad Yao Bay View Resort
Chaloklum Diving
Long Bay Resort
Haad Yao Divers
Haad Yao
(west)
Silver Beach Bungalow
Haad Yao Villa
Haad Yao Resort
Haad Yao Bungalow
Nira Pharmacy
Fellini
Seaboard Bungalow
Crave
Bay View Bungalow
Ibiza Bungalow
J.B. Hut Bungalow
Haad Yao Fitness
Apple Bar
Sandy Bay Bungalow
Haad Yao Over Bay Resort
Eagle Pub
Secret Haad Yao Villas
Bounty Resort
Night Life Bungalow
Haad San Resort
Heavenly
Fantawan Resort
Haad Son
Secret Beach
To Srithanu (p158)
To Srithanu (p158)

RECOMMENDED

- Chaloklum Diving (p43)
- Dragon Hut (p161)
- France Plongée (p48)
- Haad Yao Divers (p41)
- Long Bay Resort (p05)
- Maehaad Bay Resort (p04)
- Peppercorn (p76)
- Pirate Divers (p47)
- Reefers 5 Star Dive Resort (p45)
- Sail Rock Divers (p39)
- Seaboard Bungalows (p169)
- The Dive Inn (p47)
- Yoga Retreat (p91)

Telephone Directory See Page 180

AROUND HAAD YAO

Haad Yao is thought to be one of the most beautiful beaches on Koh Phangan with a wide cove flanked by steep rocky peninsulas surrounding nearly one kilometre of perfect white sand. It is a popular beach that has developed to accommodate both budget and high end tourist markets with several great restaurants and a variety of beachfront bars. There are also supermarkets, a snooker hall and some cool viewpoint bars.

Further up the coast Haad Thian and Haad Kruad are secluded getaways with some great rooms on the beach. Haad Salad used to be a pirates hideout but has moved on since then, with old skool and high end resorts, a beautiful landscape and coral reef; making it very similar to Haad Yao but on a smaller scale. Further north Haad Mae Had and Koh Ma are a tropical and underwater



paradise bordering Koh Phangan's only Marine Park. Koh Ma is a small island just off the coast with a sandbar that links the two islands. Here it's possible to spot turtles, harmless reef sharks and swim amongst shoals of colourful tropical fish. The region is fairly mountainous away from the coast, with Wang Sai Waterfall and a number of mountain trails and walks to follow; and with the large concentration of beaches in the north west, it is possible to beach hop up the coastline by kayak or longtail.

Haad Gruad, Koh Phangan Tel : 08 6941 4620 / 077 349350 www.phangan.info/dragonhut



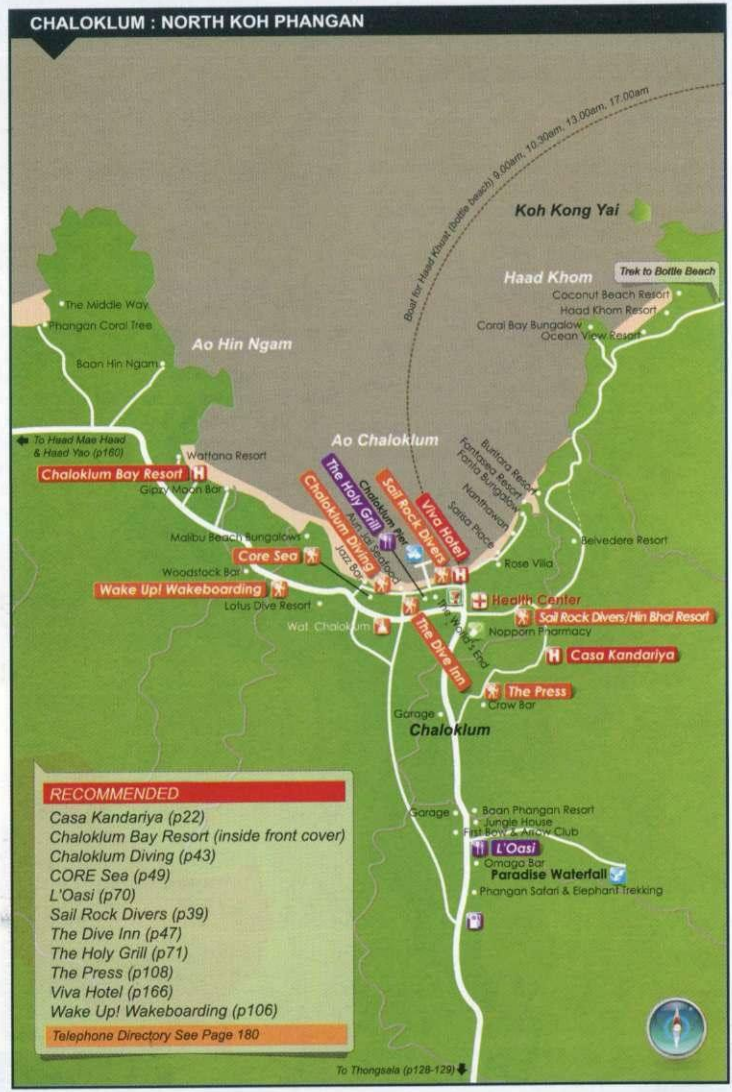




DRAGON HUT

Seaview Restaurant
Oversea Call & Fax
Free WiFi
Mortorbike For Rent

Laundry Service
Taxi Service
And Much More...

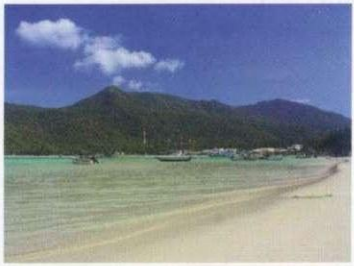

CHALOKLUM : NORTH KOH PHANGAN
Boat for Haad Khuat (bottle beach) 9.00am, 10.30am, 13.00pm, 17.00pm
Koh Kong Yai
Haad Khom
Trek to Bottle Beach
Coconut Beach Resort
Haad Khom Resort
Coral Bay Bungalow
Ocean View Resort
The Middle Way
Phangan Coral Tree
Ao Hin Ngam
Baan Hin Ngam
To Haad Mae Haad & Haad Yao (p180)
Ao Chaloklum
Wattana Resort
Chaloklum Bay Resort
Gipsy Moon Bar
Buritana Resort
Fantasea Resort
Folita Bungalow
Nanthawan
Sarisa Place
The Holy Grill
Chaloklum Pier
Sail Rock Divers
Viva Hotel
Chaloklum Diving
Aum's Seafood
Jazz Bar
Malibu Beach Bungalows
Core Sea
Woodstock Bar
Wake Up! Wakeboarding
Lotus Dive Resort
Wat Chaloklum
Belvedere Resort
Rose Villa
Health Center
Sail Rock Divers/Hin Bhai Resort
Nopporn Pharmacy
Casa Kandariya
The Dive Inn
The Press
Crow Bar
Garage
Chaloklum
RECOMMENDED
Casa Kandariya (p22)
Chaloklum Bay Resort (inside front cover)
Chaloklum Diving (p43)
CORE Sea (p49)
L'Oasi (p70)
Sail Rock Divers (p39)
The Dive Inn (p47)
The Holy Grill (p71)
The Press (p108)
Viva Hotel (p166)
Wake Up! Wakeboarding (p106)
Telephone Directory See Page 180
Garage
Baan Phangan Resort
Jungle House
Fat Bow & Arrow Club
L'Oasi
Omaga Bar
Paradise Waterfall
Phangan Safari & Elephant Trekking
To Thongsala (p128-129)

CHALOKLUM

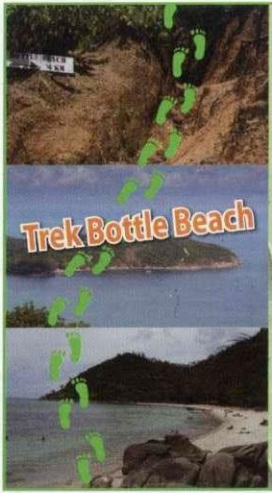
Chaloklum village is the north's main fishing port and has a wealth of inexpensive seafood restaurants serving fresh delicacies such as locally caught squid. There are also a few bars to visit and Chaloklum is home to various activities including archery, elephant trekking, wakeboarding and scuba diving.

The maritime roots have encouraged several dive schools to locate here and there are numerous dive and snorkelling sites nearby. It is fairly mountainous and gets more rugged as you head east, thus there are a number of trails to climb if you're into walking, waterfalls to visit and the Chinese Temple just outside the village.

Chaloklum beach itself is very long, the village is located in the middle and good value resorts flank either side of the scenic



bay. Further east Haad Khom has a small coral reef popular with snorkellers and both good value and high end resorts; there is now a concrete road which makes it easy to drive by motorbike, while it is also easy enough to walk around the coastline or - for an island experience - boat taxis run regularly from the pier in Chaloklum to Bottle Beach.



Adventurous travellers that want to get off the beaten track can test their endurance with a trek to Bottle Beach. Covering a total distance of around 4-5 kilometres, tired legs are rewarded by some stunning vistas and the soft white sands and turquoise waters of one Koh Phangan's most beautiful beaches!

Indicated by a small sign on the right hand side, the start point for the dirt trail can be found just beyond the end of the concrete road that runs from the west of Chaloklum. From here the path winds up the mountain through dense trees and shrubs, marked every few metres by empty water bottles. Trekkers can take a breather at the summit, before beginning the steep decent into the bay. At a steady pace, the trek should take approximately an hour.

After cooling off with a dip and soaking up the sun, less strenuous return journeys can be made aboard long tails that leave from the beach throughout the day. Be sure to take plenty of water and wear sturdy footwear as the loose gravel and uneven ground make it easy to fall! Never attempt the trek in wet weather as the trail quickly becomes slippery and can be affected by flash floods. (See map opposite)

BEACHES



Ao Hin Kong

Ao Hin Kong is a long bay that is mostly undeveloped, the coral reef lies about 300 metres off the beach and Mangrove trees line the coast giving the place an untouched feel, great for catching a sunset in solitude. A sign warns not to take seashells and corals from the bay, respect this as it is a haven for nature and it is illegal to take them home.

Ao Srithanu

Laem Srithanu is a peninsula lying between Hin Kong and Ao Srithanu. It extends way out from the coast and the small beaches that populate its coastline are close to the coral reef. It's also a good spot for beach fishing. On the northern end of Srithanu Bay the beach is split by a river estuary and has to be reached by footbridge, the sand is plentiful and the beach wide.

Haad Chao Phao

Haad Chao Phao has beautiful sunset views and softly curved bay that is the image of paradise. The sand is white and fine and the sea shelf is steeper before the reef, thus it is possible to swim whatever the tidal conditions. The reef is about 100 metres from the beach and once crossed the rich coral and vibrant sea life are an attraction for divers and snorkellers.

Haad Son

Haad Son is a secluded tropical getaway that has some good quality resorts at its northern end. It is a small scenic palm fringed cove with a wide stretch of white sand.

Haad Dao Deuk

At the southern point of Haad Yao beach is Haad Dao Deuk, a tiny private cove with its own white sand beach and secluded sunset views. Wile away your desert island dreams at this secret hideaway.

Haad Yao

Haad Yao or "Long Beach" is picture postcard material, with a 1km beach that is wide enough to play football on with sunset views, coral reef, beautiful vistas and more than enough space to allow for its ever expanding popularity; many consider it the "perfect" beach.

Haad Thian (west)

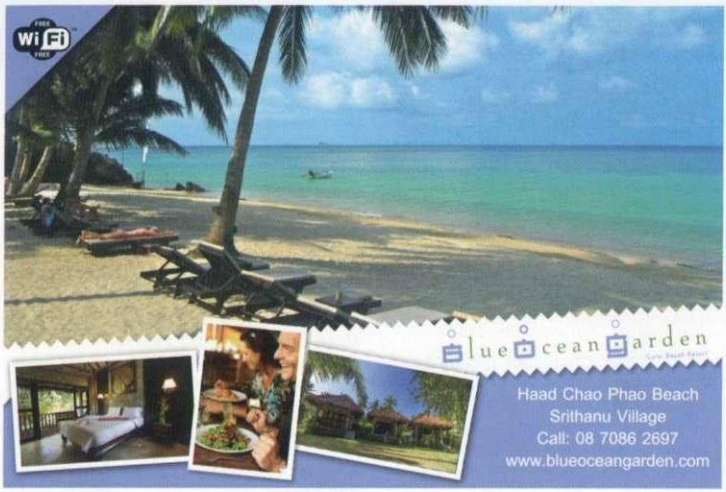
Haad Thian is a small secluded beach with only one resort. Here the sand is courser mixed with coral deposits. It is fairly close to the reef, but is shallow before it thus swimming conditions are best in high tidal season unless you venture over the reef.

Haad Kruad

Haad Kruad is a small picturesque beach with course sand and coral deposits. A shallow tide and an offshore reef means it is perfect for snorkellers and families; there is one boutique resort.

Haad Salad

Haad Salad is a beautiful and peaceful beach; good for swimming in high tidal seasons with a reef about 150 metres offshore that is a well-known dive site.



Haad Mae Haad

Mae Haad has recently gone through a lot of changes, it has greatly improved road connections and there is a village building up behind it. There are quite a few resorts, but as the beach is fairly long, there's still enough room for solitude. It has sunset views over Koh Ma and the waters and coral reef that surround it are designated as a Marine Park as they are so rich in sea life, with turtles and small reef sharks. The beach has a sand bar that you can walk across to reach Koh Ma.

Haad Thong Lang

Haad Thong Lang or "Golden Deserted Beach" is exactly that. At present there are still no permanent settlers there, although recently a couple of huts have gone up but are rarely inhabited. It has a shallow coral bay with a reef that creates a beautiful lagoon in high tide.

Ao Chaloklum

The beach on Ao Chaloklum is about 2½km long, with the village of Chaloklum right in the centre. As it is still primarily a fishing village you can find the local fishermens' wonderfully handcrafted longtail boats with truck engines mounted on the back; a great view to take in while eating in the local restaurants. At either side of the village there are some nice wide stretches of palm fringed beach.

Haad Khom

Haad Khom is a pretty little white sandy beach on the east side of Chaloklum Bay, known for its laid back vibes and is popular with long-termers looking to get away from the hoards. It is a popular spot for snorkelling due to the extensive living coral reef. Within 20 minutes walk from the conveniences of Chaloklum village.

ACCOMMODATION

Blue Ocean Garden (p165)
Haad Chao Phao, 08 7086 2697
This cosy resort offers a few deluxe bungalows and comfy rooms on a private area of Haad Chao Phao beach.

Casa Kandariya, Chaloklum (map p162)
08 5690 1259
Houses for rent in private peaceful area near Chaloklum village. Clean, fully furnished with equipped kitchen, hot shower, spacious balcony and private tropical garden space with mountain views.

Chaloklum Bay, Chalokum (inside front)
077 374147-8
At the peaceful end of Chaloklum beach, there are beachfront bungalows with fan or air-con around tropical swimming pool. Includes good long-term rates and houses for rent.

Chills Resort, Laem Srithanu (map p158)
08 0635 7023
Chills Resort is a small intimate resort in it's own secluded bay with views of Ang Thong Marine Park. It has a range of accommodation from double fan rooms with hot showers, to deluxe split level a/c bungalows. Free WiFi.

Dragon Hut, Haad Kruad (p161)
077 349350
A quiet, private place for nature lovers, with a warm welcome and family hospitality. Fan and air-con bungalows overlooking the ocean; every bungalow has sunset and sea view.

Long Bay Resort, Haad Yao (p05)
077 349057-9
Classic air-con bungalows set in tropical gardens around spacious swimming pool. Beachfront seafood BQQ every evening.

Maehaad Bay Resort (p04)
Haad Mae Haad, 077 374328-32
A selection of comfortable hotel rooms and luxurious private suites. The 30m swimming pool creates space between rooms. WiFi available throughout the resort.

Seaboard Bungalows, Haad Yao (p169)
077 349157
On the beachfront of Haad Yao, 20 bungalows for all budgets. A friendly beach bar, sheesha, a chill out atmosphere and stunning sunsets. Wi-Fi available.

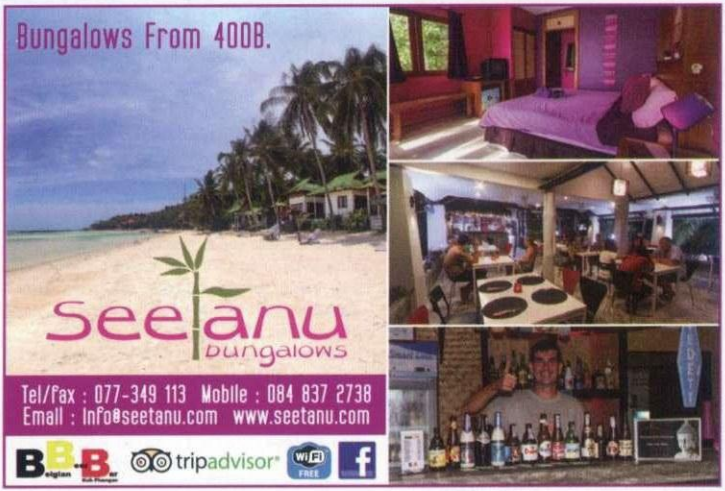
Seethanu Bungalows (right)
Haad Chao Phao, 077 349113
A choice of fan or air-con bungalows price starting at only 400 Baht per night and friendly beachfront bar with speciality Belgium beers.

Sunset Cove, Haad Chao Phao (p159)
077 349211
A friendly family run resort, the popular *Sunset Cove* offers a choice of natural wooden cottages in a tropical setting and beachfront infinity pool.

Viva Hotel, Chaloklum (see map p162)
077 374355
In the heart of old fishing village of Chaloklum, *Viva* is a modern beachfront hotel catering for every tourist and any budget. Ask for Muay Thai and Dive packages.

RESTAURANT & BARS

Belgium Beer Bar, Srithanu (top right)
077 349113 or 08 4837 2738
Great selection of 23 Belgian beers; Hoegaarden, La Chouffe, Kwak, Vedett, Maredsous and more. Thai and Belgian kitchen, you can try the famous mussels (1.5kg) with garlic cream or white wine sauce or Thai style served with Belgian fries.



Fellini, Srithanu (p79)
077 349020
This cosy Italian restaurant is very popular. Near to 7-11, *Fellini* prides itself on traditional stone oven cooked pizza, homemade pasta, steak, seafood specials and a full vegetarian menu.

La Dolce Vita, Haad Chao Phao (p78)
08 7086 2697
La Dolce Vita is a cosy restaurant under Italian and Thai management on Chao Phao beach, near Srithanu village, serving delicious Italian and Thai cuisine right on the beach. Famous for its rich Thai cuisine and Italian homemade dishes.

The Holy Grill, Chaloklum (p71)
08 0039 6353
BBQ garden restaurant located in the fishing village of Chaloklum. Serving a selection of Western style BBQ with skewers, burgers, ribs, steak and fresh fish. All BBQ = only 100 Baht. Every Wednesday and Friday from sunset; all-you-can-eat BBQ buffet for only 200 Baht. *The Omega* acoustic jam follows on Wednesday.

Lake Hut, Laem Son Lake (p69)
08 9730 0081
Lake Hut is situated on the beautiful Laem Son lake. The traditional Thai thatched restaurant offers a variety of delicious Thai and Western dishes.

Peppercorn, Haad Salad (p76)
08 7896 4363
Juicy Steaks and a great variety of dishes from many parts of Europe. *Peppercorn* also offer daily specials, desserts, cakes and a wide selection of vegetarian food, all in good portions and for a reasonable price using only the best ingredients. Reopen on 1st July 2013.

ADVENTURE & ACTIVITIES

Chaloklum Diving, Chaloklum (p43)
077 374025 or 08 1477 2005
Established over 15 years (with 30+ years experience!), *Chaloklum Diving* offer luxury diving and snorkelling trips with personal PADI courses from novice to pro (in most languages). Their full facility PADI dive centre is in Chaloklum village, with bases at Mae Haad and Haad Yao beaches.

CORE Sea, Chaloklum (p49)
08 7273 9663 or 08 3106 7360
CORE Sea is Koh Phangan's only dedicated marine conservation and research center. You can help to protect the beautiful and unique coral-reefs of the island by joining for a day-trip or one of the courses for marine conservation, ecology and research. No previous experience needed.

France Plongée, Haad Salad (p48)
077 349323, 09 0067 0394
Notre club est situé sur une des plus belles plages de Koh Phangan, Haad Salad beach au coeur du familial resort Haad Salad Villa. Face à la plage, nous sommes immédiatement dans l'eau pour votre bapteme, votre formation ou votre plongée locale. Venez gouter la difference.

Haad Yao Divers, Haad Yao (p41)
08 4841 2102 or 08 6279 3085
Haad Yao Divers is the first PADI 5 Star IDC Dive Resort and only Go ECO Operator on Koh Phangan and is recommended by Lonely Planet. They can offer courses for all levels in English, Deutsch, Dutch, Spanish or Français with teaching materials available in many other languages.

Pirate Divers, Haad Salad (p47)
08 1077 4470
Pirate Divers is located in Haad Salad, which is a well-known beach dive site. There is a wide range of PADI and SSI courses on offer, from beginner all the way up to Divemaster. The staff are all highly experienced PADI pros and are dedicated to customer service.

Reefers 5 Star Dive Resort, Haad Yao (p45)
077 349291
Reefers offers great dive/stay packages. Set in beautiful surroundings it offers everything you need for a relaxed, friendly diving environment. There is a fully equipped center, airy classrooms, equipment rental and 8 lovely bungalows set on a small hillside which are included with all PADI courses.

The Dive Inn, Chaloklum (p47)
077 374262
The Dive Inn, situated in Chaloklum Village, specialises in PADI courses, from beginner to professional. Courses are conducted in multiple languages and at a pace to suit you. Daily trips to prime diving and snorkeling sites, all under the guidance of some of the most experienced staff on Koh Phangan.

Sail Rock Divers, Chaloklum (p39)
077 374321
Koh Phangan's premier 5 STAR Instructor Development Centre, *Sail Rock Divers* are the first and only one stop dive resort with air-con bungalows starting from 900 Baht per night, Thai and International restaurant and poolside bar.

Wake Up! Wakeboarding (p106)
Chaloklum, 08 7283 6755
Wake Up! Wakeboarding is the only professional set up in the Gulf of Thailand, with English speaking instructors, Mastercraft X Star tow boat with tower and ballast, top brand equipment and most importantly passion for the sport.

PHANGAN.INFO



Wipeout, Laem Son Lake (p107)
08 9730 0081
Phangan Wipeout is the new and legendary adventure obstacle course on water. Comprising of rope swing, trampolines, climbing wall, rolling barrels and many more.

SHOPS

C&M Souvenir Shop (map on page 158)
Srithanu Village, 077 349233
Lamps and lanterns, natural stone jewellery, Thai herbal skin and body care, different accessories and much more - the choice is so huge that it's impossible to leave with empty hands!

HEALTH & SPA

Agama Yoga (p91)
Srithanu, 08 9233 0217
An expansive program of study is available at *Agama Yoga* from daily drop-in Hatha Yoga classes (400 Baht a day - first day free) to certified monthly intensive courses, workshops covering a range of esoteric subjects, and silent meditation retreats.

Ananda Wellness Resort (p93)
Ao Hin Kong, 08 1397 6280
Ananda Wellness Resort offers accommodation, detoxification programs, massage, salt water pool, FREE WiFi, a restaurant featuring vegetarian and vegan food and stunning sunset views over the bay.

Medical Massage by Simba (p96)
Srithanu, 08 0891 2375
The oriental medical massage grand master offers specialised treatments "Qi-energy Trance-work" for long term physical body problems such as stiff muscular aches, joint aches, migraine, tinnitus, sciatica, scoliosis etc.

Orion Healing Center (p95)
Srithanu, 08 9048 0020 or 08 9038 0085
The *Orion Healing Center* is located in Srithanu bay and specialises in detox, yoga, healing therapies and wellness retreats. Fasting, juicing and colonic cleansing detox programs are available to cleanse and heal the body, mind and soul.

The Yoga Retreat, Haad Salad (p91)
077 374310
The Yoga Retreat is just 1km from Haad Salad beach and has peaceful spectacular views over looking the jungle. It is a family business run by highly qualified instructors offering classes and courses in Ashtanga Traditional Mysore style, Pilates technique or Hatha Flow. Indian Buffet every Friday at 7pm.

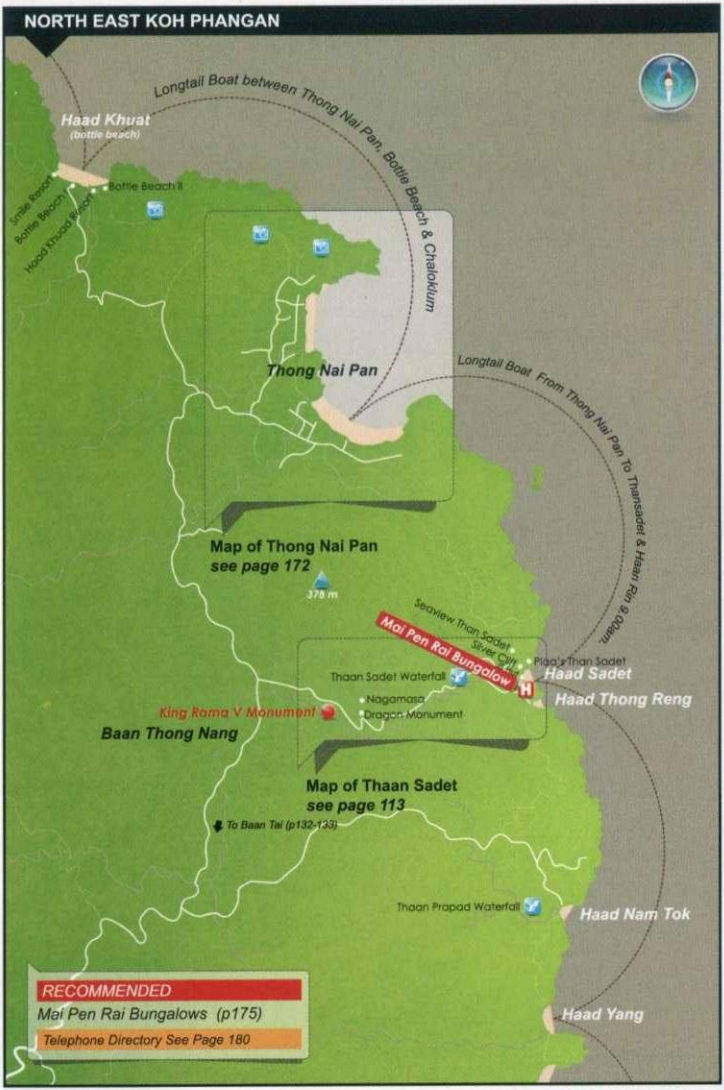
GUIDE TO NORTH EAST

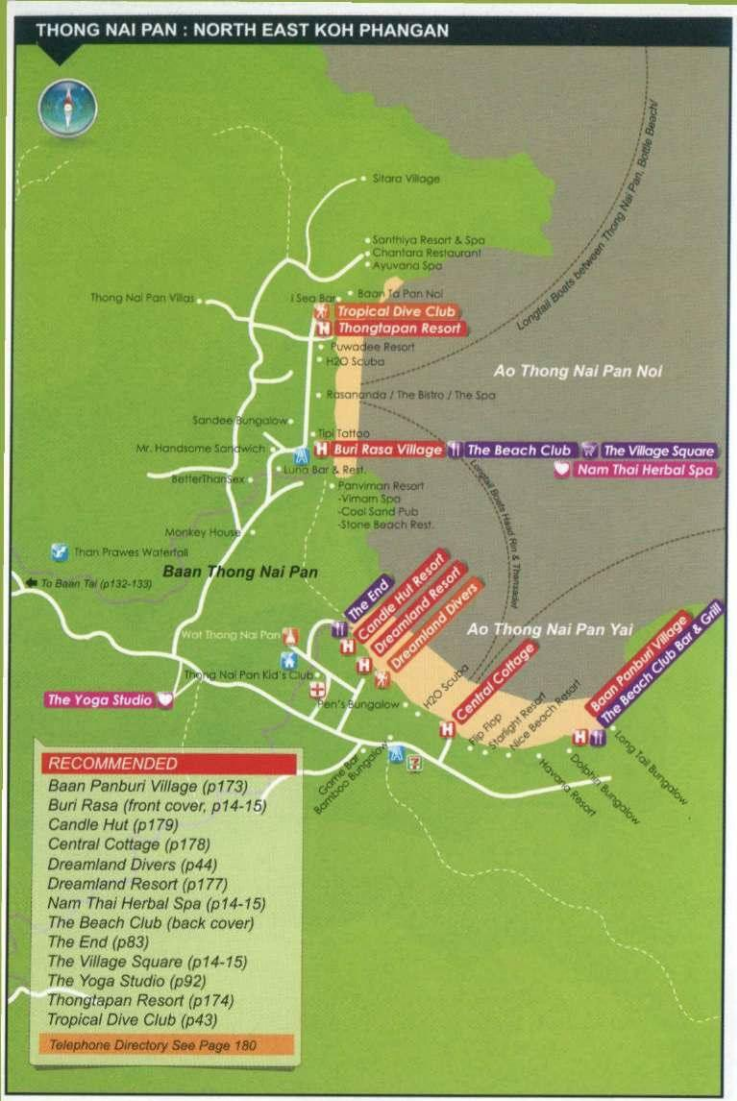
WWW.PHANGAN.INFO

INTRODUCTION

The wild and untamed east coast of Koh Phangan is the most mountainous region on the island. Steep volcanic hills run down to sheer cliffs that dominate the rugged coastline. Only a few beaches occupy this region and all that do are formed into idyllic deep coves that are the embodiment of tropical paradise. Thong Nai Pan Yai and Thong Nai Pan Noi are two of the island's most celebrated beaches they also have the most vibrant scene on the north east coast with plenty of bars and the biggest village in the region. Haad Sadet and Haad Thong Reng are very similar to the Thong Nai Pans, but on a smaller and quieter scale. The river that splits these two beaches forms Koh Phangan's most dramatic waterfall, Nam Tok Thaan Sadet, a cascading year round 4km run of rock pools and rapids. It has become a favourite place for several Kings of Thailand to visit and the waters are considered sacred.

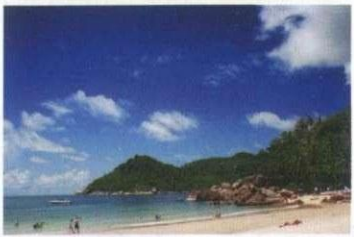
The rocky mountainous landscape is far more rugged than the rest of the island and its uncultivated slopes are the most part original tropical rainforest; an untouched haven for wildlife. There are several impressive waterfalls to visit, Thaan Sadet National Park with its giant monitor lizards and a number of places for experienced rock-climbing enthusiasts. The landscape makes the region fairly inaccessible, thus there are no major services locally and the roads are mostly part baked clay and can be hazardous, especially in adverse weather conditions. That said, Koh Phangan's road building program has extended to this district and a concrete road all the way over the mountains will be completed soon. All of the beaches can be reached by boat taxis from Chaloklum or Haad Rin.


NORTH EAST KOH PHANGAN
Longtail Boat between Thong Nai Pan, Bottle Beach & Chaloklum
Haad Khuat
(bottle beach)
Smile Resort
Bottle Beach
Haad Khuat Resort
Bottle Beach II
Thong Nai Pan
Longtail Boat From Thong Nai Pan To Thansadet & Haad Rin 9.00am
Map of Thong Nai Pan
see page 172
378 m
Seaview Than Sadet
Silver City
Mai Pen Rai Bungalow
Piaa's Than Sadet
Haad Sadet
Haad Thong Reng
Thaan Sadet Waterfall
Nagamasa
Dragon Monument
King Rama V Monument
Baan Thong Nang
Map of Thaan Sadet
see page 113
To Baan Tai (p132-133)
Thaan Prapad Waterfall
Haad Nam Tok
RECOMMENDED
Mai Pen Rai Bungalows (p175)
Telephone Directory See Page 180
Haad Yang


THONG NAI PAN : NORTH EAST KOH PHANGAN
Sitara Village
Santhiya Resort & Spa
Chantara Restaurant
Ayuvarna Spa
Thong Nai Pan Villas
Sea Bar
Baan Tai Pan Noi
Tropical Dive Club
Thongtapan Resort
Longtail Boats between Thong Nai Pan, Bottle Beach!
Puwadee Resort
H2O Scuba
Ao Thong Nai Pan Noi
Rasananda / The Bistro / The Spa
Sandee Bungalow
Tipi Tottee
Mr. Handsome Sandwich
Buri Rasa Village
The Beach Club
The Village Square
Nam Thai Herbal Spa
Betterthansex
Luna Bar & Rest.
Panviman Resort
-Vimarn Spa
-Cooi Sand Pub
-Stone Beach Rest.
Longtail Boats Haad Rin & Thansadet
Monkey House
Than Prawes Waterfall
Baan Thong Nai Pan
To Baan Tai (p132-133)
The End
Candle Hut Resort
Dreamland Resort
Dreamland Divers
Ao Thong Nai Pan Yai
Wat Thong Nai Pan
Thong Nai Pan Kid's Club
H2O Scuba
Central Cottage
Baan Panburi Village
The Beach Club Bar & Grill
The Yoga Studio
Pen's Bungalow
Flip Flop
Starlight Resort
Nice Beach Resort
Long Tail Bungalow
Dolphin Bungalow
Havana Resort
Game Bar
Bamboo Bungalow
RECOMMENDED
Baan Panburi Village (p173)
Buri Rasa (front cover, p14-15)
Candle Hut (p179)
Central Cottage (p178)
Dreamland Divers (p44)
Dreamland Resort (p177)
Nam Thai Herbal Spa (p14-15)
The Beach Club (back cover)
The End (p83)
The Village Square (p14-15)
The Yoga Studio (p92)
Thongtapan Resort (p174)
Tropical Dive Club (p43)
Telephone Directory See Page 180



THONG NAI PAN



Thong Nai Pan (TNP) has been a major hit on the travelling circuit for many years with an amazingly beautiful landscape, great vibe and unique islander hospitality that can only come from this part of Koh Phangan. It really is laid back but still has plenty going on; with a selection of two beaches, countless beach bars and restaurants and loads to do locally.

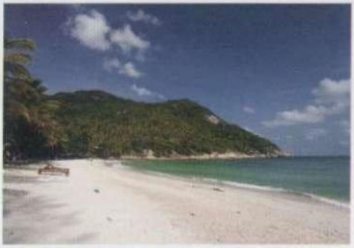
The mountainous terrain provides some excellent hikes and walks, with a scenic waterfall trail starting from TNP Noi that runs for about 2kms and there is endless tropical rainforest to explore. Offshore there is everything on offer from scuba diving to fishing trips and loads more if you have the energy. For a truly Thai experience take a day trip by longtail boat to Bottle Beach or Thaan Sadet waterfall.

TNP Yai is the larger of the two bays, laced with wide white stretch of sand, leaving plenty of space between the rooms. Unlike the west side of the island, neither beach has a coral reef, which although doesn't make them great for snorkelling, it does mean that the waters are deep and perfect for all year round swimming and water sports. Accommodation options are varied, you can take your pick from family friendly resorts to flash packer bungalows.

A short hop over the headland brings you to TNP Noi. Always considered the prettier sister to TNP Yai, this bay has undergone a radical transformation in recent years, with many of the original beach front bungalows being replaced by exclusive 4-star resorts. All grown up - TNP Noi is now an enclave for people looking for luxury. For those who don't want to blow the budget a few lower key accommodation options still exist and behind the main strip visitors can still enjoy the original village which holds firmly onto its authentic bohemian roots.

Both beaches have internet, ATMs and supermarkets. No matter which you choose, they are within walking distance of each other and are both equally as rewarding.

BEACHES



Bottle Beach (Haad Khuat)
Haad Khuat or Bottle Beach is one of the island's most well-known beaches and is a Mecca for long-termers and old skool Phangan aficionados. It is considered one of the most beautiful beaches on the island due to its wide golden shoreline, the lush mountainous cove surrounding it. Its inaccessibility has meant visitors tend to stay longer than a week and it is usually reached by boat taxi from Chaloklum. If the weather comes in, you can get stranded here for a day or two as boats can only navigate here in calm seas (there is a road from Thong Nai Pan, but it's very hard going).

Thong Nai Pan Noi
Immensely beautiful and with great swimming, the quieter of the Thong Nai Pan beaches has a somewhat legendary status amongst travellers. Along the beachfront 4-star resorts mix it up with mid-range accommodation options. There's a small village built up behind the beach with a few cool bars and funky restaurants keeping the old skool Phangan vibe alive.

Thong Nai Pan Yai
Thong Nai Pan Yai is the larger of the two bays, equally as beautiful laced with its wide white stretch of sand, and the busier



of the pair. It is slightly longer with more space between rooms, accommodation is varied ranging from your basic hut to air-con villas. It is also home to the main village of the region with all the essential services one may require.

Haad Sadet

Haad Sadet is a beach situated at the mouth of the Thaan Sadet river. Small, but perfectly formed this picturesque cove is flanked by steep green hills and huge boulders that tumble into the turquoise waters. A truly tranquil spot of bohemian bungalows and chilled island vibes. If you are looking for a slice of island life, then look no further. Here accommodation is comfortable, but holds a Robinson Crusoe appeal, the local families are warm and the beach, breathtaking. Not far, back up the dirt track, visitors can explore the wonders of the Thaan Sadet waterfall and surrounding National Park.

Haad Thong Reng

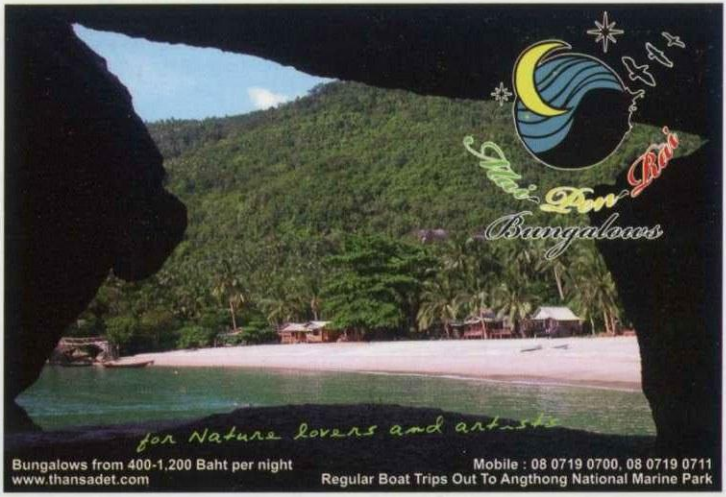
A few minutes walk from Haad Sadet, Thong Reng is the quieter of the two beaches and is a secluded sandy get away.

Haad Nam Tok

Haad Nam Tok or Waterfall beach is accessible via a small track and is bordered by Thaan Prawet Waterfall; it has a few good value resorts on the hilldside and an isolated old skool feel.

Haad Yang

Haad Yang is the destination for those who want to experience their own adventure. Totally undeveloped but for a couple of rudimentary shacks that provide shade to local fishermen. The beach itself is beautiful, but the real thrills are found just inland, following a small river leads to a series of waterfalls and rock pools.



ACCOMMODATION

Baan Panburi Village, TNP Yai (p173)
077 445074-5 or 077 238599
Most bungalows are directly on the beach or set back no more than 20 metres - fan or aircon available. Try *The Beach Club* bar and grill for authentic Thai food / seafood BBQ.

Buri Rasa Village (front cover, p14 & p15)
Thong Nai Pan Noi, 077 445211
Buri Rasa Village has high end 4-star beachfront accommodation with a private balcony. The hotel has an outdoor pool overlooking Thong Nai Pan Noi beach. There is a vintage restaurant and free Wi-Fi throughout the resort.

Ferry Service

At Thong Nai Pan Yai beach the *Thong Na Pan Express* runs a regular boat service to Koh Samui, departing every day at 09.00am it will drop passengers at Thong Nai Pan Noi, Thaan Sadet, Haad Thian, Haad Yuan, Haad Rin Nok and arrive Mae Nam beach on Koh Samui at around 10.30am.

On the way back, the boat leaves Koh Samui at 12.00pm and stopping at the same beaches above and finally reaching Thong Nai Pan Yai at 13.30pm.

Please note that this service may not run due to severe weather conditions.

Candle Hut Resort, TNP Yai (p179)
077 445119 or 08 7623 3406
Traditional wooden style and Thai modern style villas on the beach. Every bungalow has air-con with comfortable king size bed. All villas include TV, mini bar and a chic open-air bath.

Central Cottage, TNP Yai (p178)
077 445128 or 077 238586
A good variety of modern air-con and cheaper fan bungalows on the beach. Regular boat trips and daily beachfront seafood BBQs.

Dreamland Resort, TNP Yai (right)
077 238539 or 077 238549
Modern wooden/concrete bungalows with air-con or fan available, all set in tropical garden, beachfront pool and restaurant.

Mai Pen Rai, Haad Sadet (p175)
08 0719 0700 or 08 0719 0711
Classic fan bungalows on the beach or along the coast with sunrise sea views – 'for nature lovers and artists' – a perfect place to relax and take it easy.

Thongtapan Resort, TNP Noi (p174)
077 238538 or 077 445067
Set amongst lush tropical gardens, the bungalows come in classic wooden style with fan or air-con. There are also a few bungalows suitable for families or groups.

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DL Dreamland Resort











Facilities & Services
Motorbike and Jeep Rental
Travel & Tour Booking
Internet and Emai
International Telephone/Fax
Laundry Serivce
Beachfront Restaurant
Serving Thai and Western cuisine
Safety Deposit Box
Beachfront Swimming Pool

Thong Nai Pan Yai, Koh Phangan
Tel: 077 238539, 077 238549 Tel / Fax : 077 445051
www.dreamlandresort.net
email : dreamland_resort@yahoo.com
resort_dreamland@hotmail.com

ADVENTURE & ACTIVITIES

Dreamland Diver, Thong Nai Pan Yai (p44)
077 445181 or 08 7283 3700
Dreamland Diver is located next to Dreamland Resort on the stunning beach of Thong Nai Pan Yai. With its own fastboat and speedboat, *Dreamland Diver* leaves directly from the beach with easy access to all the major dive sites in the Samui Archipelago. The boat departs every morning at 10 o'clock.

Tropical Dive Club (p43)
Thong Nai Pan Noi, 077 445081
Based at the end of the beautiful beach of Thong Nai Pan Noi at *Thongtapan Resort* next to *I-Sea Beach Bar* the *Tropical Dive Club* is a multi-lingual school specialising in Deutsch and English tuition. To ensure the best quality dive trips, *Tropical Dive* only works with small groups of divers or on a one-to-one basis.

RESTAURANT & BARS

Pan Café @ Buri Rasa Village (p14 & 15)
Thong Nai Pan Noi
In a cozy corner right next to the beach, this petite cafe offers a variety of sandwiches, burgers and fries accompanied by refreshing beers, cocktails and fruit blends or a wide range of ice-cream.

Oleang @ Buri Rasa Village (p14 & p15)
A small Thai restaurant with a rustic look right next to the beach, offers a wide range of Thai food and snacks with cocktails and other liqueurs to go with.

The Beach Club @ Buri Rasa Village (p14)
Thong Nai Pan Noi
From morning to late night *The Beach Club* offers great food and tropical cocktails. Fresh seafood barbecued before



your eyes and savory Thai specialties. Breathtaking seaviews, friendly staff, regular entertainment and the sand beneath your toes complete *The Beach Club* experience.

The End, Thong Nai Pan Yai (p83)
077 445119, 08 5000 6300
The End Bar and Restaurant serves an eclectic menu of Western and Thai food. Lounging chairs, beanbags, a wonderful ambience and great music together make it a perfect place to sit back, relax and enjoy the delicious cocktail menu.

HEALTH & SPA

The Yoga Studio (p92)
Thong Nai Pan Yai, 08 9710 5770
Drop-in group classes are held every morning at 10am and are open to all levels. Private lessons are also available.

Beach Hopping

The rugged mountains that dominate the north east coast means that many of the most beautiful beaches on the island are difficult to reach by motorbike or car. Perhaps the easiest way to visit less developed beaches such as Haad Sadet, Bottle Beach, Haad Thian (east) and Haad Yuan is by longtail boat taxi.

Beach hopping down the east coast would be a perfect day trip for small groups; exploring the beaches and nearby waterfalls, passing breathtaking natural scenery - a totally tropical experience.

Ask some of the local Thais or at your resort to find a suitable boat for this trip.



BUSINESS DIRECTORY

ACCOMMODATION

(AC=air con, F=fan, HW=hot water, TV=satellite, SW=swimming pool, SP=spa)

Resort Name	Location	Telephone No.	Facilities	Page No.
Ananda Wellness Resort	Ao Hin Kong	08 1397 6280	AC,F,HW,TV,SP	93
Asia Bungalows	Haad Salad	08 6951 0626	-	-
Asia Hotel	Thongsala	077 238607	-	-
AWE Resort	Baan Tai	08 4655 5917	AC,HW,SW	-
B52 Beach Resort	Ao Bang Charu	077 377927	AC,HW,TV,SW	-
Baan Bang Rak	Ao Hin Kong	077 377513	-	-
Baan Busaba	Thongsala	077 377181	AC,HW,TV,SW	-
Baan Haad Yao Villas	Haad Yao	077 349160	AC,HW,TV	-
Baan Manali Resort	Ao Nai Wok	077 377917	AC,F,HW,TV	136
Baan Panburi Village	Thong Nai Pan Yai	077 238599	AC,F,HW	173
Baan Tai Backpackers	Baan Tai	08 0148 3359	AC,HW,TV	-
Baan Talay Guesthouse	Haad Rin Central	077 375083	AC,F,HW	-
Bamboo Bungalows	Thong Nai Pan Yai	077 238540	-	-
Bancha Sramanora Resort	Baan Khai	08 1079 6523	AC,F,HW,SW	-
Bantai Resort	Ao Baan Tai	077 238596	-	-
Barcelona Resort	Haad Yuan	08 5787 2339	-	-
Bay Lounge & Resort	Ao Hin Lor	077 377892-3	AC,HW,SW	56
Beck's Resort	Ao Nai Wok	077 377140	AC,F,HW	-
Beer Bungalows	Ao Baan Khai	077 238488	AC,HW,TV	-
Benjamin Hut	Haad Chao Phao	077 349286	AC,F,HW,TV	-
Best Western Phanganburi	Haad Rin Nai	077 375481/489	AC,HW,TV,SW,SP	06
Beyond the Blue Horizon	Haad Chao Phao	08 0718 8425	-	-
Bird Bungalows	Haad Rin Nai	077 375191	-	-
Black & White Bungalows	Haad Rin	077 375187	AC,HW,TV	155
Blue Hill Resort	Haad Rin Nai	077 375557-9	AC,HW,SW	-
Blue Lotus	Ao Baan Khai	077 238489	AC,F,HW	-
Blue Marine Resort	Haad Rin Nai	077 375407	AC,HW,TV	-
Blue Ocean Garden	Haad Chao Phao	08 7086 2697	AC,HW,SP	165
Bottle Beach I Resort	Bottle Beach	077 445151-2	AC,F,HW,TV,SW	-
Bottle Beach II	Bottle Beach	077 445156	F	-
Bounty Resort	Haad Dao Duek	077 349105	AC,F,HW,TV,SW	-
Buakao Inn	Thongsala	077 377226	AC,F,HW,TV	-
Buri Rasa Village	Thong Nai Pan Noi	077 445211	AC,HW,TV,SW,SP	14 & 15
Burithara Resort	Chaloklum	077 374115	AC,F,HW,TV	-
Candle Hut Resort	Thong Nai Pan Yai	077 445119	AC,HW,TV,SW	179
Casa Kandariya	Chaloklum	08 5690 1259	AC,HW,TV	22
Centara Pariya Resort	Haad Yuan	08 1737 3883	AC,HW,TV,SW	-
Central Cottage	Thong Nai Pan Yai	077 445128	AC,F,HW,TV	178
Chaloklum Bay Resort	Chaloklum	077 374147-8	AC,F,HW,SW	Inside Front
Chantaramas Resort	Ao Baan Khai	077 377663	AC,HW,TV,SW	-
Charm Beach	Ao Baan Tai	077 377165	-	-
Charung	Haad Rin Nai	077 375168	-	-

Chills Resort	Srithanu	08 0635 7023	AC,F,HW,TV	166
Coco Garden	Ao Bang Charu	077 377721	AC,F,HW	-
Coco Hut Beach Resort	Haad Seekantang	077 375368-9	AC,F,HW,TV,SW	Inside Back
Coconut Beach	Haad Khom	077 374298	F	-
Coconut Lane Villas	Wok Tum	08 1136 5895	AC,HW,TV,SW	23
Cookies Bungalows	Ao Plaay Laem	08 3181 7125	AC,F,SW	-
Cookies Salad	Haad Salad	08 3181 7125	AC,HW,TV,SW	-
Coral Bay	Haad Khom	077 374245	F	-
Coral Bungalows	Haad Rin Nai	077 375023	-	-
Da Kanda Villa Resort	Ao Bang Charu	077 238966	AC,HW,TV,SW	-
Dancing Elephant Hostel	Haad Rin Central	08 0052 1126	F	-
Delight Resort	Haad Rin	077 375527-9	AC,F,HW,TV,SW	-
Dew Shore Bungalows	Ao Baan Tai	077 238128	AC,F,HW,TV,SW	-
Dragon Hut	Haad Kruad	077 349350	AC,F,HW,TV	161
Dreamland Resort	Thong Nai Pan Yai	077 238539	AC,F,TV	177
Drop In Club Resort	Haad Rin Central	077 375444-7	AC,HW,TV,SW,SP	02
Fabio's Garden Lodge	Ao Baan Tai	077 377446	AC,F,TV,SW	-
Fanta	Chaloklum	077 374132	-	-
Fantasea Resort	Chaloklum	08 9443 0785	AC,F,HW,TV	-
Fairyland Club Resort	Haad Rin	077 375076	AC,HW,TV	55
Family House	Haad Rin	077 375173	AC,F,HW,TV	-
First Villa	Ao Baan Tai	077 377225	AC,HW,TV,SW	-
Golden Beach Resort	**Ao Baan Khai**	**077 238074**	-	-
Golden Hill Resort	Ao Wok Tum	077 238608	-	-
Grand Hill Hotel	Ao Nai Wok	-	AC,HW,TV,SW,SP	135
Grand Sea Resort	Ao Nai Wok	077 377776-7	AC,HW,TV,SW,SP	134
Green Papaya Resort	Haad Salad	077 374230	AC,HW,TV,SW,SP	-
Green Peace Bungalows	Ao Baan Khai	077 238436	AC,F,HW,TV	-
Haad Gruad Resort	Haad Gruad	077 349242	AC,F,HW,TV,SW	-
Haad Khom Bungalows	Haad Khom	077 374246	F	-
Haad Khuad Resort	Bottle Beach	077 445153-4	AC,F,HW,TV	-
Haadlad Prestige Resort	Haad Salad	077 349285	AC,HW,TV,SW,SP	-
Haad Rin Resort	Haad Rin	077 375259	-	-
Haad Rin Seaview	Haad Rin	077 375425	AC,F,HW	-
Haad Salad Villa	Haad Salad	08 1894 1758	AC,F,HW,TV	-
Haad Son Resort	Haad Son	077 349103-4	AC,F,HW,TV,SW	-
Haad Tian Beach Resort	Haad Thian (west)	077 349009	AC,HW,TV,SW,SP	-
Haad Yao Bay View Resort	Haad Yao	077 349140-1	AC,HW,TV,SW	-
Haad Yao Over Bay Resort	Haad Yao	077 349163	AC,F,HW,TV	-
Haad Yao Bungalow	Haad Yao	077 349000	AC,F,HW,TV	-
Haad Yao Resort	Haad Yao	077 349145	AC,F,HW,TV	-
Haad Yao See Through	Haad Yao	077 349314-5	AC,HW,TV,SW	-
Hacienda Beach Resort	Ao Bang Charu	077 377247	AC,F,HW,TV,SW	-
Hansa Resort	Ao Baan Tai	077 377494	AC,F,HW,TV	-
Havana Resort	Thong Nai Pan Yai	077 445162	AC,HW,TV,SW	-
High Life Bungalows	Haad Yao	077 349114	AC,F,HW,TV,SW	-
Hin Kong Resort	Ao Hin Kong	077 349240	AC,F,HW,TV	-
Hua Laem Resort	Haad Rin	077 375222	-	-

ACCOMMODATION

(AC=air con, F=fan, HW=hot water, TV=satellite, SW=swimming pool, SP=spa)

Resort Name	Location	Telephone No.	Facilities	Page No.
Hut Sun Bungalows	Haad Chao Phao	077 349097	AC,F,HW	-
Island View Cabana	Haad Mae Haad	077 374172	-	-
Jamaica Inn	Ao Baan Khai	077 238483	AC,F,HW	-
J.B. Hut Bungalows	Haad Yao	077 349154	AC,F,HW	-
JJ Resort	Ao Hin Kong	08 1958 8614	-	-
JS Hut	Than Sadet	077 445054	F	-
Joon Bungalows	Ao Nai Wok	08 7881 0988	F	-
Kung Bungalows	Haad Thaan Praphad	08 1891 5592	-	-
Kupu Kupu Beach Villas	Ao Plaay Laem	077 311384	AC,HW,TV,SW,SP	192
Laid Back Resort	Haad Rin	077 375190	-	-
Lazy House Hostel	Haad Rin	077 375432	AC,HW,TV	-
Leela Beach Resort	Haad Seekantang	077 375094	AC,F,HW	Inside Back
Lee Garden Resort	Ao Baan Khai	077 238150	-	-
Lighthouse Bungalows	Haad Seekantang	077 375075	F	-
Lime n Soda Resort	Ao Bang Charu	077 239520	AC,F,HW,TV,SW	137
Lipstick Cabana	Ao Hin Kong	077 349252	-	-
Long Bay Resort	Haad Yao	077 349057-9	AC,F,HW,TV,SW	05
Longtail Beach Resort	Thong Nai Pan Yai	077 445018	F,HW	-
Loy Fah Natural Resort	Laem Srithanu	077 377319	AC,F,HW,TV,SW	-
Lucky Resort	Haad Gruad	077 349007	AC,HW,TV,SW	-
Mac's Bay Resort	Ao Baan Khai	077 238443	-	-
Maehaad Bay Resort	Haad Mae Haad	077 374328-32	AC,HW,TV,SW	04
Mae Haad Cove	Haad Mae Haad	08 8734 4987	F	-
Mae Haad View	Haad Mae Haad	077 374122	-	-
Mai Pen Rai Bungalows	Haad Sadet	08 0719 0700	F	175
Malibu Beach Bungalows	Chaloklum	077 374057	AC,F,HW,TV,SW	-
Milky Bay Resort	Ao Baan Tai	077 238566	AC,F,HW,TV,SW	-
Moon Beach Bungalows	Srithanu	077 349026/258	AC,F,HW	-
Moon Paradise Bungalows	Haad Rin	077 375506	AC,F,HW,TV	-
Morning Star Resort	Ao Baan Khai	077 377757	AC,HW,TV,SW	07
Munchies Resort	Ao Baan Khai	08 7623 5603	AC,F,HW	-
My Palace Guesthouse	Ao Baan Tai	077 238163	AC,F,HW,TV	141
My Way Bungalows	Haad Salad	077 349267	AC,F,HW	-
My Phangan	Ao Baan Khai	077 377303	AC,F,HW,TV	-
Namthip Homebeach	Ao Baan Tai	08 3633 0824	AC,F,HW,TV	-
Neptune's Villa	Haad Rin Nai	077 375251	AC,HW,SW	-
Nice Beach	Thong Nai Pan Yai	077 238547	AC,F,HW,TV	-
Oasis Bungalows	Haad Rin	077 375503	-	-
Ocean View Resort	Haad Khom	077 377231	F,HW	-
OK Bungalow	Ao Wok Tum	09 0873 1773	AC,F,HW,TV	-
Palita Lodge	Haad Rin Nok	077 375170-2	AC,HW,TV,SW	149
Panviman Resort	Thong Nai Pan Noi	077 445101-9	AC,HW,TV,SW,SP	-
Papillon Bungalows	Ao Baan Khai	08 5474 3976	AC,F	-
Paradise Bungalows	Haad Rin Nok	077 375244	AC,HW,TV,SW	-
Paradise Cove Resort	Haad Yao	08 4912 8863	AC,HW,TV,SW	-

Pen's Bungalows	Thong Nai Pan Yai	077 445093	-	-
Phangan Bayshore	Haad Rin Nok	077 375224-227	AC,F,HW,TV,SW	-
Phangan Beach Resort	Ao Baan Tai	077 238809-10	AC,HW,TV	-
Phangan Bungalow	Ao Nai Wok	077 377197	-	-
Phangan Cabana	Haad Chao Phao	077 349184	AC,HW,TV,SW	-
Phangan Centerpoint	Thongsala	077 377232	AC,F,TV	-
Phangan Chai Hotel	Thongsala	077 377069	-	-
Phangan Cottage	Ao Baan Tai	077 238500	AC,F,HW,TV,SW	-
Phangan Cozy Bungalows	Thongsala	08 1535 5361	AC,F	-
Phangan Great Bay	Ao Baan Tai	077 238659	AC,F,HW,TV,SW	-
Phangan Orchid	Ao Baan Khai	077 238819	AC,HW,TV,SW	-
Phangan Paragon	Haad Chao Phao	08 4728 6064	AC,HW,TV,SW,SP	-
Phangan Rainbow	Ao Baan Khai	077 238236	-	-
Phangan Utopia	Haad Thong Lang	077 374093-5	AC,F,HW,TV,SW	-
Phangan Villa	Ao Bang Charu	077 377083	-	-
Phatchara Guesthouse	Thongsala	077 238865	AC,HW,TV	-
Peach Guesthouse	Haad Rin Nai	077 950713	AC,F,HW,TV	-
Pimmada Hut	Ao Nai Wok	077 377325	-	-
Pink's Bungalows	Ao Baan Khai	077 238373	-	-
Plaa's Than Sadet	Haad Sadet	077 445049	-	-
Power Beach Resort	Ao Baan Tai	077 238937	AC,F,HW,TV,SW	131
Rasananda	Thong Nai Pan Noi	077 239555	AC,HW,TV,SW,SW	-
Reggae Bungalows	Haad Salad	077 374253	AC,F,HW,TV	-
Rin Beach Resort	Haad Rin Nai	077 375112	AC,HW,TV,SW	148
Rose Villa	Chaloklum	077 374013	-	-
Royal Orchid	Haad Mae Haad	077 374207	-	-
Rung Arun Resort	Ao Baan Tai	077 238624	AC,HW,TV,SW	-
Sabai Beach Resort	Ao Plaay Laem	077 238895	AC,F,HW,TV	136
Sabaai Bay Resort	Ao Baan Tai	077 377166	AC,F,HW,SW,TV	-
Salad Beach Resort	Haad Salad	077 349149	AC,HW,TV,SW	-
Salad Buri Resort & Spa	Haad Salad	077 349146-8	AC,HW,TV,SW,SP	-
Salad Hut	Haad Salad	077 349246	AC,F,HW,TV,SW	-
Same-Same Guesthouse	Haad Rin Nok	077 375200	AC, F, HW	71
Sandee Bungalows	Thong Nai Pan Noi	077 445089	F	-
Sandy Bay Bungalows	Haad Yao	077 349119	AC,F,HW,TV	-
Sandy Bungalows	Haad Rin Nai	077 375138	-	-
Santhiya Resort & Spa	Thong Nai Pan Noi	077 428999	AC,HW,TV,SW,SP	-
Sarikantang	Haad Seekantang	077 375055-7	AC,F,HW,TV,SW	01
Seaboard Bungalows	Haad Yao	077 349157	AC,F,HW,TV	169
Seaflower Bungalows	Haad Chao Phao	077 349090	-	-
Sea Garden Resort	Haad Rin	077 375283-4	-	-
Sea Garden 2	Haad Chao Phao	077 349333	-	-
Sea Breeze Resort	Haad Rin	077 375362	AC,HW,TV,SW	-
Sea Rock Resort	Ao Plaay Laem	077 238803	-	-
Sea Salad Resort	Haad Salad	08 9586 9171	AC,F,HW	-
Sea Scene	Ao Plaay Laem	077 377516	-	-
Seaview Sunrise Resort	Haad Rin Nok	077 375160	AC,F,HW	-
Seetanu Bungalows	Haad Chao Phao	077 349113	AC,F,HW	167

ACCOMMODATION

(AC=air con, F=fan, HW=hot water, TV=satellite, SW=swimming pool, SP=spa)

Resort Name	Location	Telephone No.	Facilities	Page No.
Shanti Guesthouse	Srithanu	08 0039 1358	AC,HW	-
Silver Beach Bungalows	Haad Yao	077 349171	AC,HW,TV	-
Shambhala Bungalow	Ao Plaay Laem	077 239620	F,HW	-
Shiralea Backpacker Resort	Haad Yao	08 0719 9256	F,HW,SW	-
Silver Cliff	Haad Sadet	077 445087	F	-
Silvery Moon	Ao Baan Khai	077 238563	-	-
Smile Bungalows	Haad Khuat	08 1956 3133	-	-
Smile Beach Resort	Haad Salad	08 6100 0656	AC,F,HW,TV	-
Sojourn Villas	Haad Rin	08 6092 4179	AC,F,HW,TV,SW	152
Starlight Haadrin Resort	Haad Rin Nai	077 375441	AC,HW,TV	-
Starlight Resort	Thong Nai Pan Yai	077 445026	AC,HW,TV,SW	-
Stone Hill Resort	Ao Plaay Laem	077 238447	AC,F,HW	-
Sunrise Resort	Haad Rin	077 375145	AC,HW,TV,SW	-
Sunset Cove	Haad Chao Phao	077 349211-2	AC,HW,TV,SW	159
Sunset Hill Resort & Spa	Haad Chao Phao	08 9973 3205	AC,HW,TV,SW,SP	-
Sun Beach	Haad Rin	077 375192	-	-
Sun Cliff	Haad Rin	077 375134	-	-
Tanouy Garden Bungalow	Ao Baan Khai	077 238044	AC,F,HW,TV,SW	139
Tantawan	Haad Chao Phao	077 349108	-	-
Thanpraphard Homestay	Baan Nam Tok	08 1326 8917	F	-
The Beach Village	Ao Baan Tai	077 238855	AC,F,HW,TV	61
The Blue Parrot Resort	Ao Baan Tai	077 238777	AC,HW,TV	-
The Coast Resort	Haad Rin Nai	077 951567	AC,HW,TV,SW	08 & 09
The Sanctuary	Haad Thian (east)	08 1271 3614	AC,F,HW,TV,SP	03
Thongtapan Resort	Thong Nai Pan Noi	077 445067	AC,F,HW	174
Thong Yang Bungalows	Ao Hin Lor	077 238192	-	-
Tiu Resort	Ao Baan Tai	077 238319	-	-
Tommy Resort	Haad Rin Nok	077 375215	AC,HW,TV,SW	-
Triangle Lodge	Ao Baan Khai	077 377432	-	-
Two Rocks Bungalows	Ao Baan Tai	077 377544	-	-
Venus Resort	Haad Rin Nok	077 375011	AC,F,HW	-
Viva Hotel	Chaloklum	077 374355	AC,F,HW,TV	166
V-View Resort	Ao Baan Tai	077 377436	-	-
Wangsai Resort	Haad Mae Haad	077 374238	-	-
Wattana Resort	Chaloklum	077 374022	-	-
White Sand Resort	Thong Nai Pan Yai	077 445123	-	-
Whynam Hut	Haad Wai Nam	08 1370 2667	-	-
Yoga Retreat	Haad Salad	077 374310	F,SP	91

RESTAURANTS & BARS (see page 66)

Restaurant Name	Location	Telephone No.	Food Served	Page No.
4U Bar	Thongsala	077 238313	-	82
100 Islands Coffee Bar	Baan Tai	08 1559 2230	Fresh Coffee, Cake	68
Amstardam Bar	Thongsala	077 238447	Panoramic Views	-
A's Coffee Shop	Thongsala	077 377226	Thai & International	-
Angels Bay	Ao Hin Kong	08 4326 7031	Mediterranean	-

Ando Loco	Thongsala	08 5791 7600	Mexican	77
Bamboo Bistrot	Thongsala	08 0526 9077	French	70
Bangers & Mash	Baan Tai	-	Draught Beers,Ciders	81
Bay Lounge	Ao Hin Lor	077 377892-3	Thai & Seafood	56
Beachlounge	Thongsala	08 6870 4942	Thai Fusion, Seafood	72
Belgium Beer Bar	Haad Chao Phao	077 349113	Belgium Beers	167
Buri's Sapphire Beach Rest.	Haad Rin	077 375481	Thai & Western	06
Casa Italiana	Thongsala	08 6952 4563	Pizza and Pasta	-
Colour Coffee	Thongsala, Srithanu	08 4333 2441	French Patisserie	67
Drop In Bar	Haad rin	077 375374	Beachfront Venue	02
Fabio's	Baan Khai	077 377180	Italian, Pizza	79
Fellini	Srithanu, Haad Rin	077 349020	Italian	79
Fisherman's Restaurant	Baan Tai	08 4454 7240	Fresh Seafood	73
Fish at Thips	Baan Tai	08 7893 3804	Seafood & Thai	75
Food Factory	Baan Tai	-	Burgers, Pizza	81
Franck's Restaurant	Thongsala	077 377832	French, Wine, Steaks	77
Grand Sea View Restaurant	Ao Nai Wok	077 377776-7	Thai Seafood	135
John's Bar & Bistro	Thongsala	08 7340 5417	Steak, Sunday Roast	-
Jungle Yellow Café	Thongsala	08 4582 3067	Tea, Hot Plates	69
Kaito Japanese Bar	Thongsala	077 377738	Authentic Japanese	-
Kokomo Beach Bar & Rest.	Ao Nai Wok	077 377917	Thai, Inter, Kids	-
L'Oasi	Chaloklum	08 9991 5529	Fillet Steak, Coffee	70
La Dolce Vita - Ristorante	Haad Chao Phao	08 7086 2697	Italian & Thai, Wine	78
Lake Hut	Laem Son Lake	08 9730 0081	Lakeside Views	69
Lazy House	Haad Rin	-	Steaks, Lasagne, Wine	153
Loi Lay	Baan Tai	08 4454 7240	Cocktails & Beers	-
Longshot Bar	Thongsala	08 4061 3394	Happy Hours 8-10pm	-
Mason's Arms	Thongsala	08 6470 8204	Pub Grub, Steaks	-
Nic's Restaurant & Bar	Haad Rin	08 7007 3769	Thai, Tapas	-
Nira's Home Bakery	Haad Rin, Thongsala	077 377524	Coffee, Patisseries	67
Oleang @ Buri Rasa	Thong Nai Pan Noi	077 445211	Thai, Beach Dining	14 & 15
Om Ganesh	Haad Rin Pier	08 6063 2930	Indian	-
Outback Bar	Haad Rin Central	077 375126	Guinness, Sports, Pies	-
Outlaws Saloon	Baan Tai	-	Guinness, Beer, Cider	80
Pan Café @ Buri Rasa	Thong Nai Pan Noi	077 445211	Fresh Coffee, Lunch	14 & 15
Paschke Bar & Restaurant	Ao Nai Wok	08 9990 8313	German & Thai	-
Peppercorn	Haad Salad	08 7896 4363	Steaks & Salads	76
Phangan Homemade	Near Thongsala	077 238681	Thai, Ice Cream	-
Pui's Place BBQ	Ao Plaay Laem	077 377882	Fish BBQ	-
Reggae House	Haad Rin	08 8710 5830	Reggae, Cocktails	87
Same-Same Restaurant	Haad Rin	077 375200	Live Music	71
Santorini Bar & Restaurant	Thongsala	08 4839 6596	Thai Fusion, Seafood	-
The Beach Club @ Buri Rasa	Thong Nai Pan Noi	077 445211	Beach Dining	14 & 15
The End @ Candle Hut	Thong Nai Pan Yai	077 445119	Thai, Cocktails	83
The Holy Grill	Chaloklum	08 0039 6353	Big BBQ Skewers	71
The Wok Kitchen	Thongsala	077 377846	Thai, Vietnamese	117
Thongyang Seaview	Baan Khai	08 1535 7217	Thai, Seafood	74
Witch's House Café	Thongsala	08 4898 6162	Vegetarian	-

SHOPPING (see page 84)

Name	Location	Telephone No.	Specialities
All Scuba Solutions	Thongsala	077 238612	Diving Equipment, Watersports
Fusion Fashion	Haad Rin	08 9868 1938	Clothes, Accessory
Magic Stones	Haad Rin	08 6057 5818	Exclusive Bags & Jewellery
Moontribe	Baan Tai	08 4442 1142	Progressive Fashion & UV Art
Phanganer	Thongsala	08 0534 5075	Men & Women's T-Shirts
Reggae House	Haad Rin	08 8710 5830	Funky Party Style Clothing
Scuba	Thongsala	08 4443 0506	Wear, Accessory, Yoga Items
Workshop Silver	Thongsala & Haad Rin	08 6096 1580	Handmade Jewellery

HEALTH & SPA (see page 90)

Name	Location	Telephone No.	Specialities
Agama Yoga	Srithanu	08 9233 0217	Yoga, Meditation, Retreat
Ananda Wellness Resort	Hin Kong	08 1397 6280	Detox
Bhuvana Spa	Haad Rin	077 375481	Spa @ Best Western Phanganburi
Cocohut Spa	Leela Beach	077 375554	Spa Packages
Kamala Healing Centre	Haad Rin	08 7283 4365	Massage & Treatments
Medical Massage by Simba	Srithanu	08 0891 2375	Chiropractor
Orion Healing Center	Srithanu	08 9048 0020	Reiki, Healing
Pure Relax	Nai Wok	08 1621 1170	Professional Waxing, Spa Package
Sarai Spa @ Sarikantang	Haad Leela	077 375055-6	Spa & Massage
Siam Healing Centre	Thongsala	08 9965 8752	Massage Course/Treatment, Yoga
The Sanctuary	Haad Thian	08 1271 3614	Retreat Centre
The Yoga Studio	Thong Nai Pan Yai	08 9710 5770	Hatha Yoga
Yoga Retreat	Haad Salad	077 374310	Yoga Retreat Centre

ADVENTURE & ACTIVITIES (see page 100)

Name	Location	Telephone No.	Specialities
C&M Learn Thai Culture	Srithanu	08 9487 6207	Thai Language, Thai Massage
Cookies Sailing	Ao Plaay Laem	08 3181 7125	Sailing & Windsurfing
First Bow & Arrow Club	Chaloklum	08 1274 0173	Archery Range
Fun Bike Shop	Thongsala	08 5790 5246	Bike Rental, Guided Rides
Itsaramai Sailing Cruises	Thongsala	08 7268 0940	Liveaboard to Ang Thong
Jungle Gym	Haad Rin	077 375115	Thai Boxing, Yoga, Fitness Gym
Just For Fun	Road to Thong Nai Pan	08 7908 8610	Canopy Adventure
KiteBoardingAsia	Baan Tai	08 0600 0573	Kiteboarding School, Equipment
My Wok & Me	Haad Rin	08 7893 3804	Thai Cooking Classes
Orion Boat Trips	Thongsala	08 1999 2000	Ang Thong Marine Park
Reggae House	Haad Rin	08 8710 5830	Bamboo Tattoo
Phangan Shooting Range	Haad Rin	08 0328 5555	Shooting Range
Pleam Inter. Language School	Baan Tai	077 377636	Thai and English Language Courses
Rin Beach Tours	Haad Rin	077 375385	Ang Thong Marine Park Trip
SL2K Sailing School	Ao Nai Wok	08 3390 3125	Paddle Board, Sailing, Windsurfing
The Body Health & Fitness	Baan Tai	08 0696 6797	Heath, Fitness, Aerobic Classes
The Press	Chaloklum	08 4889 3082	Gym & Fitness Club
Wipeout	Leam Son Lake	08 9730 0081	Rope Swing, Aqua Zorbs/Skippers
Workshop Silver	Thongsala & Haad Rin	08 6096 1580	Jewellery Making Course

SCUBA DIVING (see page 36)

Dive Shop Name	Location	Telephone No.	Website
Chaloklum Diving	Chaloklum	077 374025	www.chaloklum-diving.com
CORE Sea	Chaloklum	08 7273 9663	www.coresea.com
Crystal Diving	Haad Rin	077 375535	www.backpackersthailand.com
Dreamland Diver	Thong Nai Pan Yai	077 445181	www.dreamland-diver.de
France Plongée	Haad Salad	077 349323	www.franceplongee.com
Fun Factory	Thongsala	077 238745	www.phanganfunfactory.com
H2O Scuba School	Thong Nai Pan Noi / Yai	08 6945 3894	www.h2oscubaschool.com
Haad Yao Divers	Haad Yao	08 6279 3085	www.haadyaodivers.com
Lotus 5 Star Dive Resort	Chaoklum / Haad Rin	077 374142/097	www.lotusdiveresort.com
Phangan Divers	Haad Rin	077 375117	www.phangandivers.com
Pirate Divers	Haad Salad	08 1077 4470	www.piratediversthailand.com
Reefers Dive Resort	Haad Yao	077 349291	www.reefersdiving.com
Sail Rock Divers	Chaloklum / Haad Rin	077 374321	www.sailrockdiversresort.com
The Dive Inn	Chaloklum	077 374262	www.the-diveinn.com
Tropical Dive Club	Thong Nai Pan Noi	077 445081	www.tropicaldiveclub.com

TOUR AGENTS & TRAVEL SERVICES (see page 28)

Name	Location	Telephone No.	Services
999 Government Bus	Baan Tai	077 238507/762	Bus Service to/from Bangkok
Air Asia	Suratthani	02 515 9999	Discount Flights to/from Suratthani
Backpackers Info. Centre	Haad Rin	077 375535	Travel, Internet, Tours, Diving
Bangkok Airways	Koh Samui	1771, 077 428500	Flights to/from Koh Samui
Haad Rin Queen	Haad Rin	077 375113	Ferry to/from Big Buddha (Samui)
Lomprayah Catamaran	Thongsala	077 238411-2	Ferry to/from Samui/Koh Tao
Nok Air	Suratthani	02 900 9955	Discount Flights to/from Suratthani
Panthip Bus Co.	Suratthani	077 272230/906	Bus Transfer to/from Surat Airport
PHANGAN.INFO	Thongsala	077 238764	Hotel Reservation
Phangan Tour	Suratthani	077 205799	Bus Service to/from Suratthani
Raja Ferry	Thongsala	077 377452-3	Ferry Service to/from Suratthani
Seatran Discovery	Thongsala	077 238679	Ferry Service to/from Surat/Samui
Songserm Express Boat	Thongsala	077 377704	Ferry Service to/from Surat/Samui
State Railway Thailand	Bangkok	1690	Train Service to/from Bangkok

PUBLIC / MEDICAL SERVICES (see page 18)

Name	Location	Telephone No.	Map (page number)
Bandon Inter Clinic	Haad Rin	077 375471-2	18
Bangkok Hospital Samui	Baan Tai	077 239599	-
Emergency Call	n/a	191	n/a
Koh Phangan Hospital	Wok Tum	077 377034	18
Phangan Animal Care	Wok Tum	08 9875 7513	24
Police Station	Thongsala	077 377114	124
Post Office	Thongsala	077 377118	128
Rescue Service	Thongsala	077 377500	18
Samui Immigration	Koh Samui	077 421069	n/a
Siam International Clinic	Haad Rin	077 375521/372	19
Tourist Police	Koh Samui	1155, 077 430018	n/a

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Recommended by Travel Guides

"There's no TAT office on Ko Pha Ngan, but a couple of free, widely available booklets provide regularly updated information about the Island: Phangan Info (which has a particularly good website, on which you can book accommodation, at www.phangan.info)"

The Rough Guide to Thailand 2009, The Rough Guide to Thailand's Beaches & Islands 2009

"Several mini-magazines also offer comprehensive information about the island's accommodation, restaurants, activities and Full Moon Parties. Our favourite option is the pocket-sized Phangan Info (www.phangan.info)."

Lonely Planet : Thailand's Islands & Beaches 2008, 2010 & Thailand 2012

"Phangan Info (www.phangan.info) An online version of the helpful island pamphlet available at most bungalows and the Thong Sala pier."

Lonely Planet : Thailand 2009


SYMBOLS
Activity
ATM
Bank
Bar / Pub
Bus Station
Business
Chinese Temple
Church
Diving
Elephant Trekking
Gas Spot
Gas Station
Government Center
Health
Hospital / Health Center
Mosque
Peak
Pharmacy / Clinic
Pier
Police Station
Post Office
Resort / Hotel / Bungalow
Restaurant / Café
School
Shopping
Snorkelling
Temple
Thing to See
Viewpoint
Waterfall
Ao Haad Thongdaeng
Koh Ma
Ao Mae Haad
Baan Mae Haad Village
Ao Hin Ngam
Haad Khom
Ao Chalokkum
Baan Chalokkum Village
Ao Haad Salad
Ao Haad Kruat
Ao Haad Thian (west)
Ao Haad Yao (West)
Baan Haad Yao Village
Baan Wang Ta Kien Village
Ao Haad Sin
Khao Ta Luang
Haad Chao Phao
Ao Nlad
Baan Srithanu Village
Ao Srithanu
Ao Hin Kong
Baan Maduea Wan Village
Ao Haad Khuat (Bottle Beach)
Ao Chak
Khao Baan Fai Mai
Khao Ra
Ao Thong Nai Pan Noi
Ao Thong Nai Pan Yai
Ao Krang Khai
Baan Thong Nai Pan Village
Koh Kong Thansadet
Ao Haad Kruat
Ao Than Sadet
Ao Thong Reng
Baan Thong Nang Village

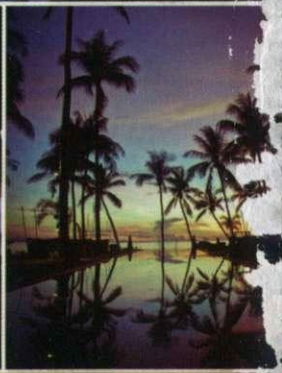


THAI TRANSLATION - COMMON TERMS THAT MAY BE HELPFUL

Map References		Services		Useful Phrases	
Ao	*Bay*	*Rong Payaabaan*	*Hospital*	*Khawp Khun*	*Thank you*
Haad	*Beach*	*Raan Khai Yaa*	*Pharmacy*	*Sawas-dii*	*Hello*
Baan	*Town*	*Tam Ruat*	*Police*	*Khaw Thort*	*Excuse Me*
Nam Tok	*Waterfall*	*Praisanii*	*Post Office*	*Khao Jai*	*I Understand*
Phuu Khao	*Mountain*	*Thanaakaan*	*Bank*	*Yaak Dai....*	*I Would Like...*
Dam Nam	*Snorkelling*	*Rong Raem*	*Hotel*	*Pai*	*Go*
Reua	*Boat/Ferry*	*Taa Reua*	*Pier*	*Thao Rai*	*How Much?*
Koh	*Island*	*Songthaew*	*Taxi*	*Meua a-rai*	*When?*
Laem	*Point*	*Talaat*	*Market*	*Chawp*	*I Like*





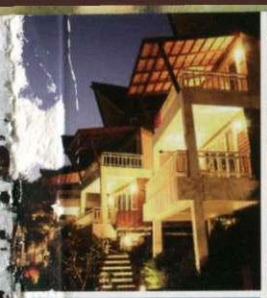


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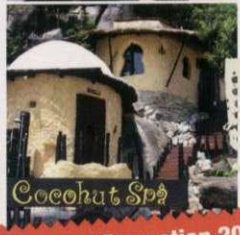
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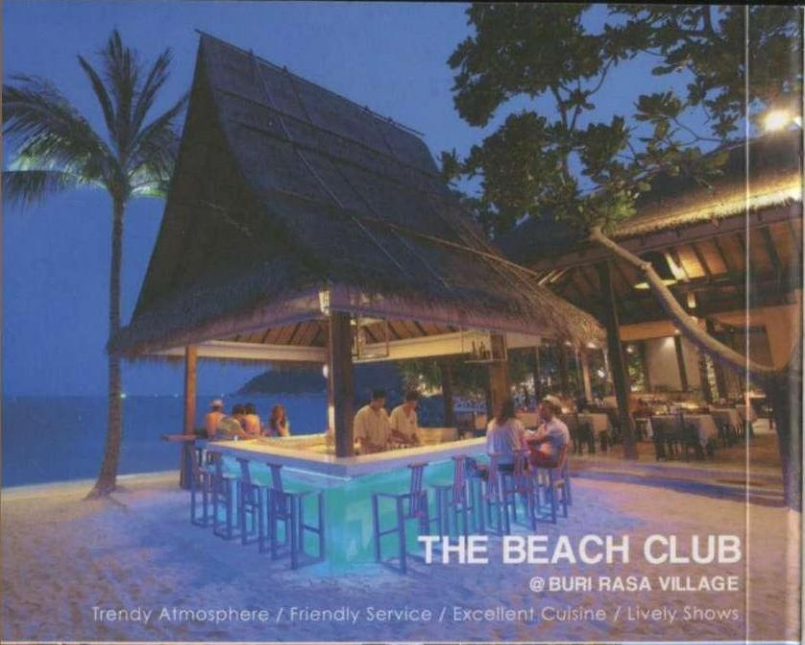
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